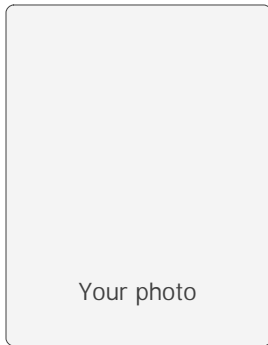
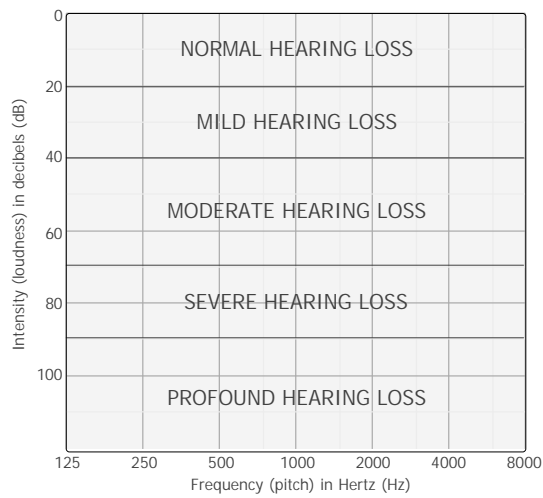


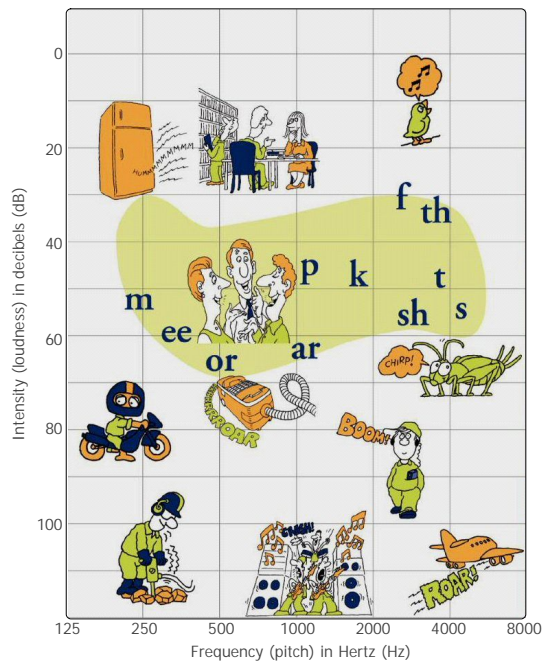
## My Hearing System Passport



You can see the level of your hearing loss on this chart (audiogram). During a hearing test, your audiologist tests a range of frequencies, from a low pitch (e.g. 250 Hz bass sound) to a high pitch (e.g. 8000 Hz treble sound). The circles/crosses indicate the quietest sounds that you can hear in the right and left ears respectively.



Here is a chart to help you to get a general view where specific speech and environmental sounds lie. From top to bottom, you can see that sounds are getting louder, and from left to right, the frequency of each sound is getting higher in pitch.

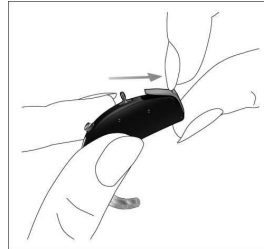


Reproduced with permission from Australian Hearing.

## My Hearing System Passport

### Putting on your hearing instrument(s)

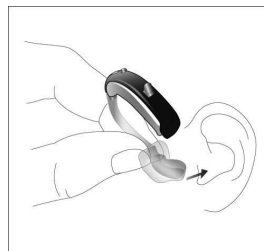
1. Turn the hearing instrument off to avoid whistling.



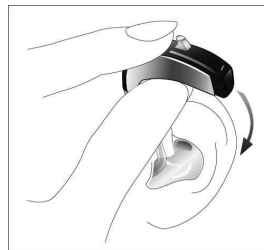
2. Grasp the tubing near the earmold between your thumb and index finger.



3. Bring the hearing instrument to the ear, tilting it forward slightly and carefully place the canal portion of the earmold inside the ear canal.



4. Once the canal portion is in place, twist the earmold back so that it fits into the concha and tuck the instrument behind the ear taking care not to twist the tubing.



5. Turn the hearing instrument on!

### Identifying left and right instruments

It is important to use the correct hearing system for each ear. Your hearing care professional can mark the hearing system for you. The color code on the housing will identify left and right hearing systems (red=right, blue=left). You can also attach a different sticker to each hearing instrument to help you tell left from right!

## My Hearing System Passport

### Communication tips

Your hearing instrument(s) have been programmed especially for your hearing loss and are designed to help you hear speech and environmental sounds better. However, even with hearing instruments in place, you will sometimes need some extra help to understand in difficult listening environments (school, restaurant etc.). Use these tips to help communicate better:

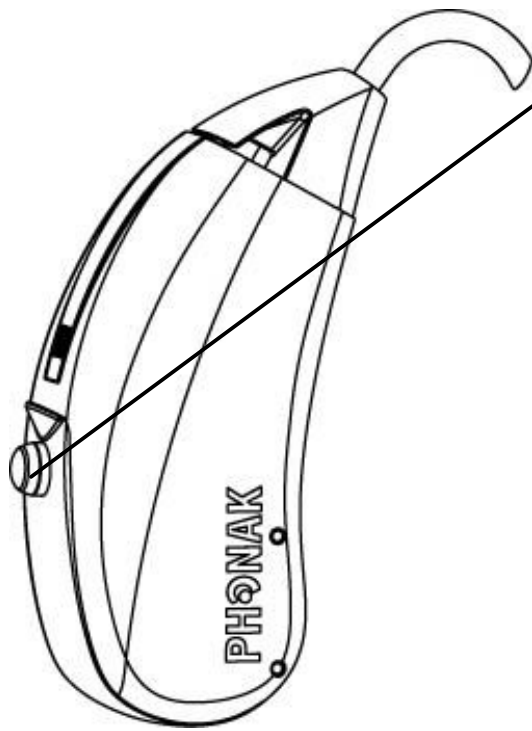
- Be open with people about your hearing loss.
- Ask people to speak clearly and naturally. Shouting can cause distortion of lip patterns.
- Ask people to get your attention before they speak to you.
- If you don't understand the first time, try to keep calm and don't panic. Ask the speaker to repeat, speak more slowly or to say it in a different way.
- Make sure that you can see the speaker's face and lips. Their facial expression and gestures will help you to understand what they are saying.
- Try to keep background noise to a minimum (e.g. turn off the TV/radio).
- If your hearing is not the same in both ears, try turning your better ear to the speaker.
- If you don't already lip read, consider joining a course to learn.
- Be aware that you may need to concentrate harder when listening, so you may feel more tired at the end of the day.
- Don't be too hard on yourself. Nobody hears correctly all of the time.

### Did you know?

Hearing loss is much more common than you think. For every 1000 births, 1-3 babies are born with hearing loss. In fact it is very likely that there are other people in your school or college with a hearing loss. Don't be afraid to ask for help if you need it-you are not alone!

### Further information

For further information, log on to [www.phonak.com](http://www.phonak.com) or contact your hearing care professional.



**Button**

Use the program button to toggle between the following programs:

FM/Wireless + Mic  
(1 Beep)

Select this program for easy access to FM solutions: the instrument is 'FM ready'. The microphone of the hearing system remains switched on allowing access to speech and environmental sounds.

Automatic  
(Melody)

Choose this mode for fully automatic operation of your hearing system in all hearing situations.

## Remote Control Instructions: myPilot

### Program Selection

The following programs are activated



FM/Wireless + Mic (1 Beep)

Select this program for easy access to FM solutions: the instrument is 'FM ready'. The microphone of the hearing system remains switched on allowing access to speech and environmental sounds.



Automatic (Melody)

Choose this mode for fully automatic operation of your hearing system in all hearing situations.

Use the buttons to select the desired program

- ▶ next program
- ◀ previous program

### Switching myPilot ON

Press and hold the ON/OFF button for 2 seconds until you see the display turns on.

### Switching myPilot OFF

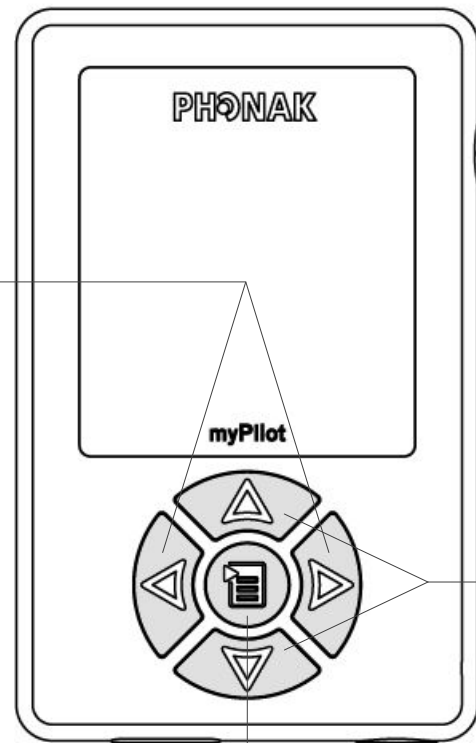
Press and hold the ON/OFF button for 2 seconds until you see the display turns off.

### Volume Control

- ▲ increases the volume
- ▼ decreases the volume

Allows you to adjust the volume of your hearing system.

A short double beep indicates the end of the volume range.



### Enter myPilot Menu

To change the settings of myPilot and for special functions press this button to enter the menu.

## Wireless Accessory Instruction: iCom

### Main button

Accept bluetooth phone call  
Press the main button once to accept an incoming call.

### End phone call

Press the main button once to end the call.

### Reject call

Press and hold the main button for 2 seconds to reject a call.

### Pause audio transmission

By pressing the main button, the audio transmission is paused.

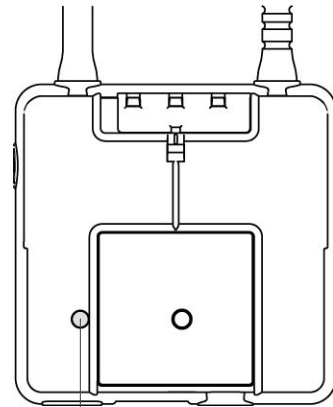
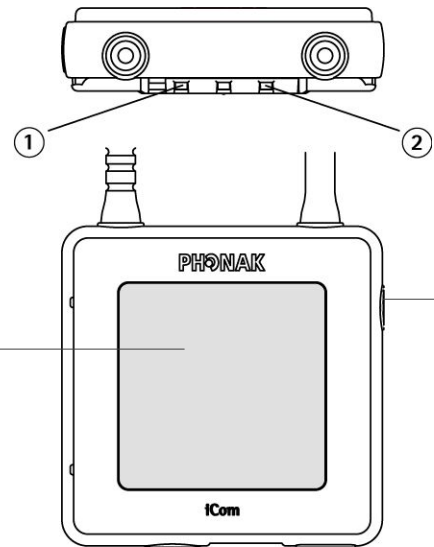
Tip: During streaming some Bluetooth phones require a long main button press to initiate outgoing calls.

### Switching iCom ON

Press and hold the ON/OFF button for 2 seconds until the green LED (1) is turning on.

### Switching iCom OFF

Press and hold the ON/OFF button for 2 seconds until the LED (1) turns off.



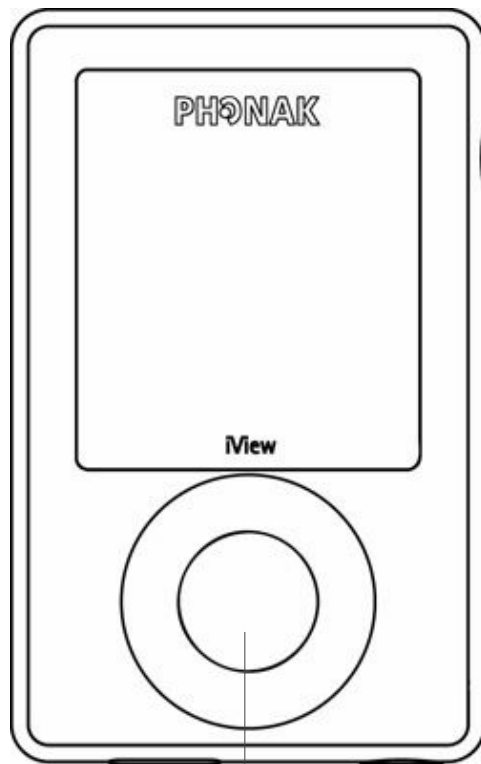
### Bluetooth pairing button

To bring iCom into the Bluetooth pairing mode, press the pairing button for 2 seconds until the blue LED (2) starts flashing.

Wireless Accessory Instruction: iView

Switching iView ON  
Press and hold the ON/OFF button for 2 seconds until you see the display turns on.

Switching iView OFF  
Press and hold the ON/OFF button for 2 seconds until you see the display turns off.



Read out and show hearing system status  
To show the status of the hearing system settings and the batteries, hold iView near to your hearing system (max. 50 cm distance) and press the button.



## FM System Information for Junior (9-18 years)

### What is Dynamic FM?

Your hearing instruments may do their job well when it is quiet, but what about when there is more noise? At times, noise, distance, poor room acoustics or lack of visual contact may limit your hearing - even with the most advanced hearing instruments. Dynamic FM overcomes such difficult listening environments as the Dynamic FM transmitter picks up speech signals at the source (for example a teacher talking) and transmits them, clearly and without distortion, directly to your hearing instruments.

### The benefits of using Dynamic FM

Dynamic FM is designed to offer you better hearing and understanding across a wide range of situations - from family gatherings and parties to sports, restaurants, shopping malls and school/college. In a noisy and lively environment, Dynamic FM helps by making speech clearer. It 'reduces' the distance between you and the person speaking and makes listening much easier. At home or outdoors, Dynamic FM guarantees clear communication, even over distance. With the inclusion of Bluetooth technology, Dynamic FM allows you to talk on your mobile phone via your hearing instruments, making telephone conversations much easier. Bluetooth technology also provides easy access to many audio sources, such as your MP3 player or iPod. Dynamic FM makes sure that no situation, indoors or outdoors, is out of bounds when it comes to good hearing and understanding.

### Some tips when using Dynamic FM

- Remember to listen to the FM system every day before use to ensure it is working correctly.
- Try to use Dynamic FM as much as possible at school so that you can hear the teacher's voice clearly at all times.
- Please remember to tell the speaker to mute the microphone of the transmitter when they leave the room, especially if they are visiting the bathroom!

To create a detailed user guide for your FM system in combination with their hearing instruments, please see [www.phonak.com/fm\\_configurator](http://www.phonak.com/fm_configurator)

For an interactive demonstration of dynamic FM log on to [www.phonak.com/dynamicFM](http://www.phonak.com/dynamicFM)

## Details of my FM System

### FM Receiver

ML12i

Serial No.: (Right)

Serial No.: (Left)

### FM Transmitter

inspiro

Serial No.: