

# Bimodal hearing, bilateral cochlear implants, and hearing preservation: speech understanding and underlying mechanisms

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# Disclosures


## Eagles vs. Patriots Final Score: Philadelphia stuns New England in an upset, 35-28

By Brandon Lee Gowton [@BrandonGowton](#) on Dec 6, 2015, 7:40p 461



### Patriots vs Eagles

Final - Yesterday, 2:25 PM  
Gillette Stadium, Foxborough, Massachusetts

 Philadelphia Eagles (5-7) **35**

 New England Patriots (10-2) **28**

[Recap](#)

# Disclosures

Audiology Advisory Board member for:

- Advanced Bionics
- Cochlear Americas
- MED-EL

# Acknowledgements

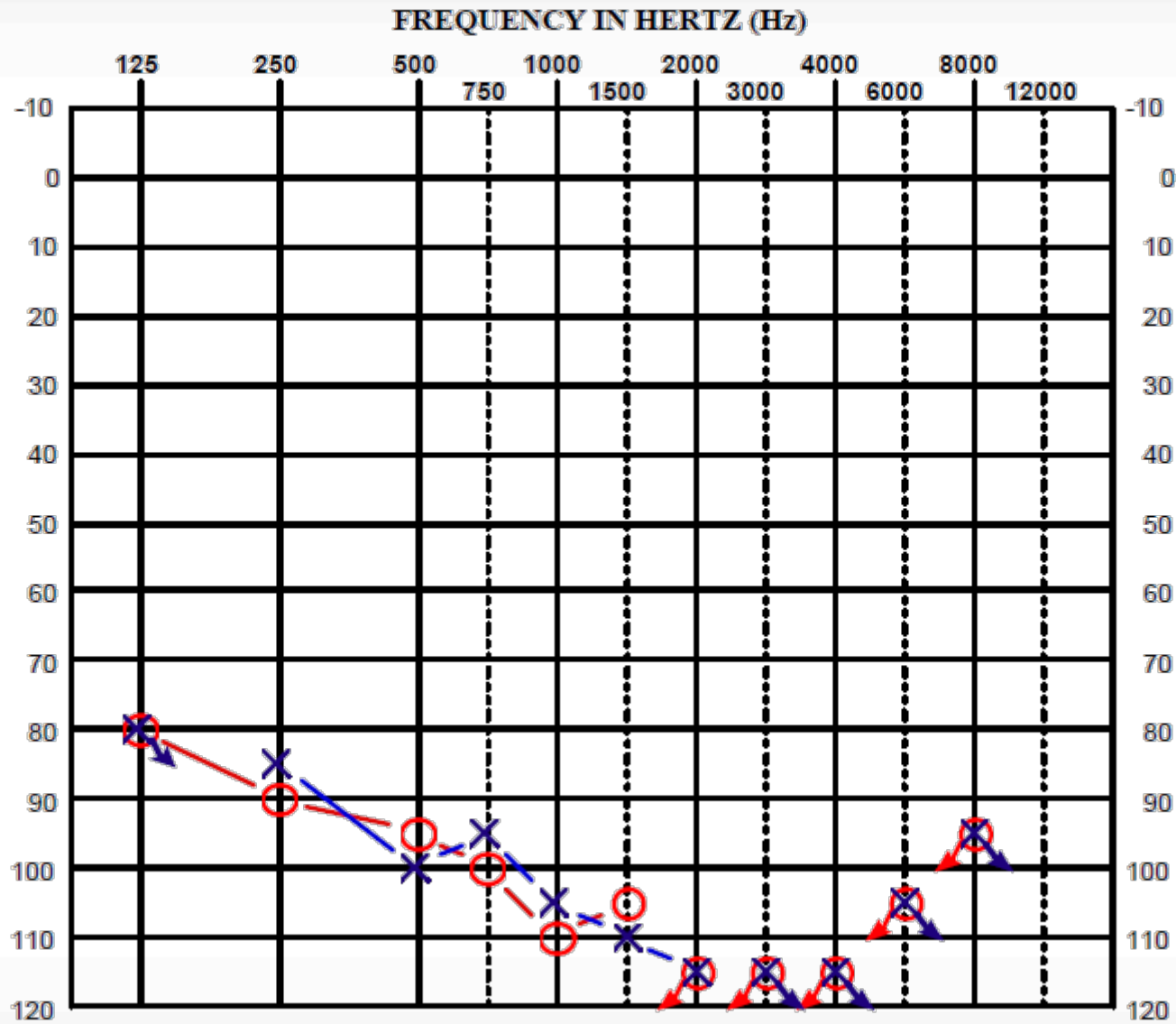
NIH NIDCD R01 DC009404 & DC010821

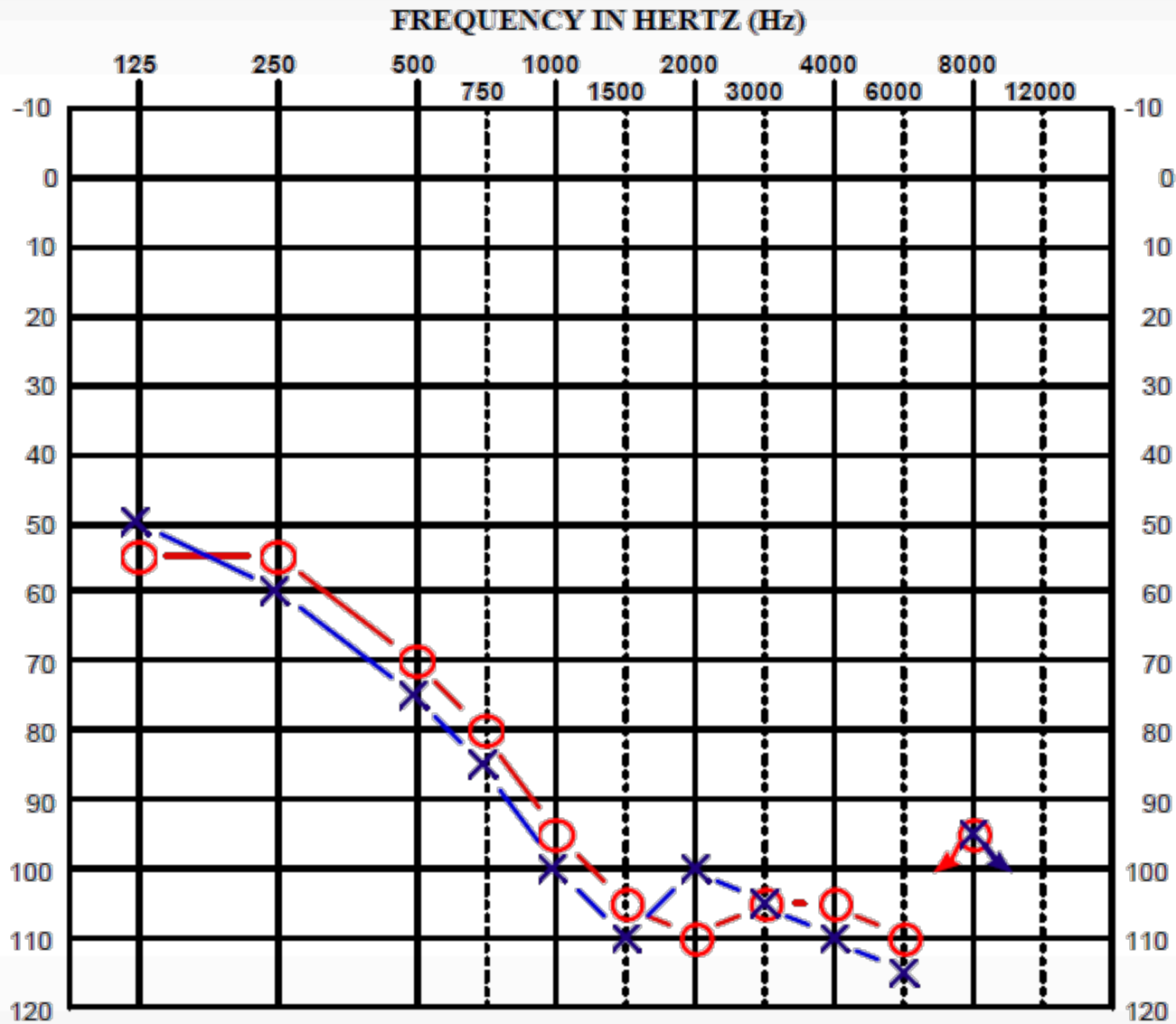


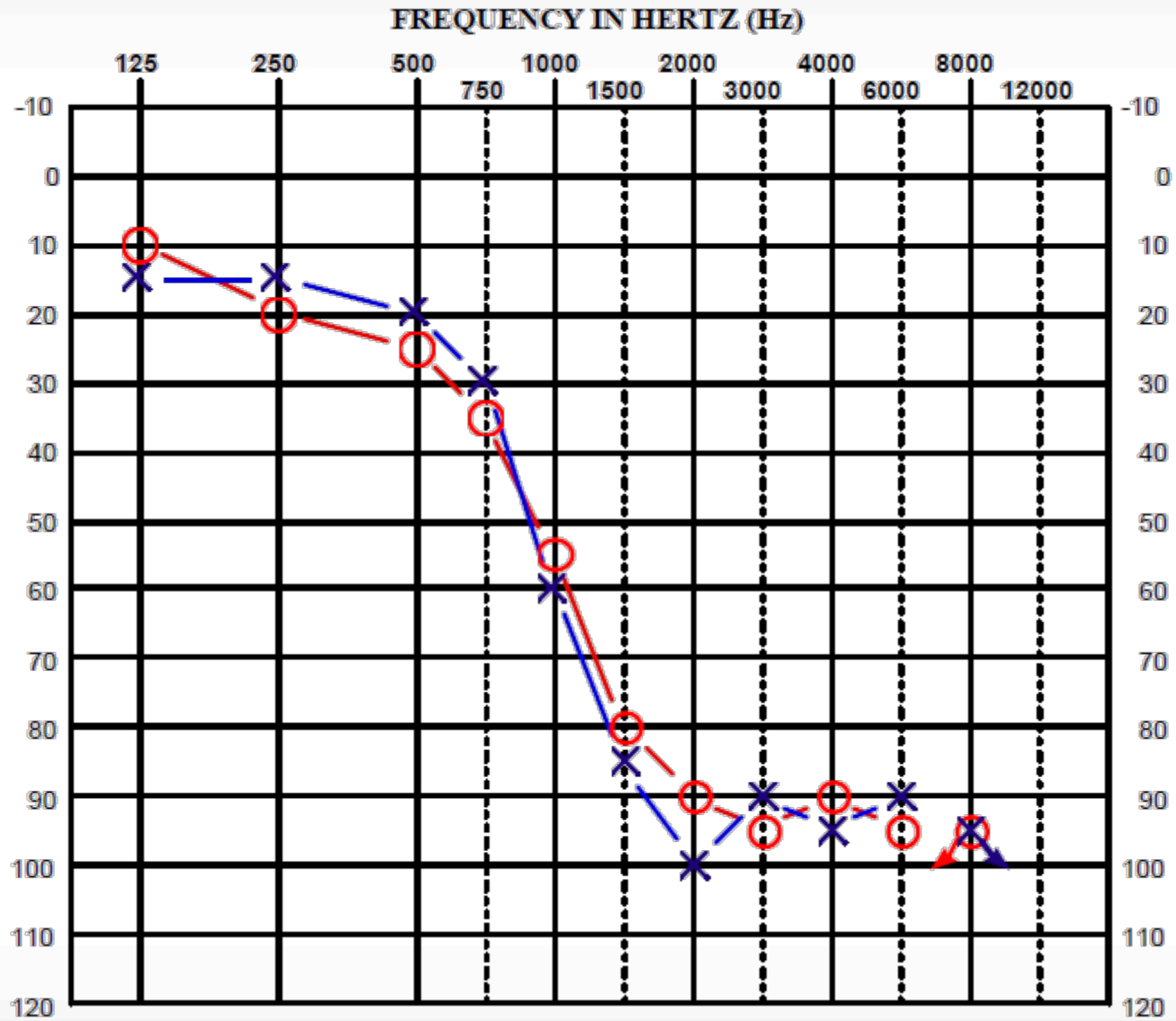
National Institute on Deafness and  
Other Communication Disorders (NIDCD)

Michael Dorman, PhD, Tim Davis, AuD, Sterling  
Sheffield, AuD, Linsey Sunderhaus, AuD, Sarah  
Cook, MA, Louise Loiselle, PhD, Tony Spahr, PhD









# Changing CI Population

**Table 1.** Auditory thresholds at 250 Hz in the contralateral ear of 276 CI patients.

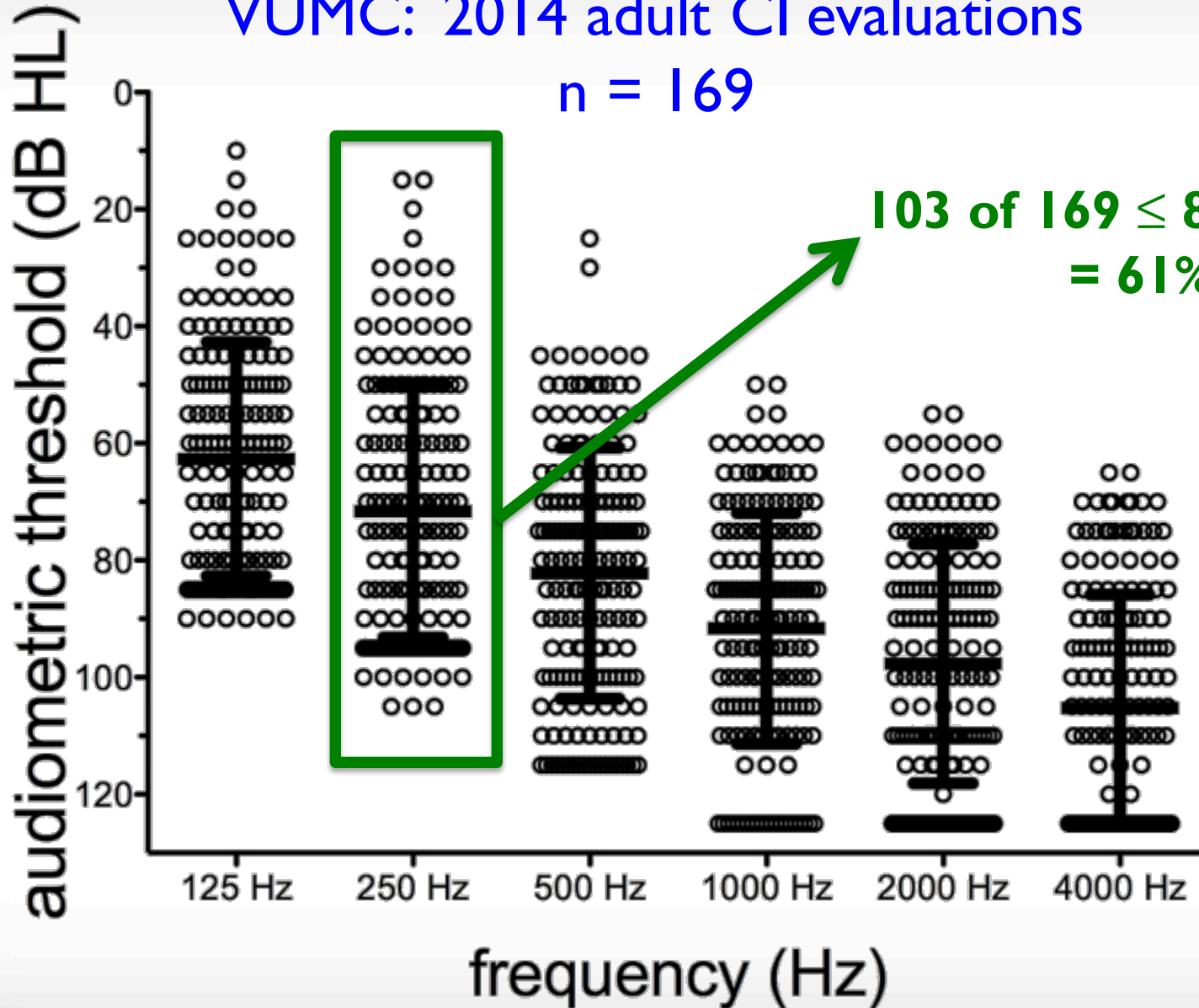
<i>Threshold @ 250 Hz</i>	<i>n</i>	<i>Σ</i>
<40 dB	19	
40–45 dB	15	34
50–55 dB	29	63
60–65 dB	27	90
70–75 dB	34	124
80–85 dB	41	165
90–95 dB	31	196
100+ dB	80	276

59.8% of the population



# VUMC: 2014 adult CI evaluations

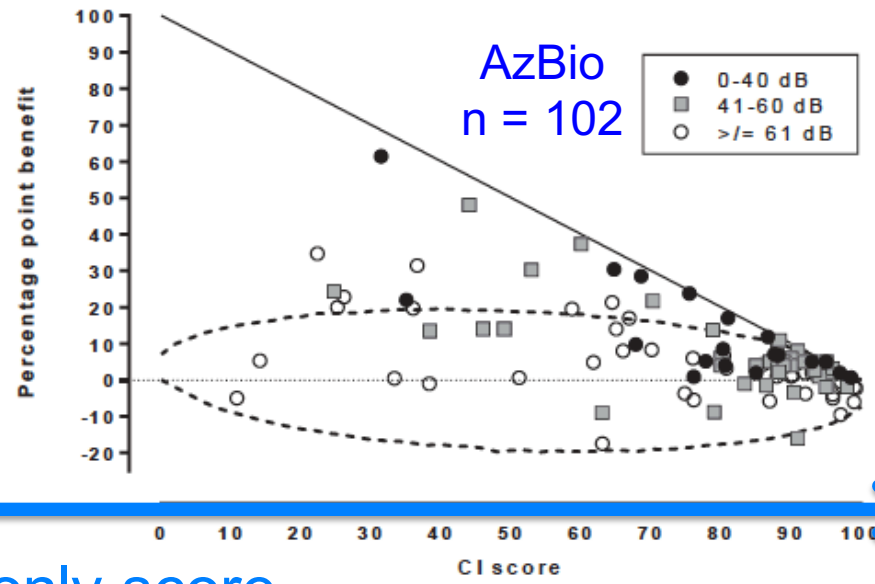
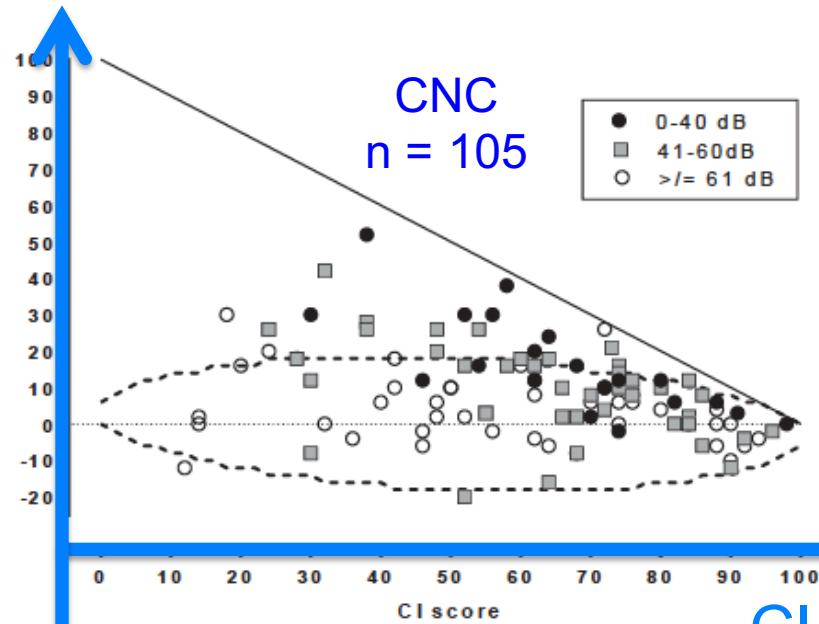
n = 169



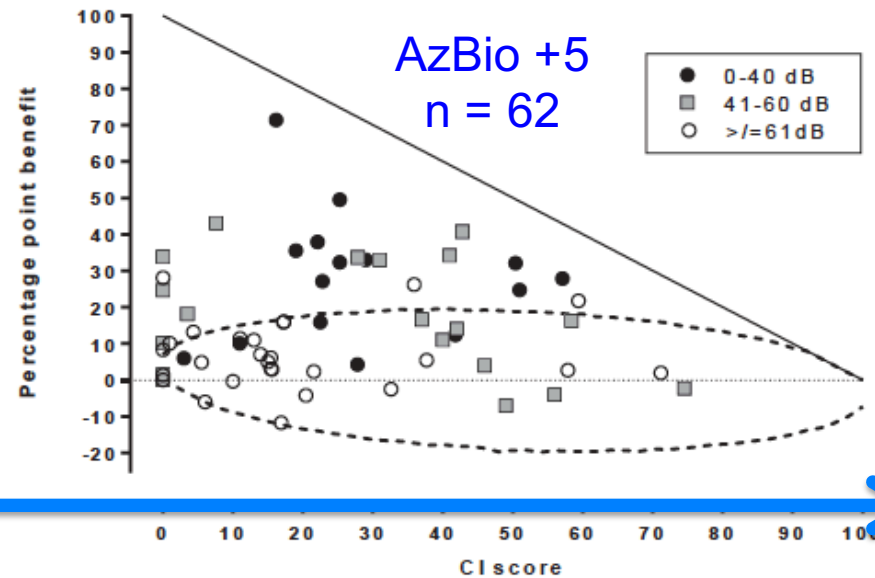
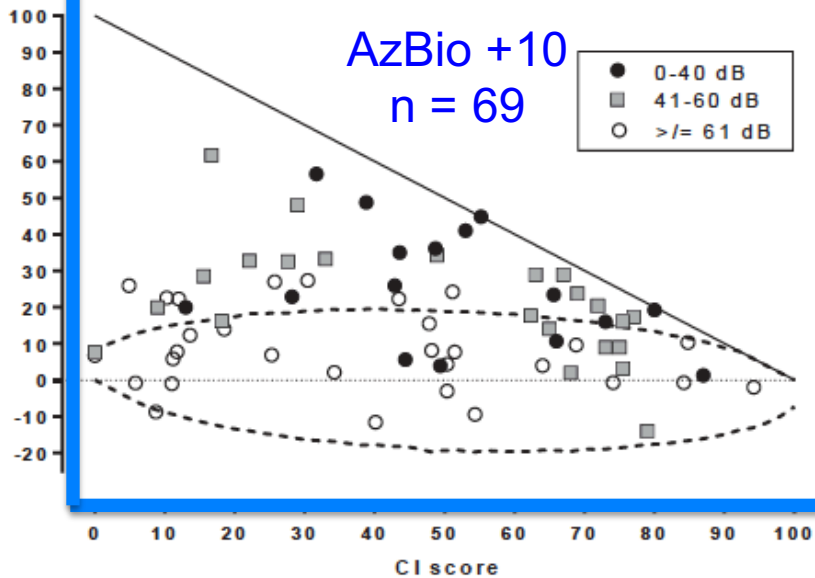
# How much bimodal benefit can our patients obtain?

- Dependent upon
  - CI only score
  - Residual hearing in non-CI ear
  - Cochlear integrity (i.e. dead regions)
  - How technology is programmed

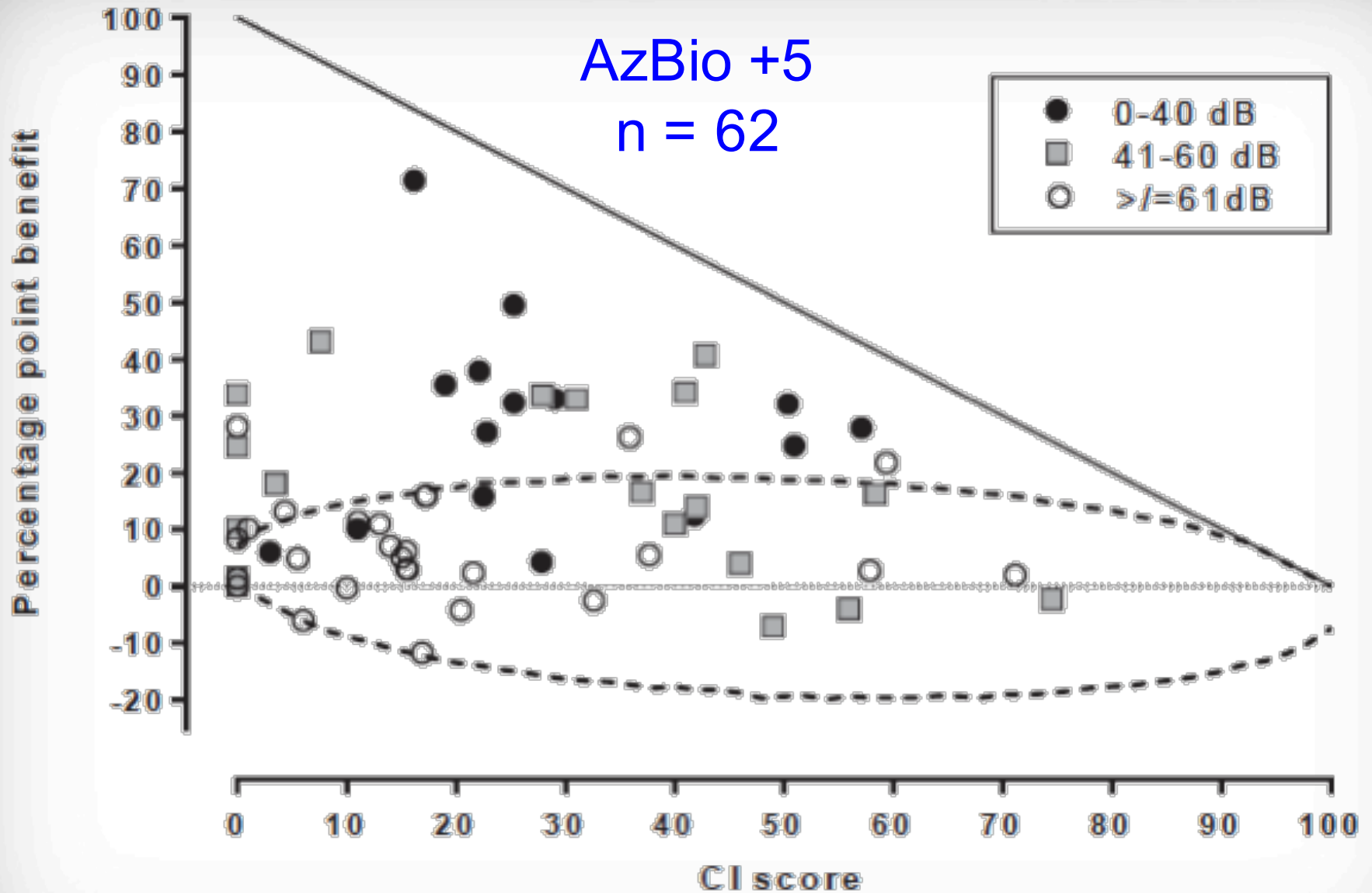
Bimodal benefit (percentage points)



CI only score



Dorman et al. (2015). Hear Res, 322: 107-111.



Dorman et al. (2015). Hear Res, 322: 107-111.

# How much bimodal benefit do patients obtain?

- Dependent upon
  - CI only score
  - Residual hearing in non-CI ear
  - Cochlear integrity (i.e. dead regions)
  - How technology is programmed
- Primary clinical & research questions:
  - What are the underlying mechanisms?
  - How much hearing is needed to obtain bimodal benefit?
  - Can we predict bimodal benefit?

**What are the underlying mechanisms of bimodal benefit?**

# Underlying mechanisms: bimodal hearing

## Primary theories:

### Segregation

LF acoustic cues (e.g., F0 periodicity) → comparison across ears to better separate the target speech from the background noise (e.g., Zeng, 2004; Kong *et al.* 2005; Chang *et al.* 2006; Qin & Oxenham 2006; Sheffield & Zeng, 2012)

### Glimpsing

*spectrotemporal-dependent SNR varying over time, allowing target to be “glimpsed” in troughs* → better perception LF target (Kong & Carolyn 2007; Li & Loizou 2008; Brown & Bacon 2009; Sheffield & Gifford, 2014)

**How much acoustic hearing is needed  
to obtain bimodal benefit?**



# BIMODAL benefit does not require much acoustic hearing

## 125-150 Hz

Zhang et al. (2010). *Ear Hear.* 31:63-69.

Brown and Bacon (2009). *J Acoust Soc Am.* 125:1658–1665.

Brown and Bacon (2009). *Ear Hear.* 30:489–493.

Cullington & Zeng (2010). *Ear Hear.* 31:70–73.

Sheffield & Zeng (2012). *J Acoust Soc Am.* 131:518-530.

Kong and Carlyon (2011). *J Acoust Soc Am.* 121:3717–3727.

Visram et al (2012). *J Acoust Soc Am.* 131:4042–4050.

segregation

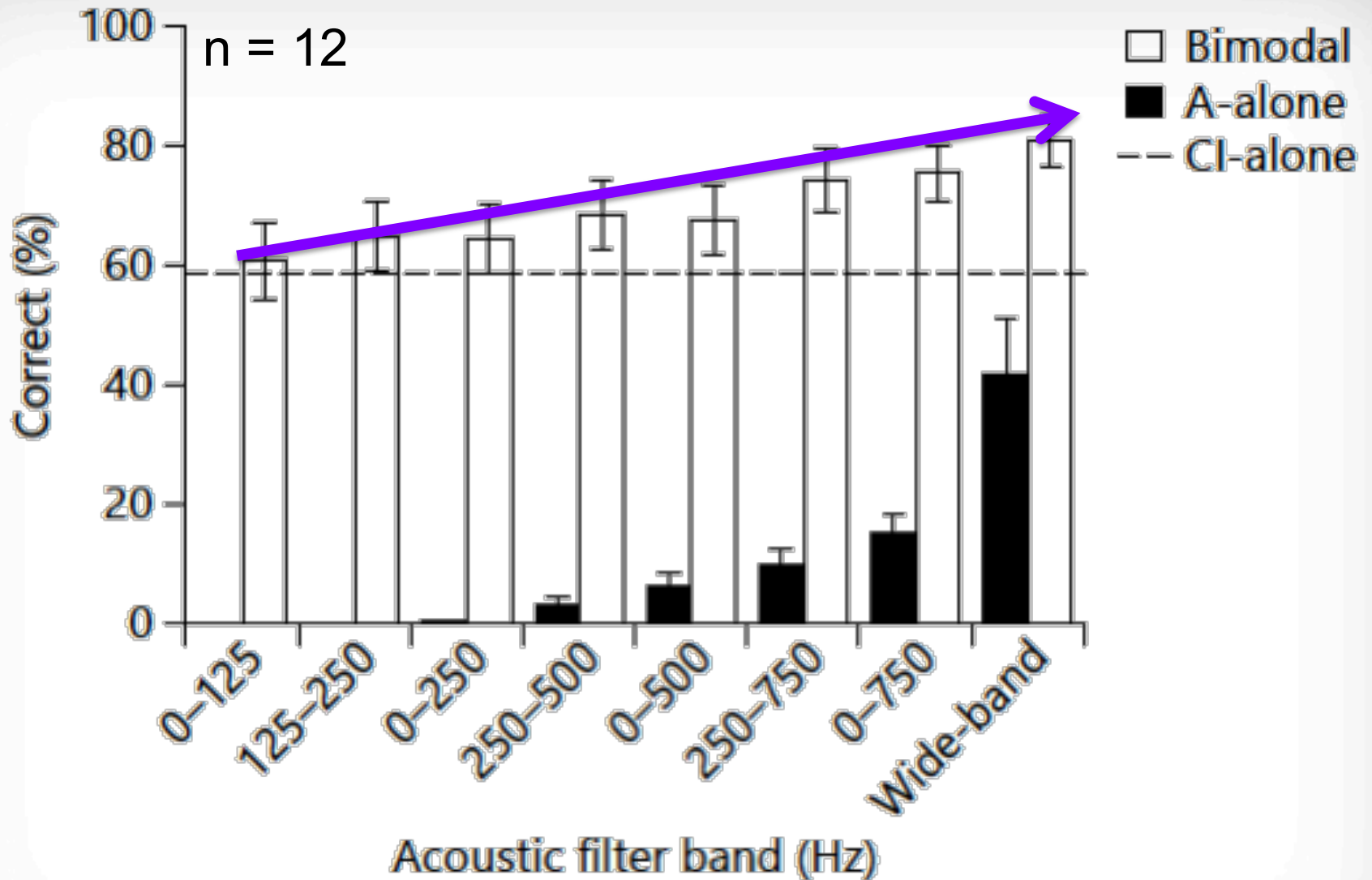
## 250 Hz (< 250 Hz & 250-500 Hz)

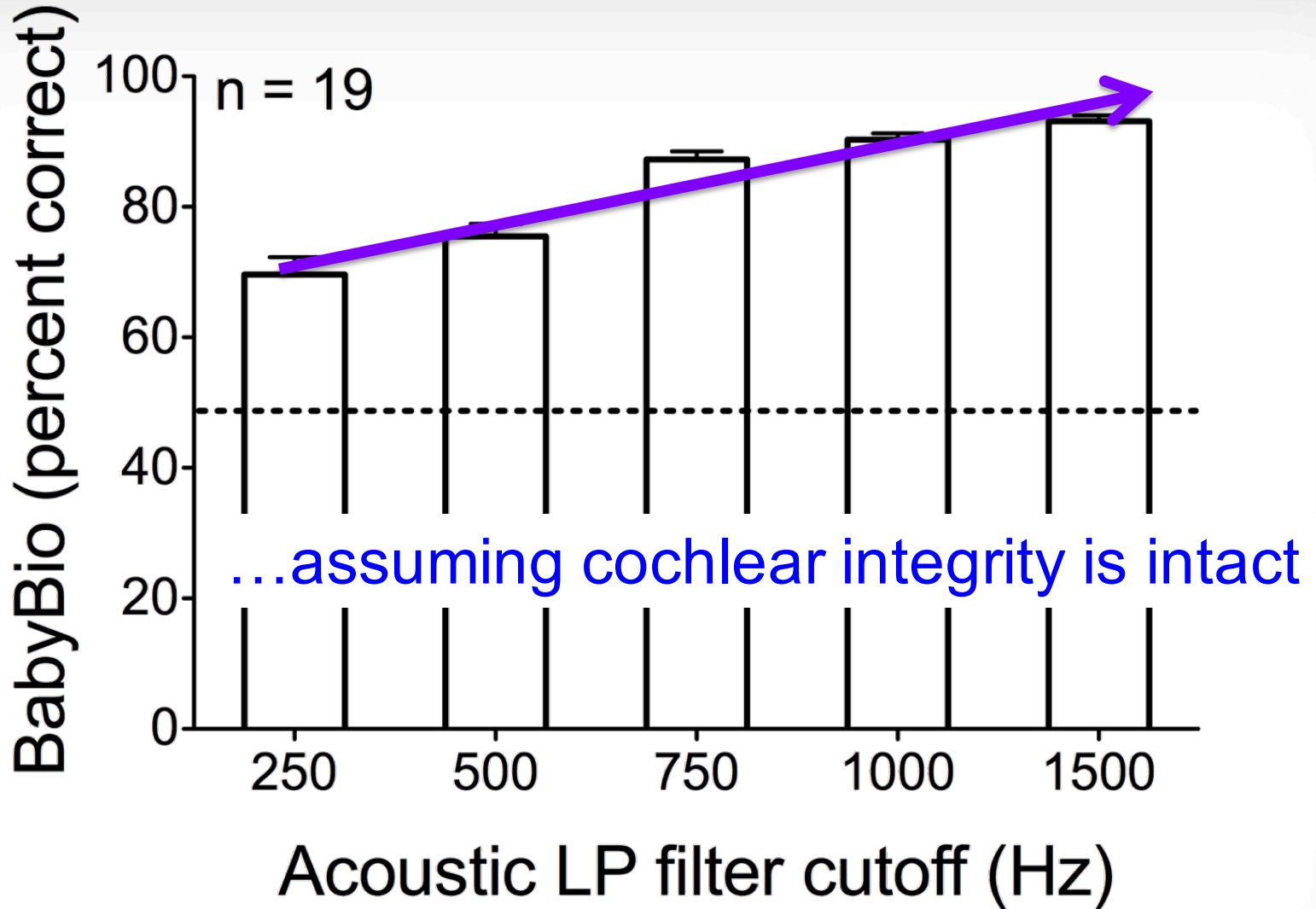
Sheffield & Gifford. (2014). *Audiol Neurotol.* 19:151–163.

Sheffield et al. (in press). *Ear Hear.*

Zhang et al. (2010). *Ear Hear.* 31(1):63-69.

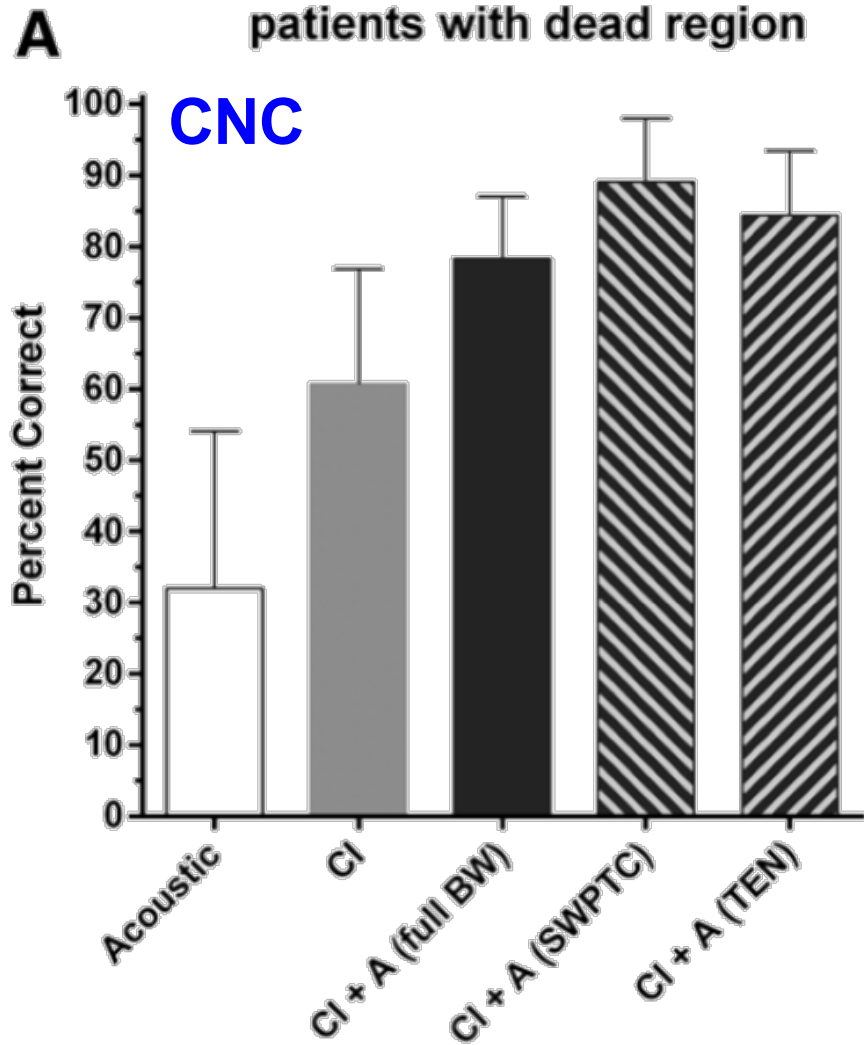
Glimpsing  
segregation





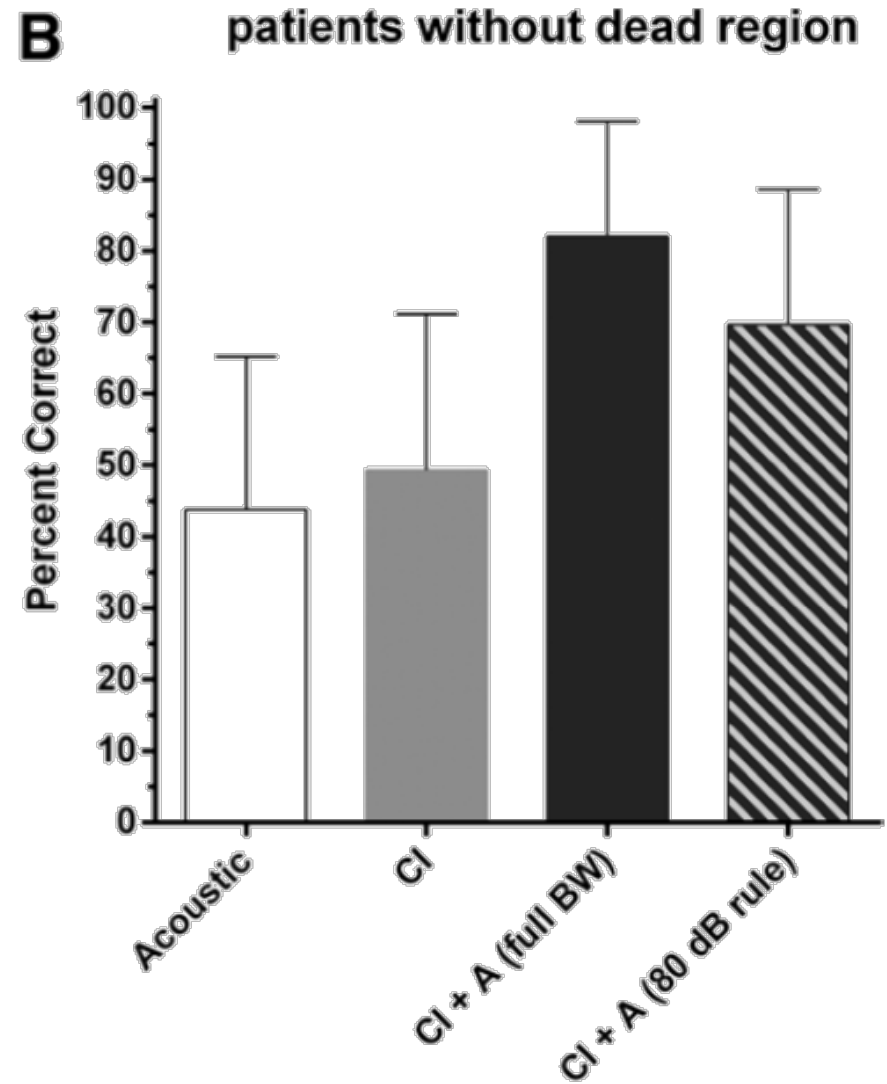
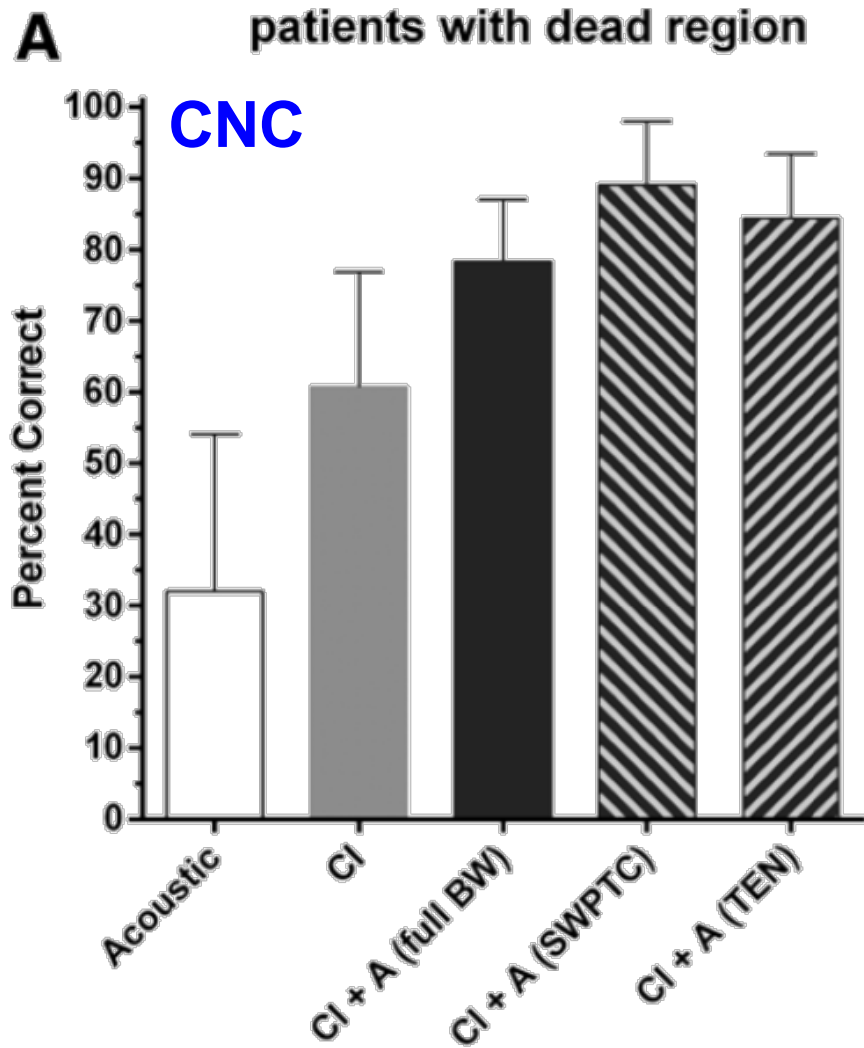
Sheffield et al. (in press). Ear Hear.

# Cochlear Dead Regions

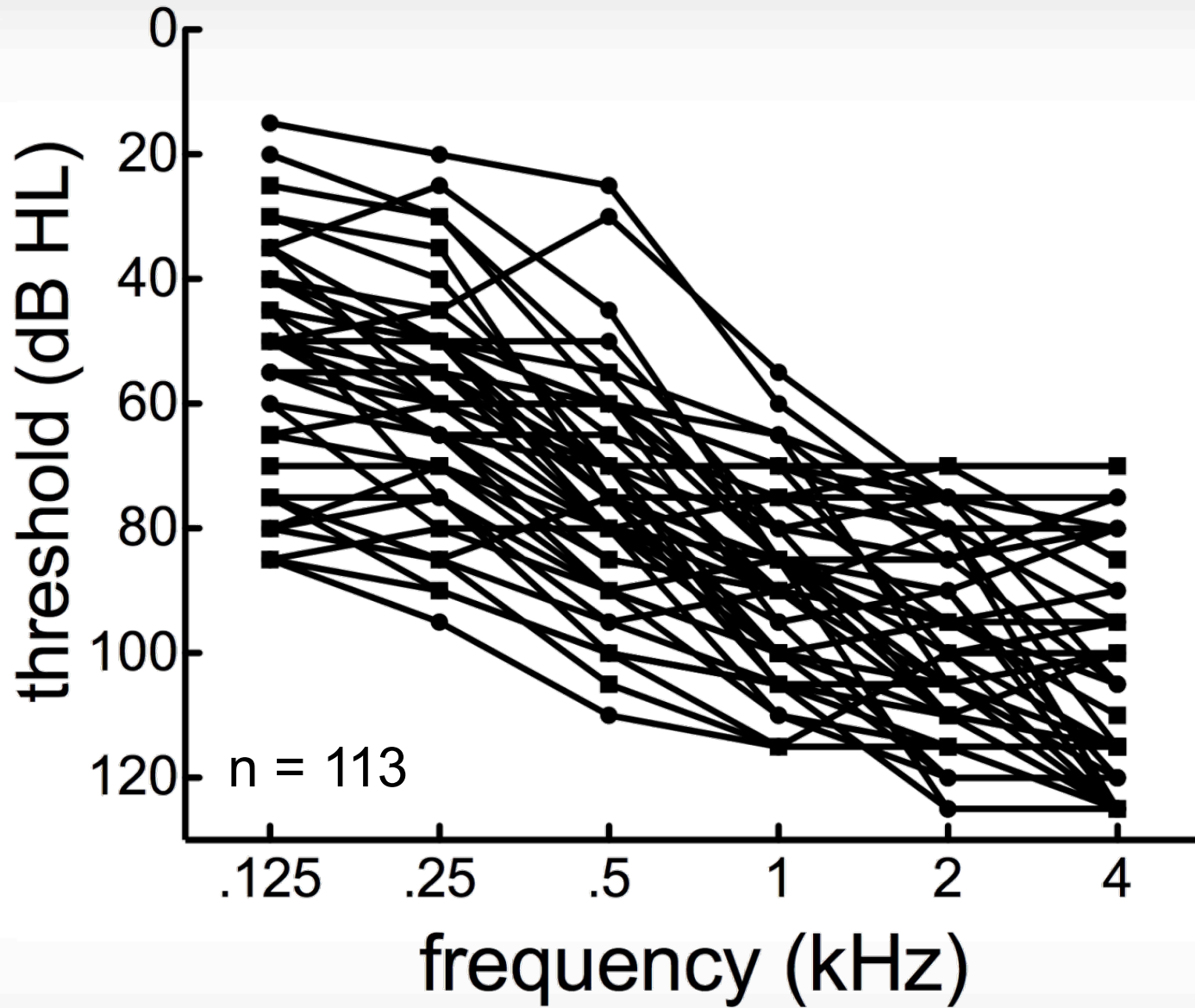


Zhang et al. (2014). *Ear Hear*, 35:410–417

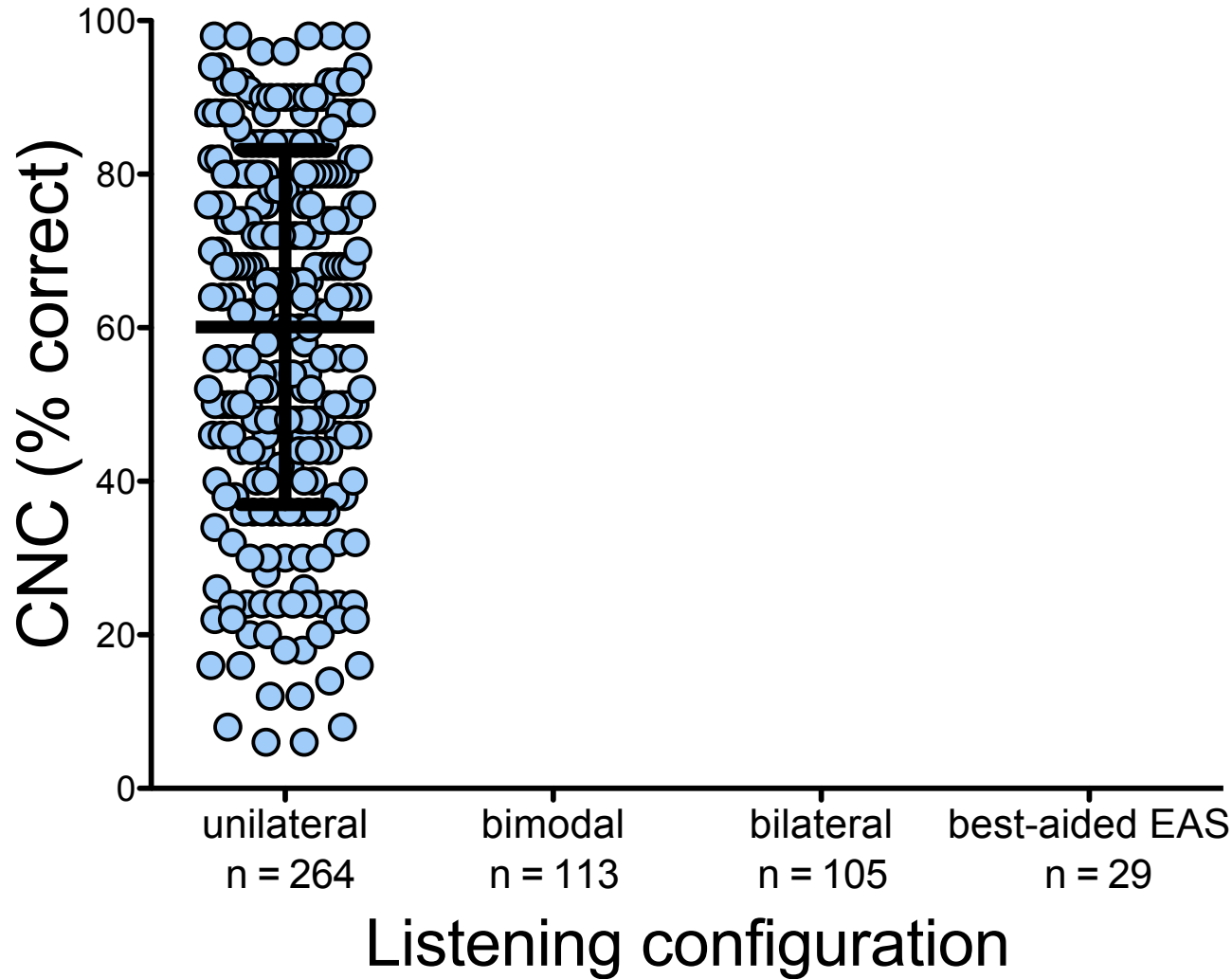
# Cochlear Dead Regions



# Bimodal benefit: Speech understanding

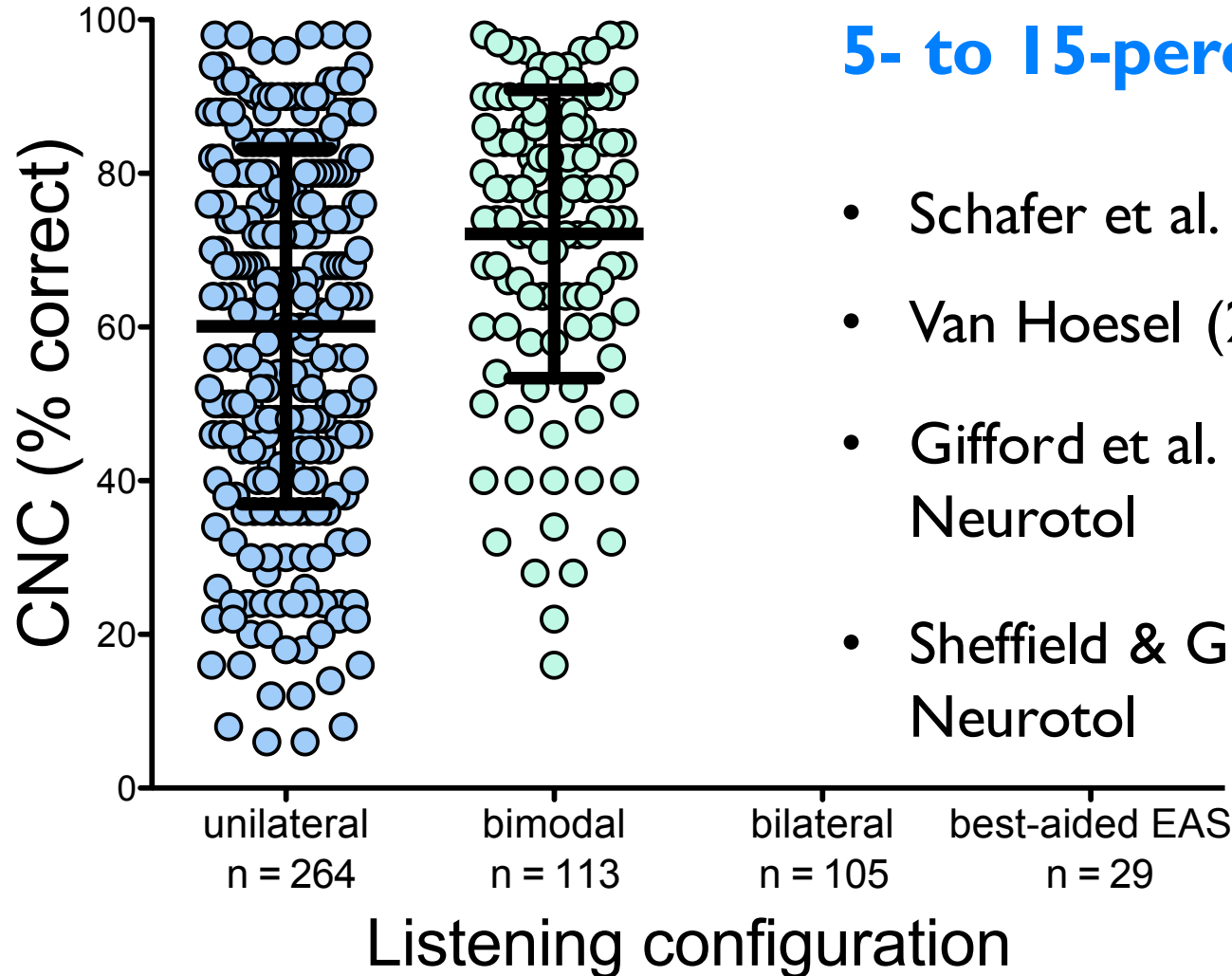


# Unilateral CI vs. bimodal: monosyllables





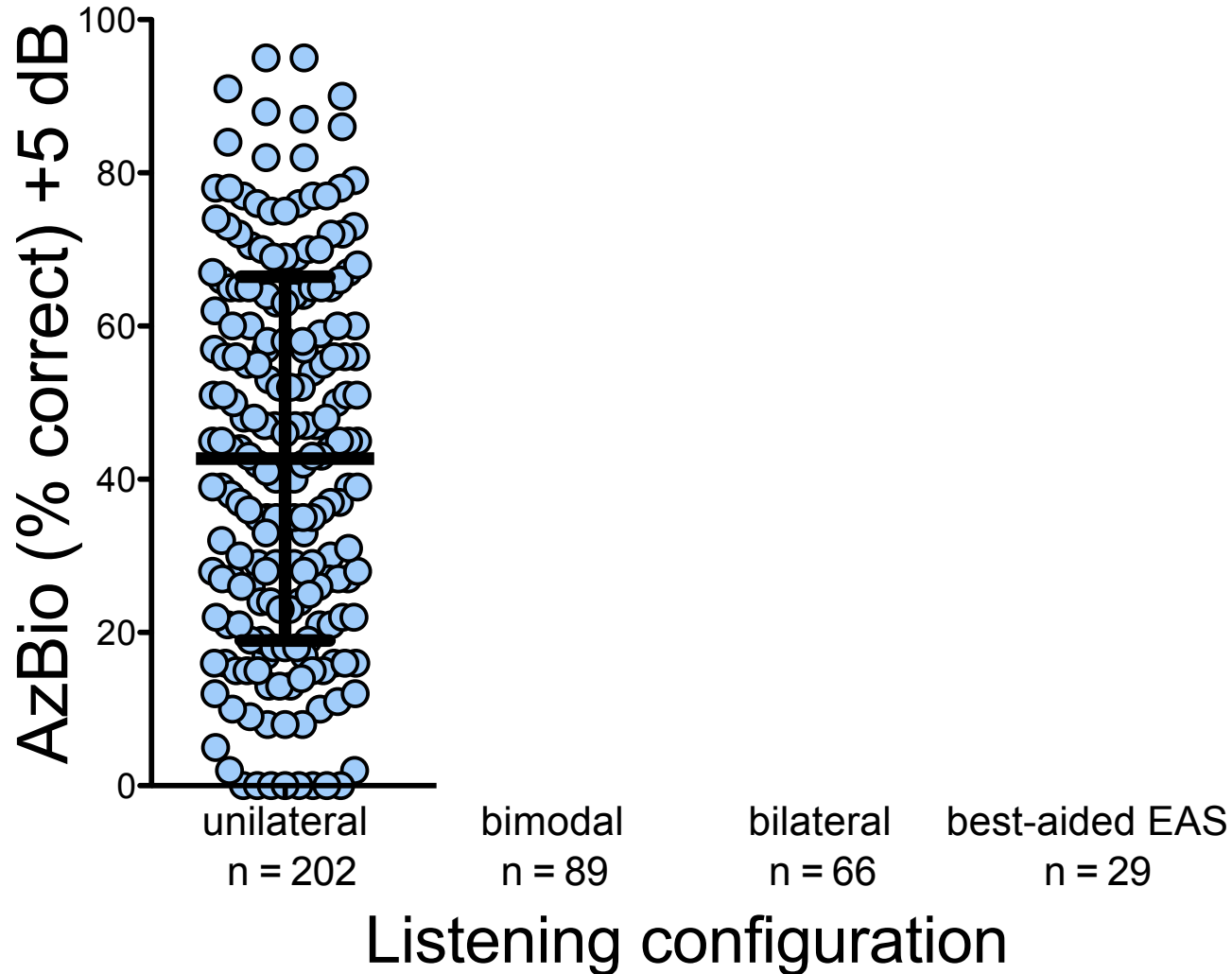
# Unilateral CI vs. bimodal: monosyllables



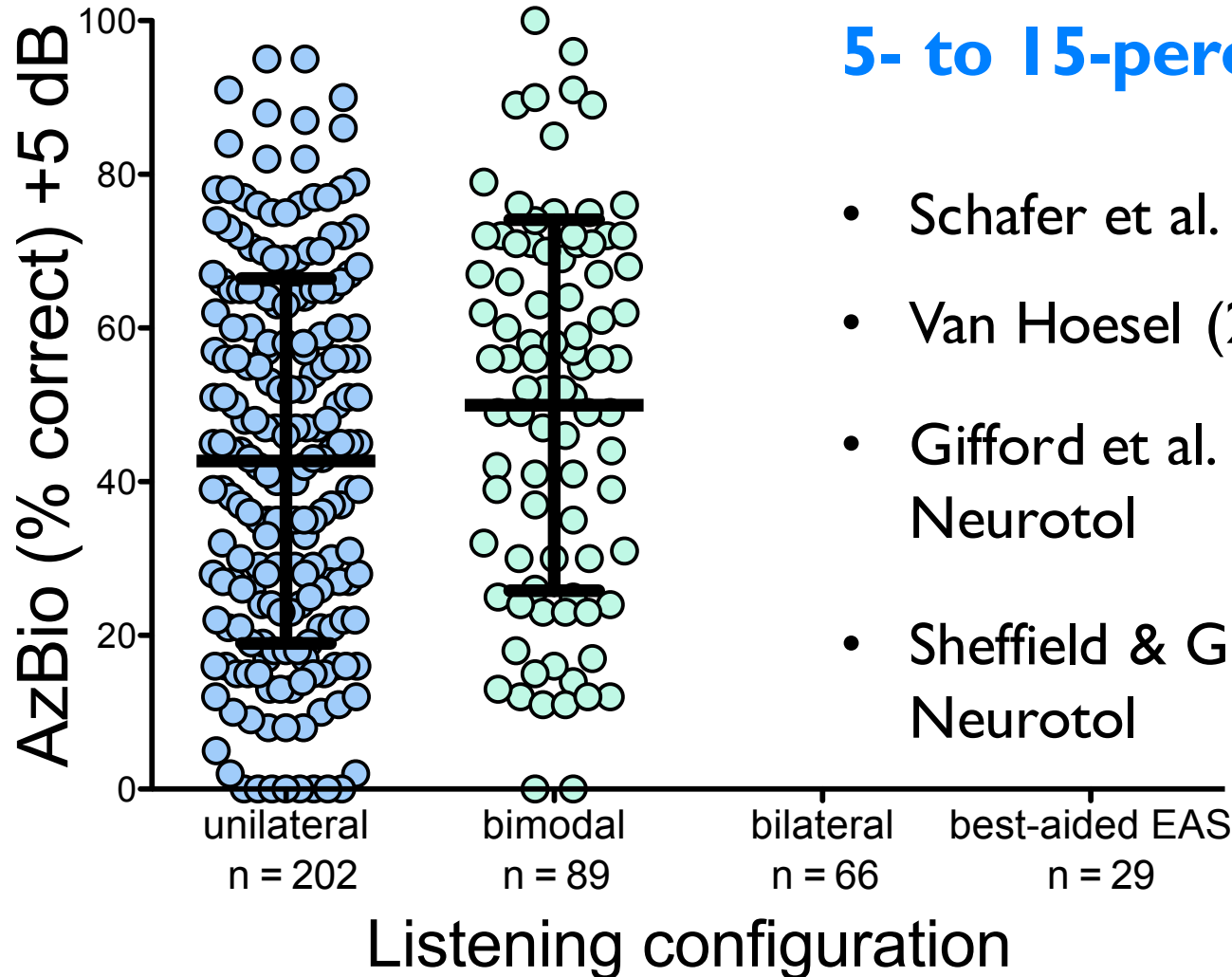
## Bimodal summation: 5- to 15-percentage points

- Schafer et al. (2007). JAAA
- Van Hoesel (2012). Hear Res
- Gifford et al. (2014). Audiol Neurotol
- Sheffield & Gifford (2014). Audiol Neurotol

# Unilateral CI vs. bimodal: speech in noise ( $S_0N_0$ )



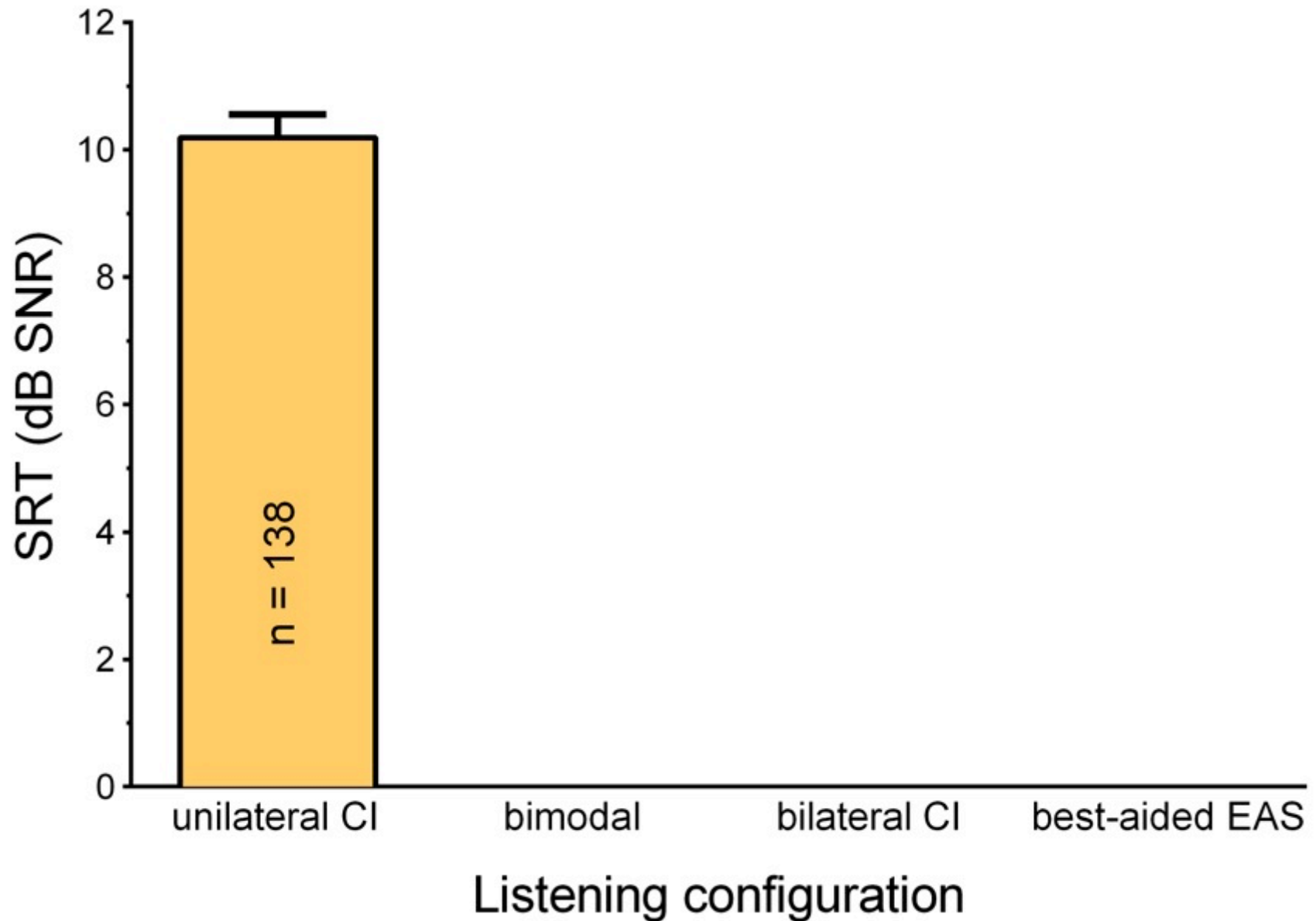
# Unilateral CI vs. bimodal: speech in noise ( $S_0N_0$ )



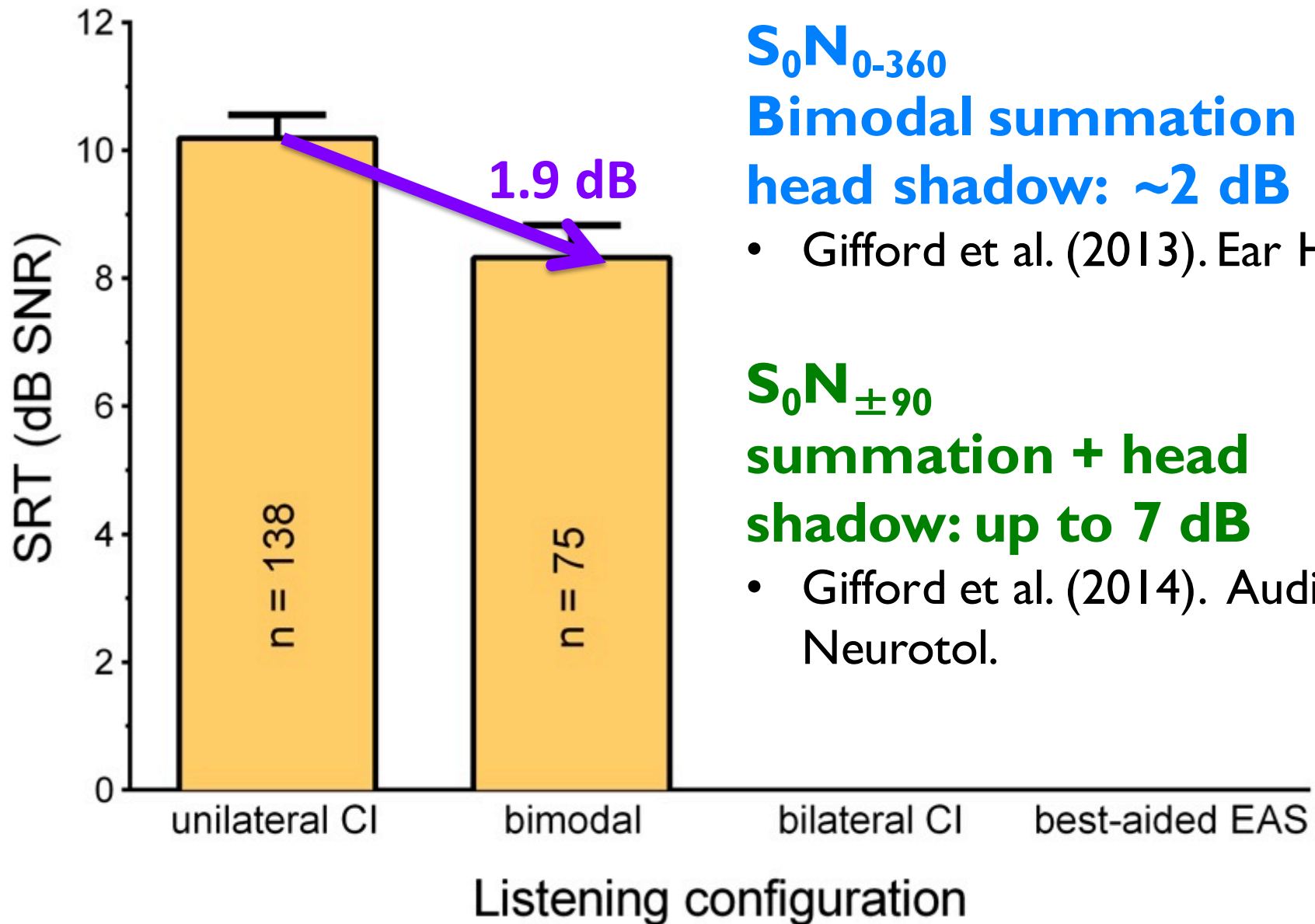
## Bimodal summation: 5- to 15-percentage points

- Schafer et al. (2007). JAAA
- Van Hoesel (2012). Hear Res
- Gifford et al. (2014). Audiol Neurotol
- Sheffield & Gifford (2014). Audiol Neurotol

# CI vs. bimodal: speech in semi-diffuse noise ( $S_0N_{0-360}$ )



# CI vs. bimodal: speech in semi-diffuse noise ( $S_0N_{0-360}$ )



$S_0N_{0-360}$

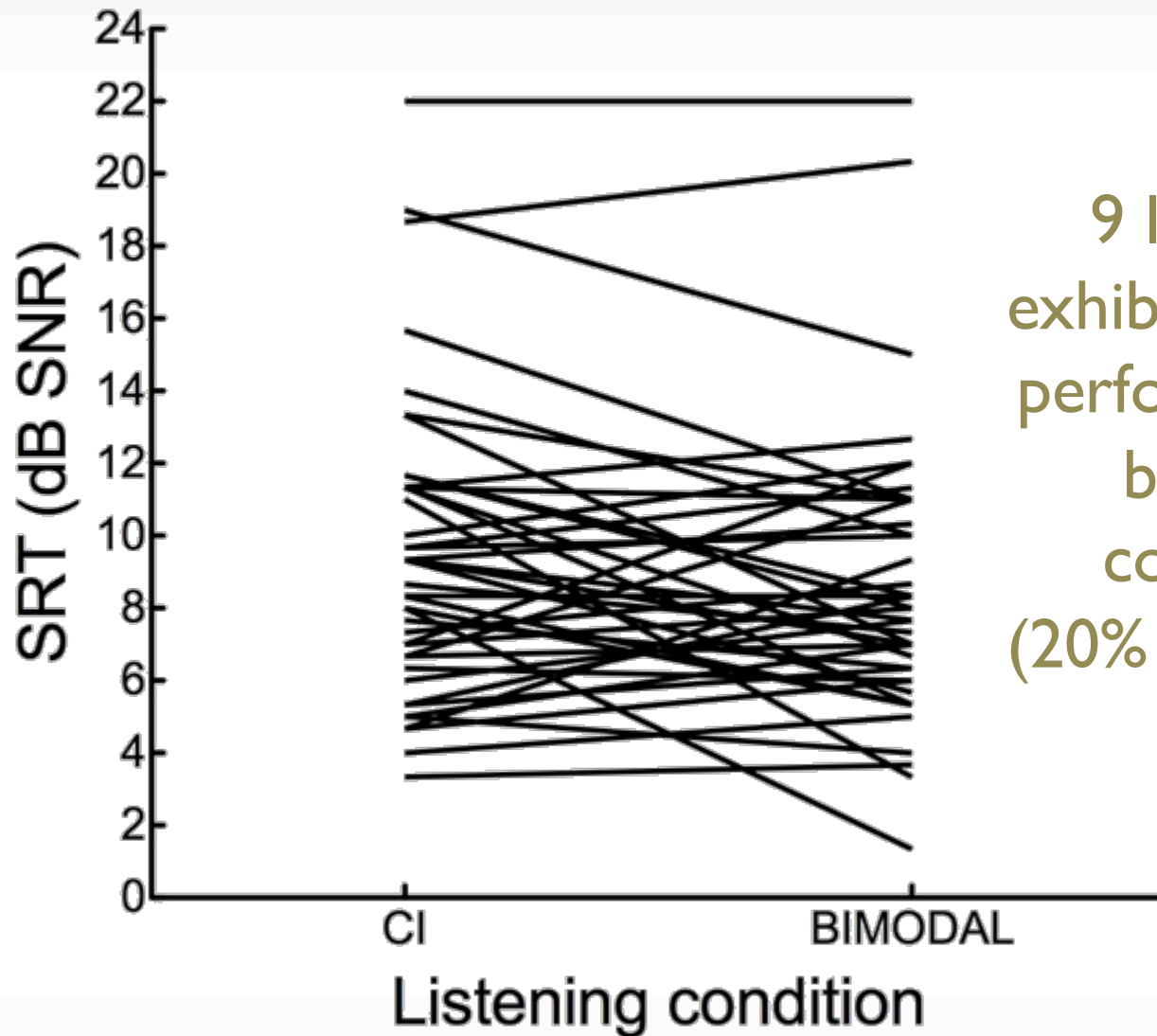
**Bimodal summation + head shadow: ~2 dB**

- Gifford et al. (2013). Ear Hear.

$S_0N_{\pm 90}$

**summation + head shadow: up to 7 dB**

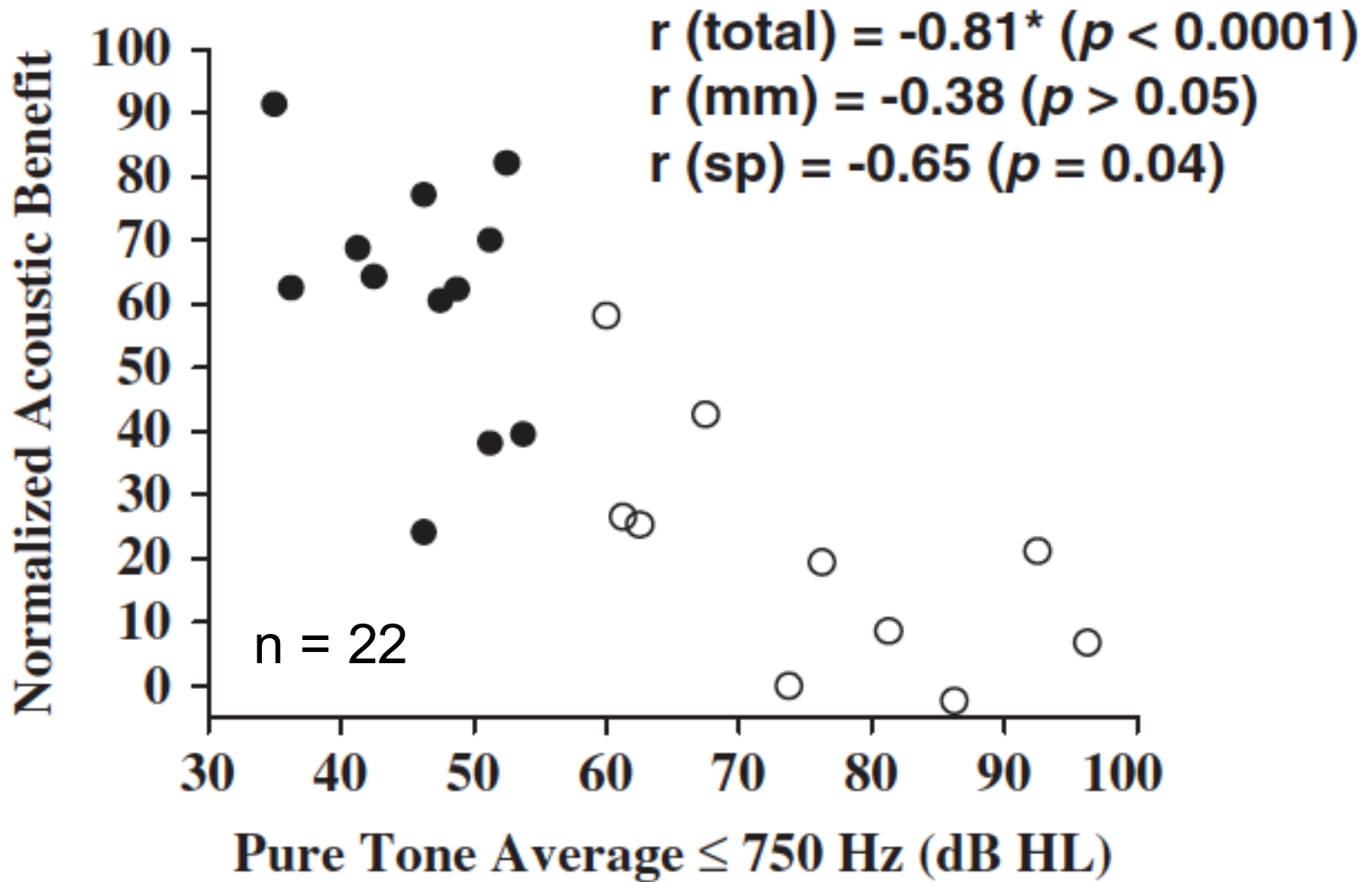
- Gifford et al. (2014). Audiol Neurotol.



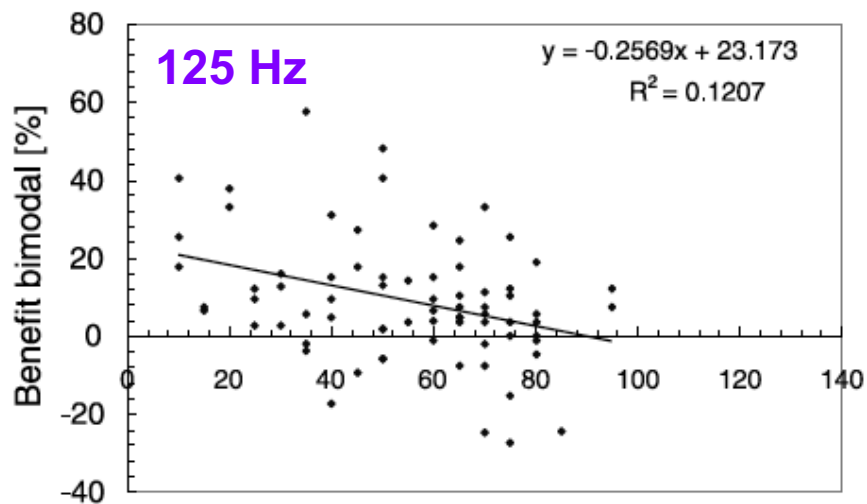
9 listeners  
exhibited *poorer*  
performance in  
bimodal  
condition  
(20% of sample)

# Can we predict bimodal benefit?

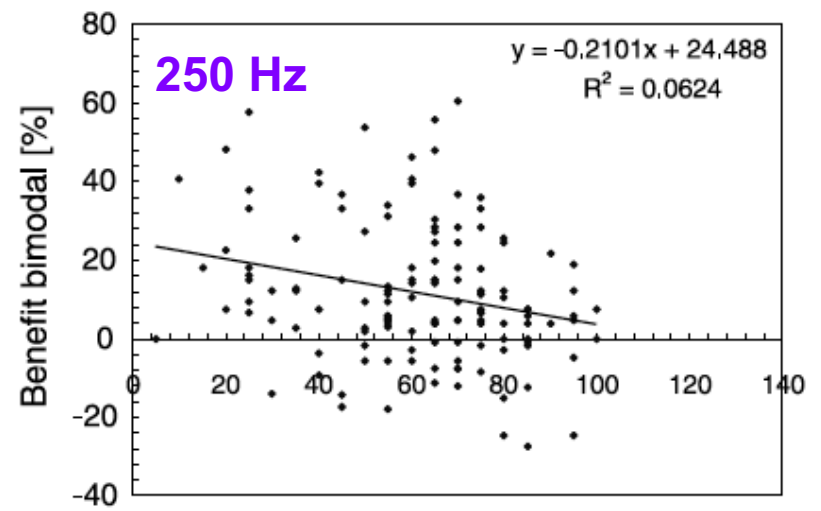
Critical for audiologic management,  
programming HA/CI, & clinical  
recommendations.



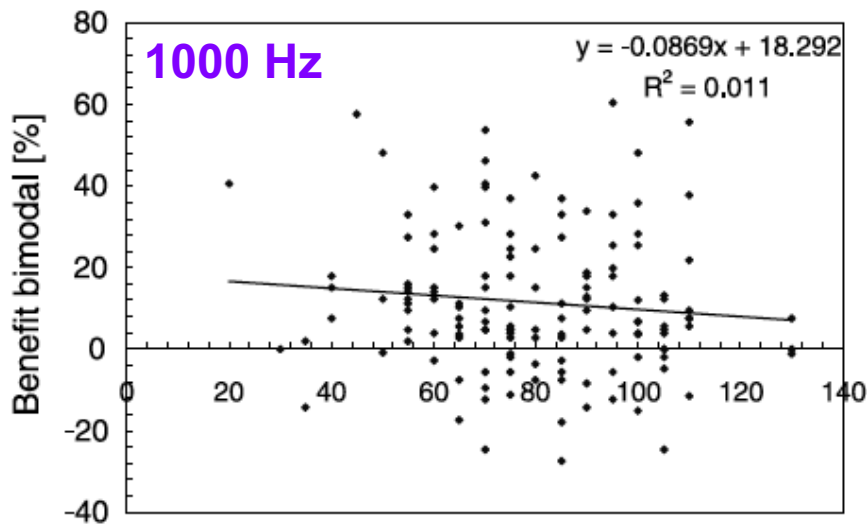




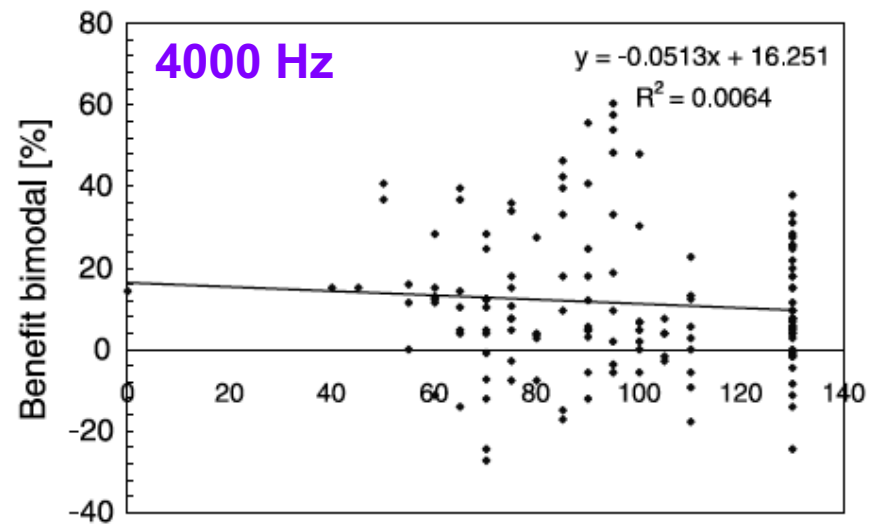
**A** Hearing threshold level 125 Hz



**B** Hearing threshold level 250 Hz



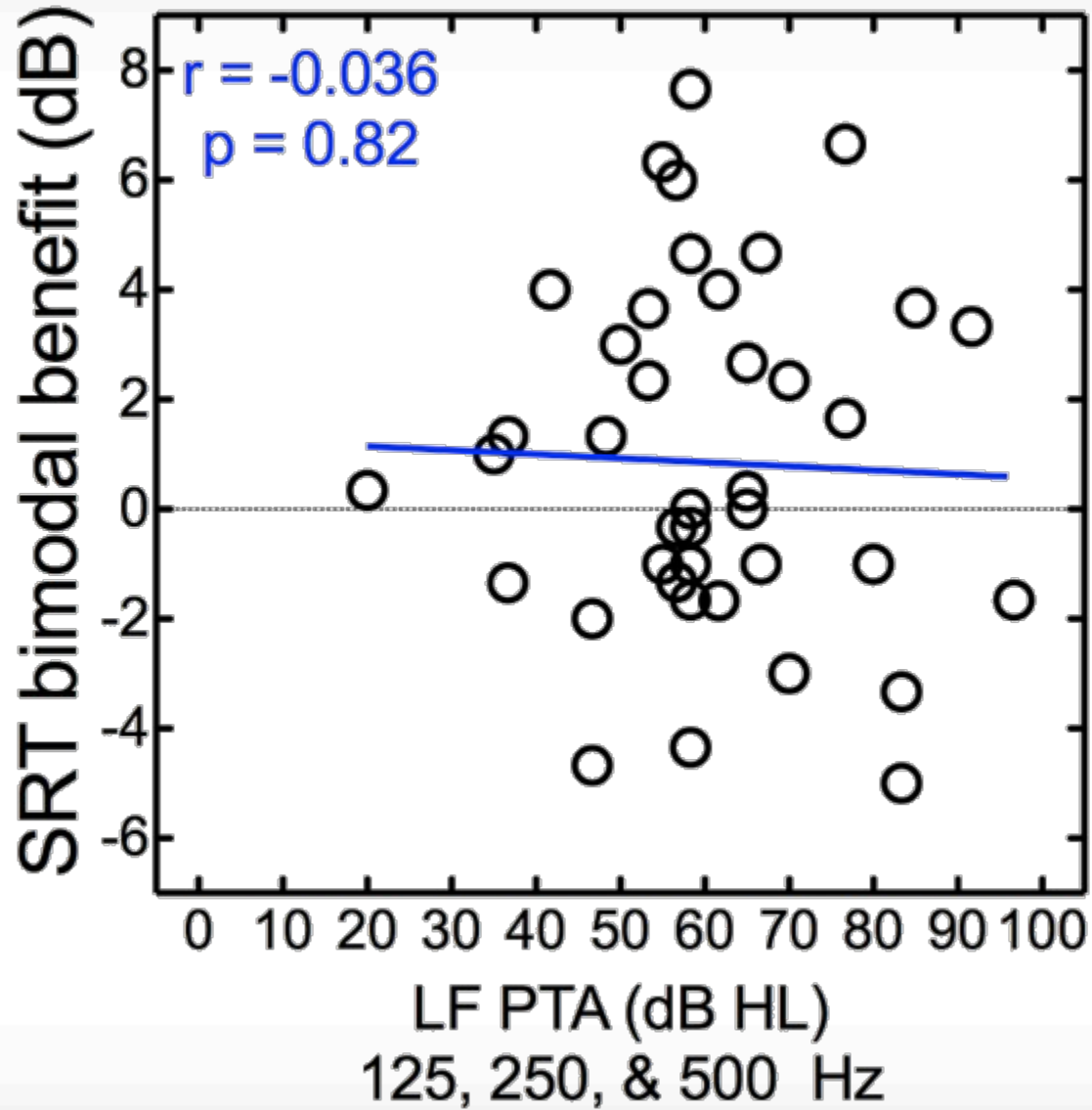
**C** Hearing threshold level 1000 Hz



**D** Hearing threshold level 4000 Hz

$n = 141$

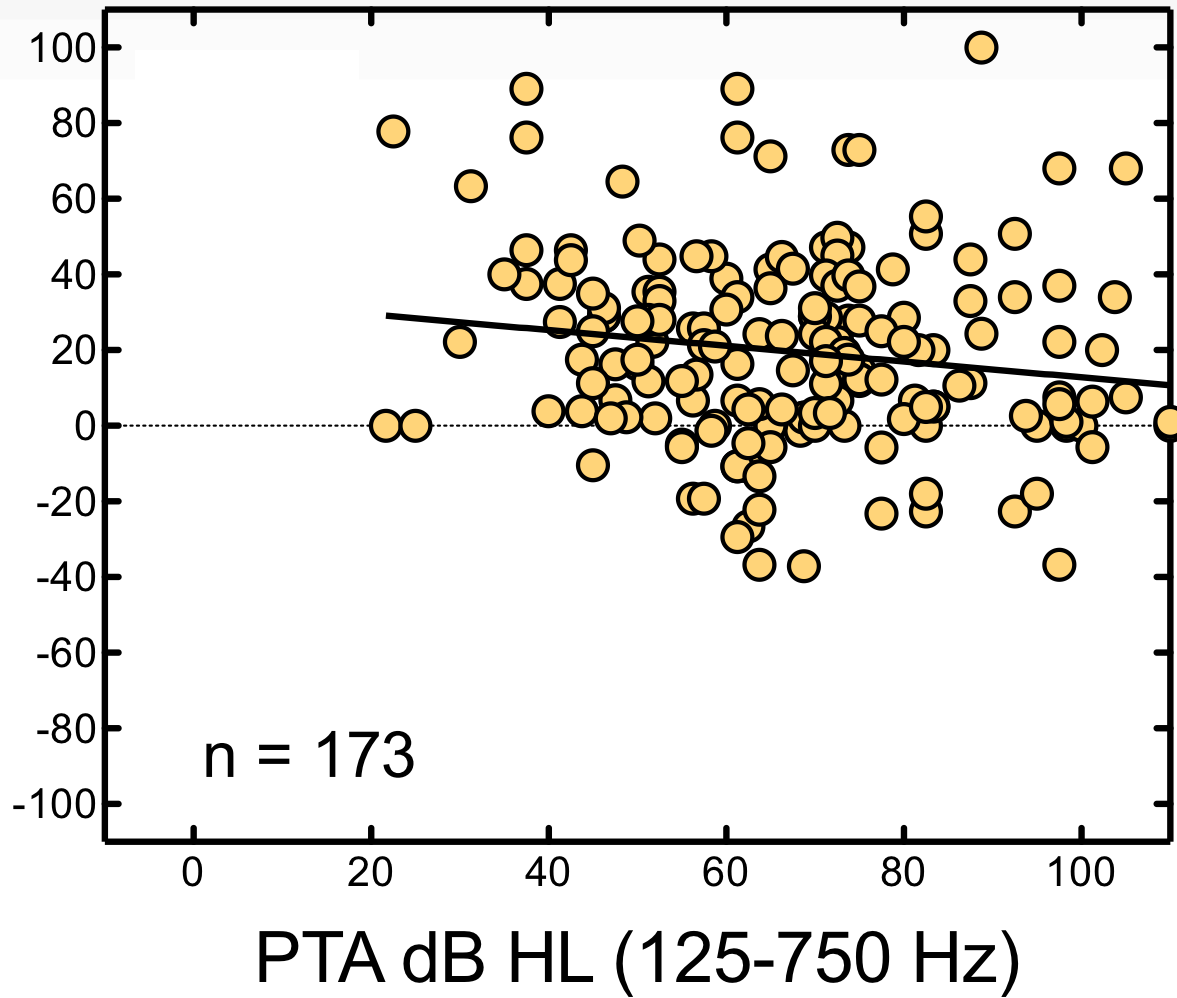
Illg et al. (2014). Otol Neurotol, 35:e240-e244



normalized bimodal

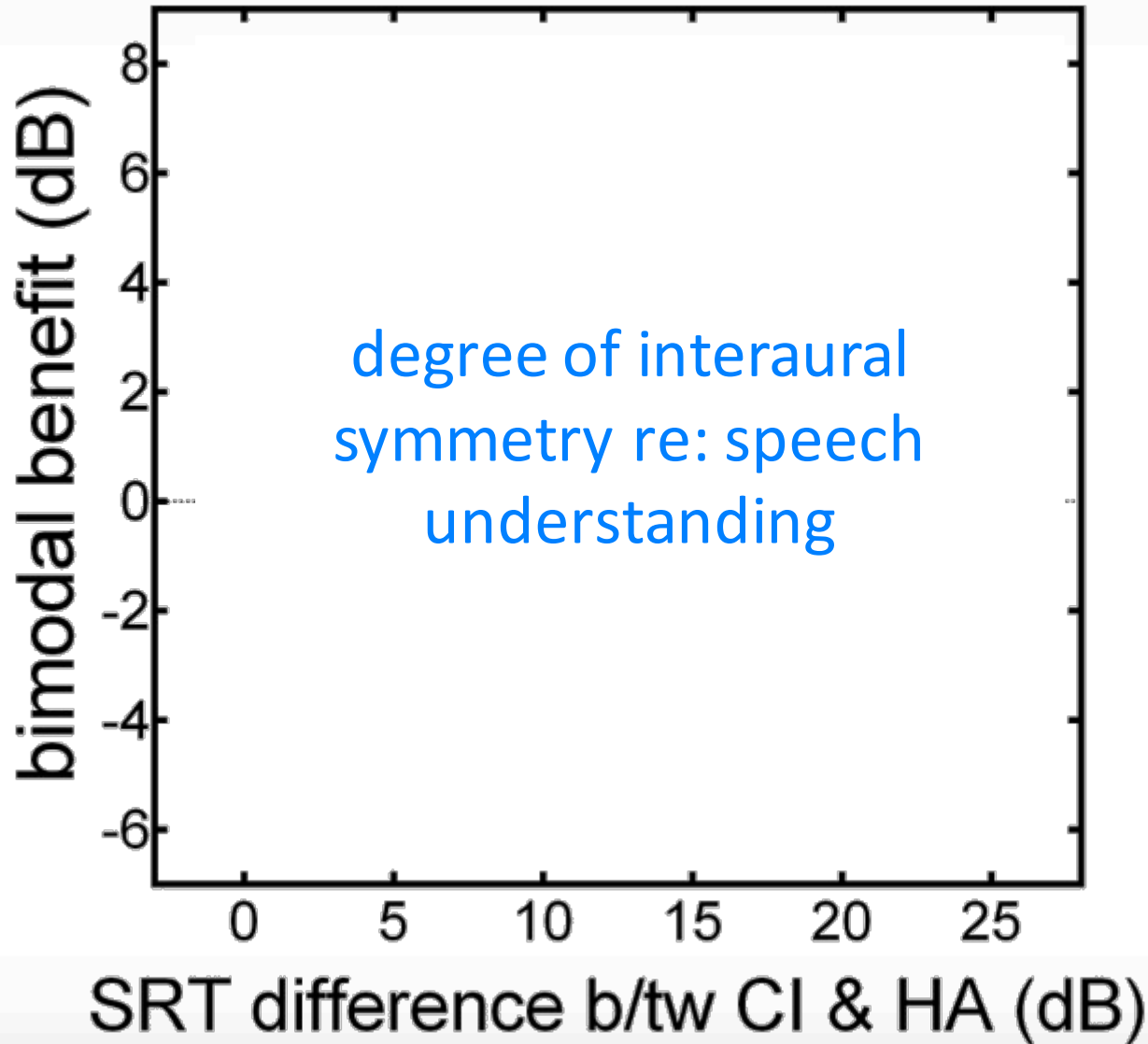
benefit (%)

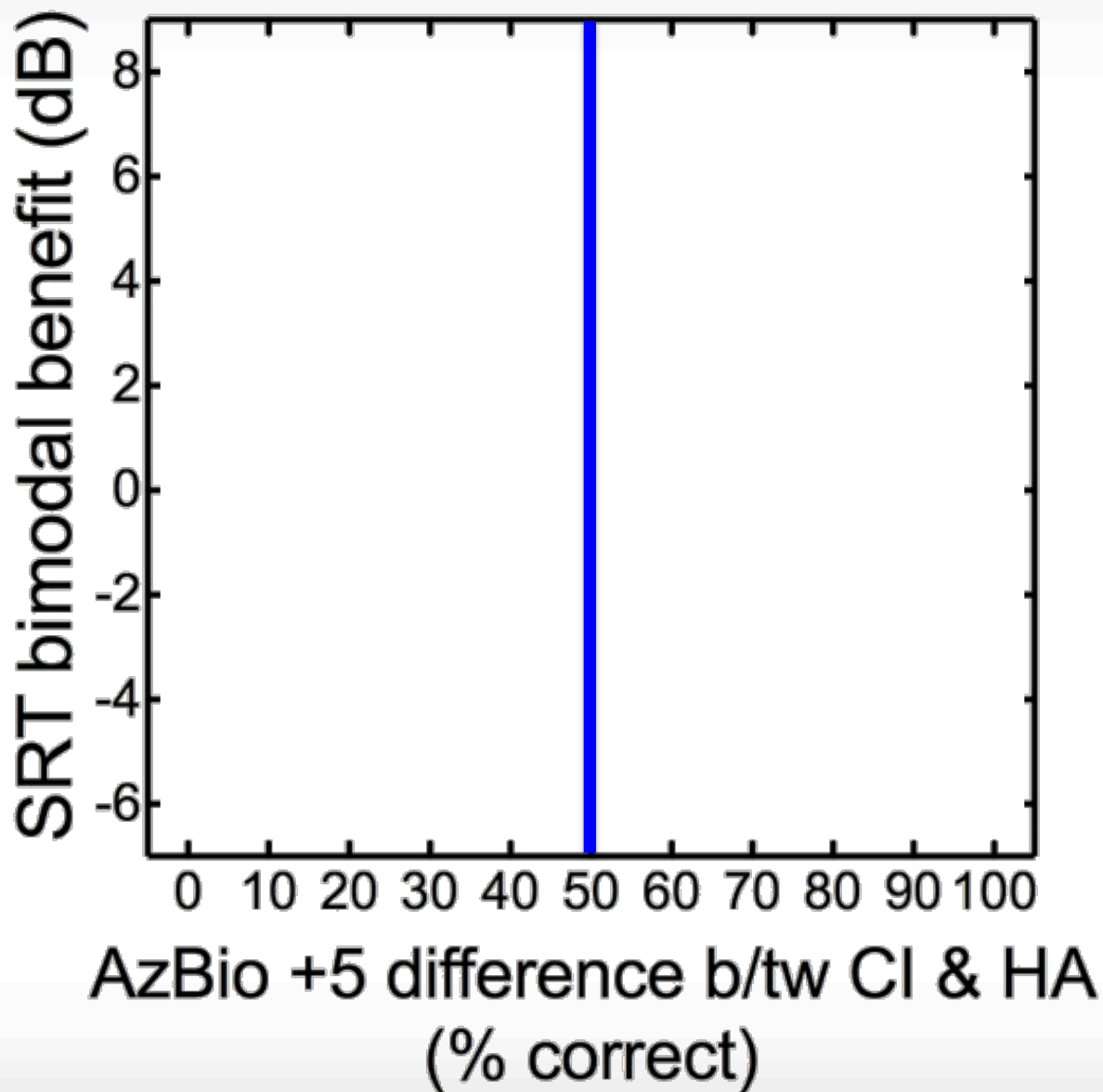
AzBio +5 dB SNR

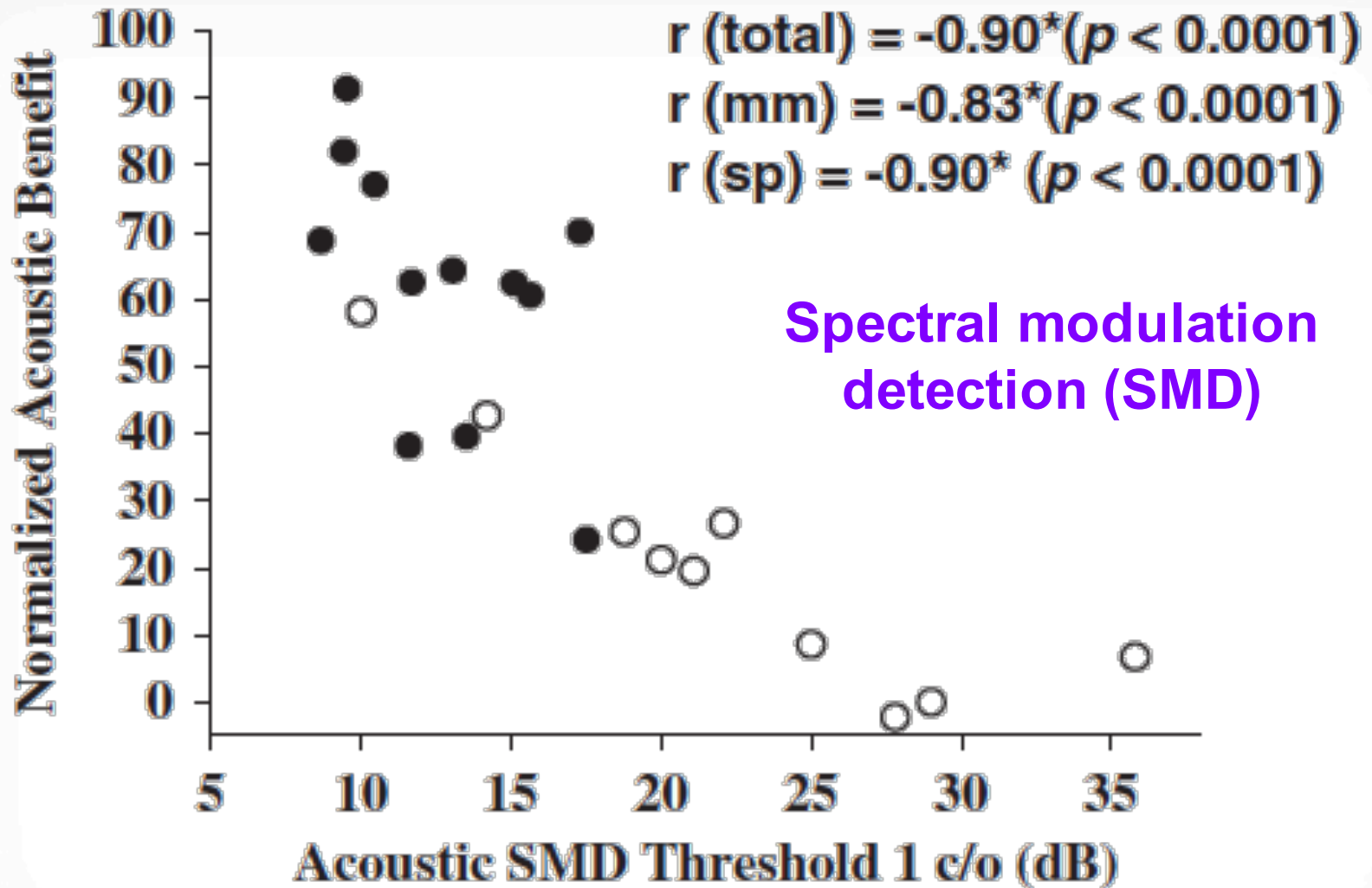


Gifford et al. (in prep).

**Functional or comparative measures that  
might predict bimodal benefit**

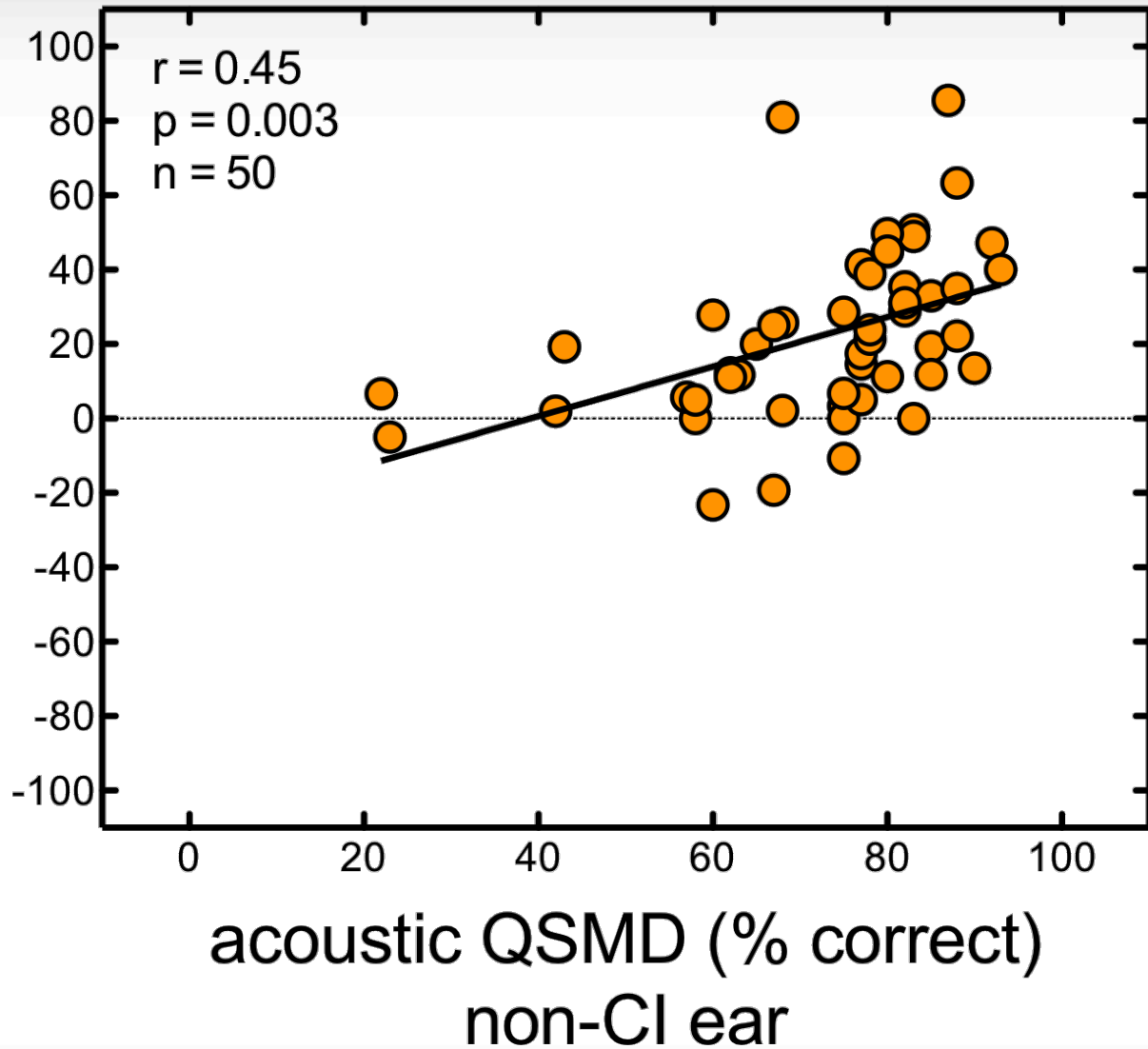






normalized bimodal

AzBio +5 dB SNR  
benefit (%)

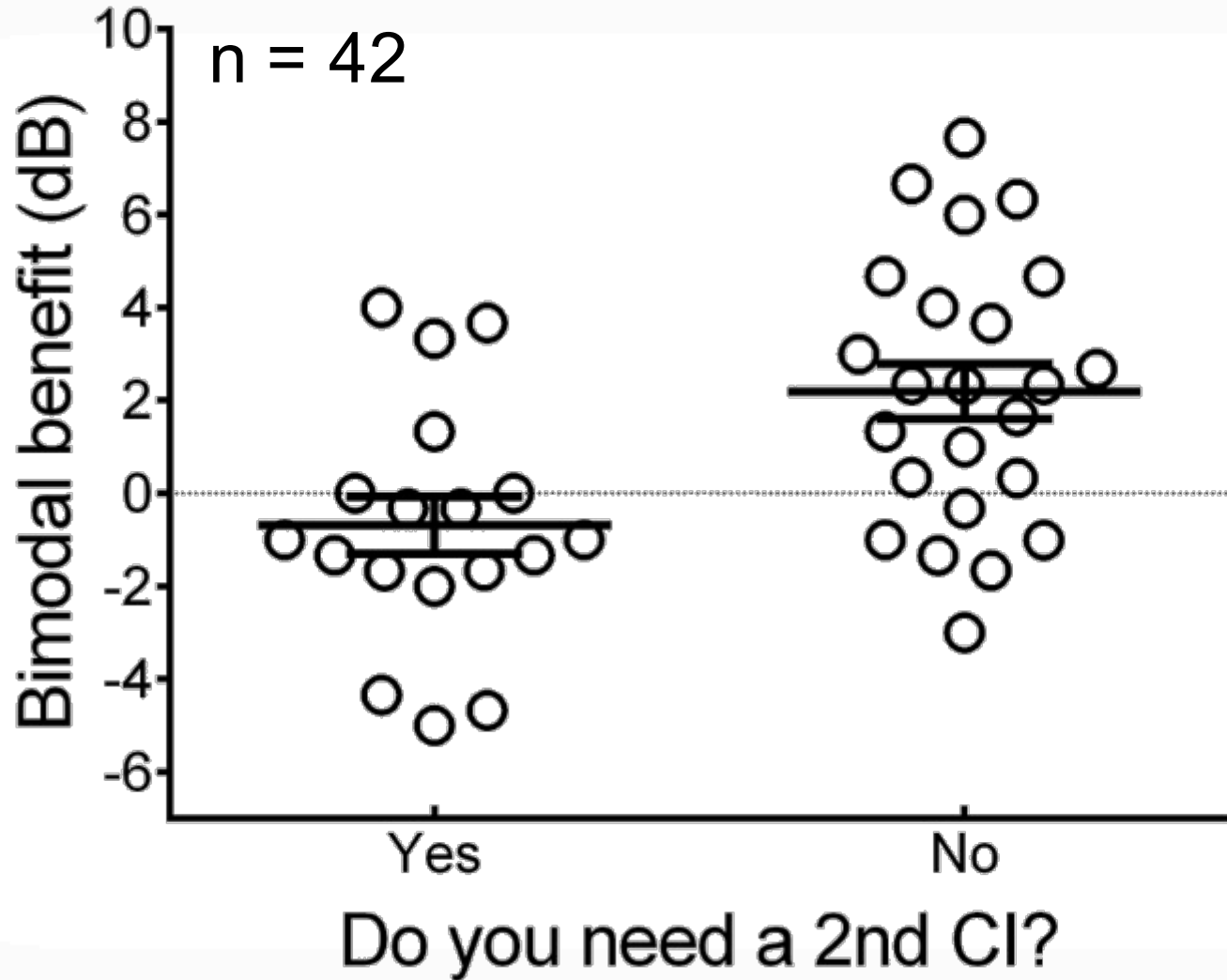


Gifford et al. (in prep).



**Ask a question:**

**Do you think you need a 2<sup>nd</sup> CI?**



# Bimodal summary

- The majority of patients reporting for preop CI workup = bimodal candidates
- Underlying mechanism(s): jury still out
  - Regardless of mechanism, amplification through 250 Hz → significant benefit in quiet and noise, in adults & children
- Bimodal gain → greater benefit from a second ear with single speaker testing
  - two different signals with different (contrasting) information (van Hoesel, 2012)
- Bimodal listeners:
  - Report significantly better sound quality
  - Higher music perception and appreciation
  - Have some hearing even without technology

# Bimodal summary

- There are valid reasons to promote and optimize bimodal hearing!
- How do we optimize bimodal hearing?
- Involves management of both HA & CI



*Programming challenges for  
bimodal hearing*

*15:35*

# Acknowledgements

NIH NIDCD R01 DC009404 & DC010821



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Other Communication Disorders (NIDCD)

Michael Dorman, PhD, Tim Davis, AuD, Sterling  
Sheffield, AuD, Linsey Sunderhaus, AuD, Sarah  
Cook, MA, Louise Loiselle, PhD, Tony Spahr, PhD



# Programming challenges in bimodal hearing

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Department of Hearing and Speech Sciences  
Department of Otolaryngology

A hand-drawn sign with a scalloped border. The sign is rectangular with a decorative, wavy edge. Inside the sign, the word "HELLO" is written in large, bold, black, sans-serif capital letters. Below "HELLO", the phrase "i'm back" is written in a smaller, lowercase, cursive script.

**HELLO**  
*i'm back*

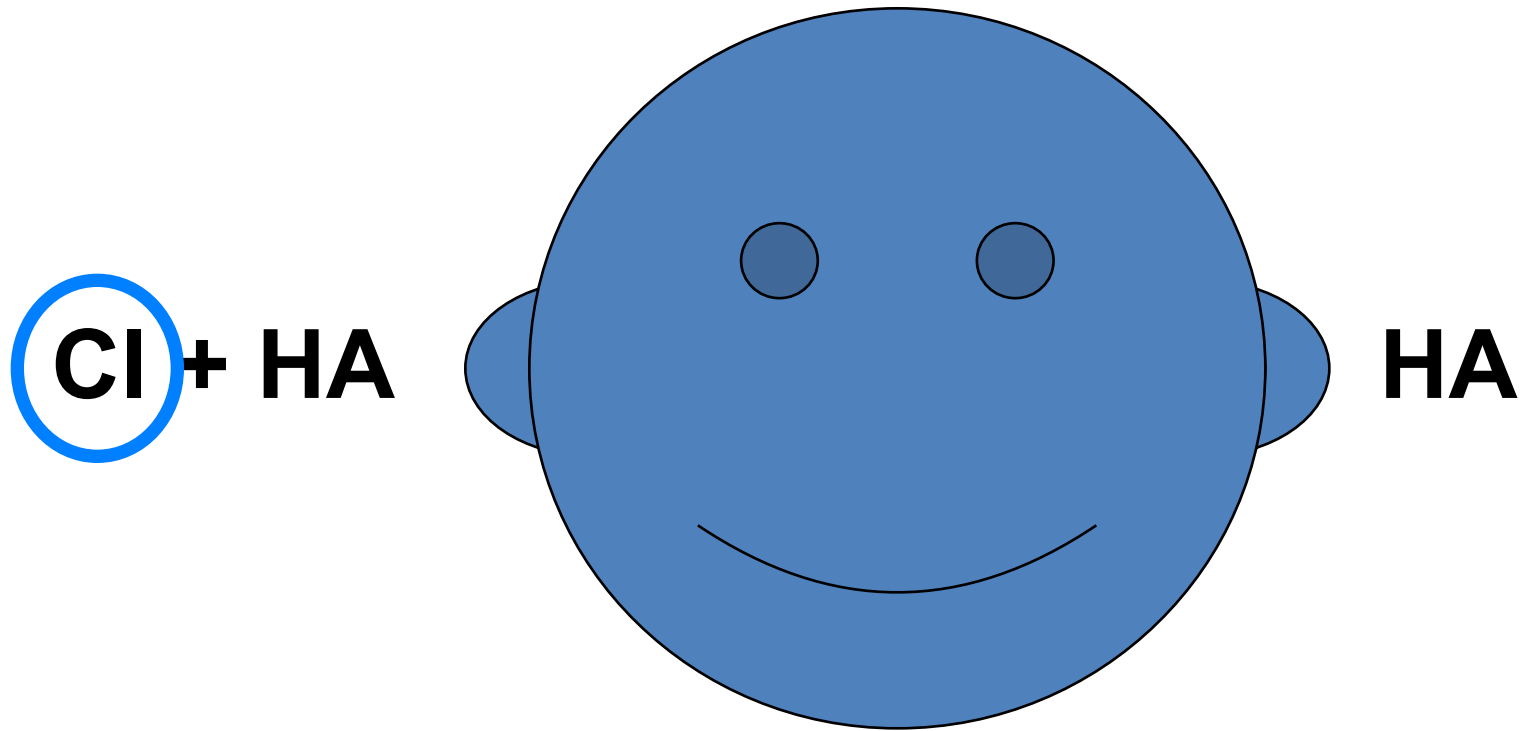
# Disclosures

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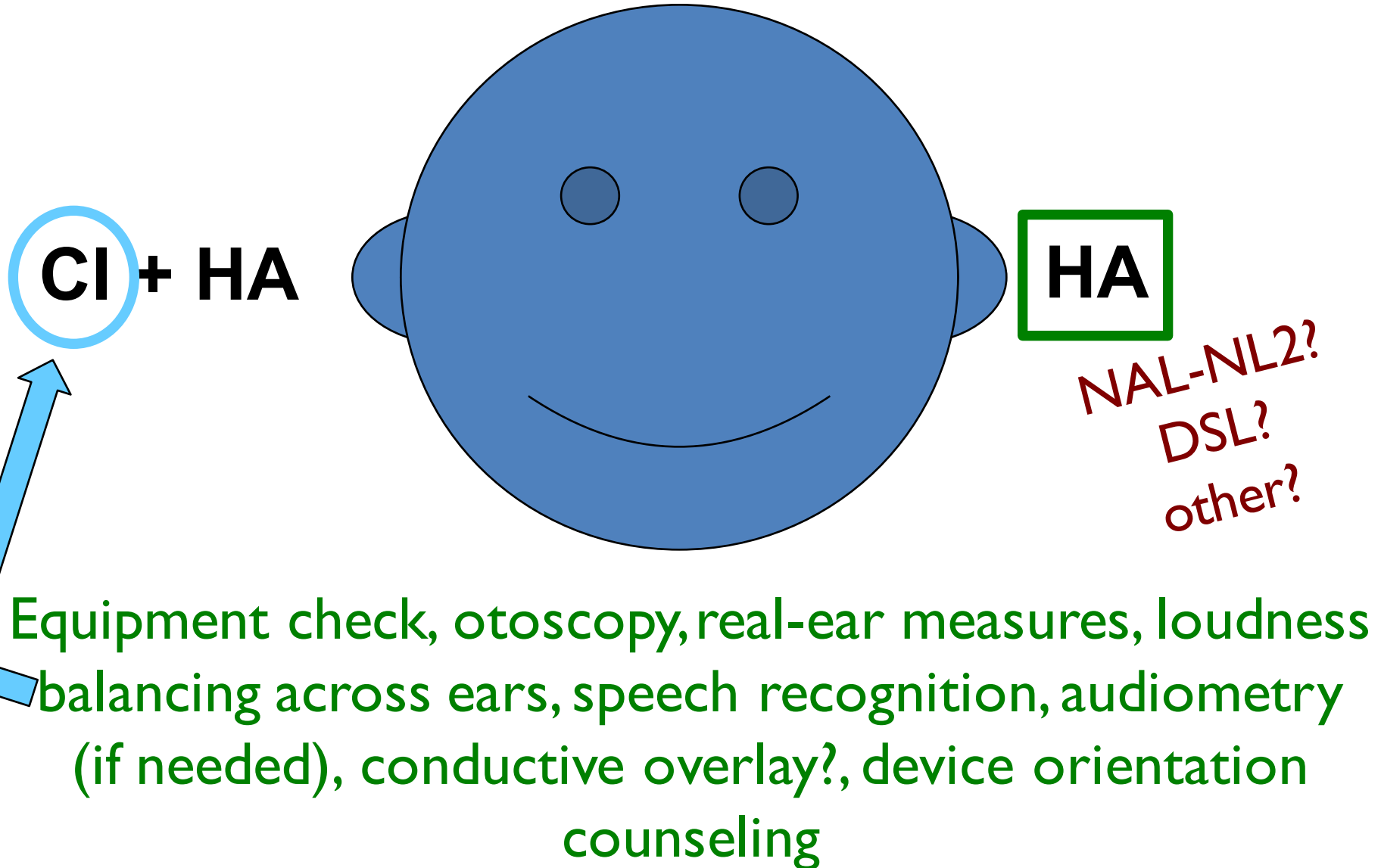


# Audiologic management

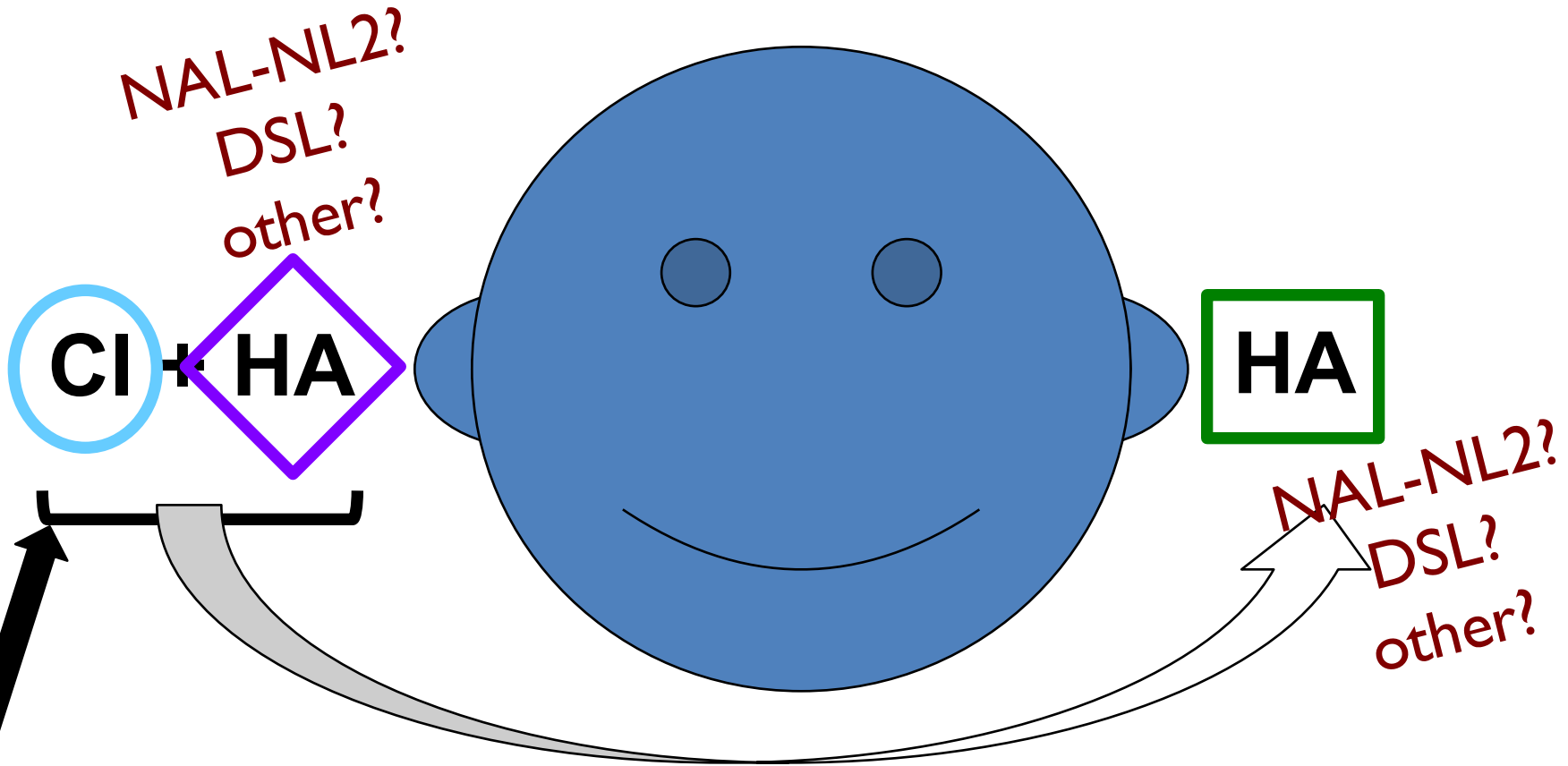


Listening/equipment/magnet check, otoscopy, telemetry, psychophysics, sweeping and balancing, soundfield thresholds, speech recognition, equipment orientation, counseling

# Audiologic management

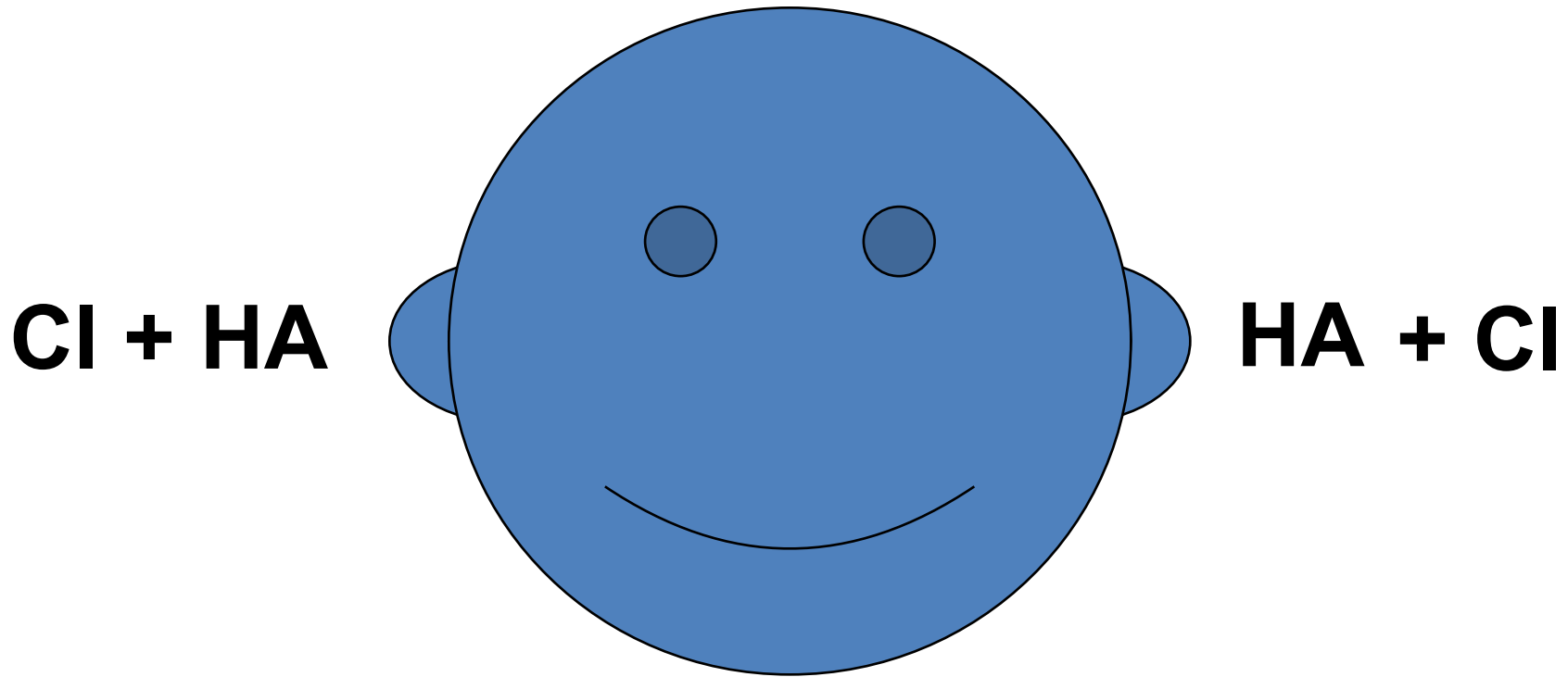


# Audiologic management



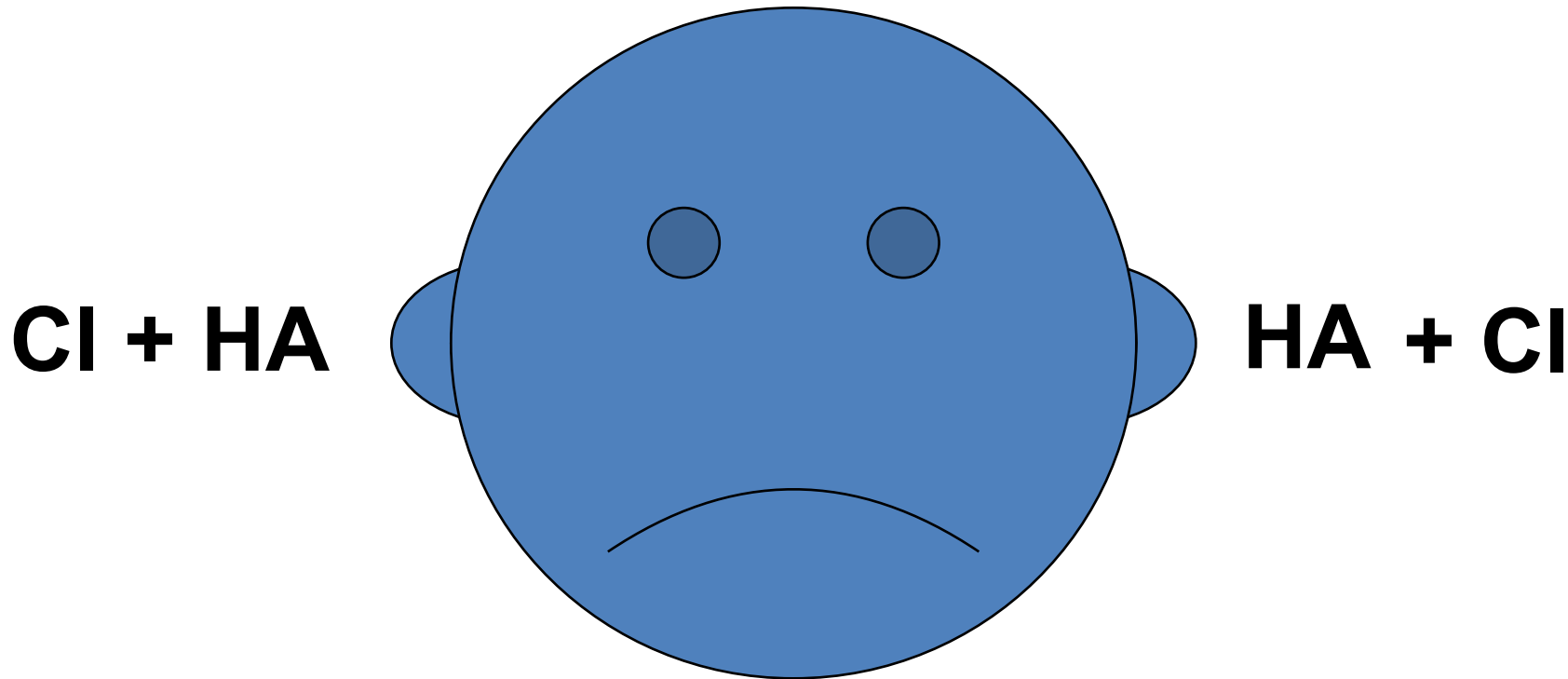
Equipment check, otoscopy, seal-ear measures, loudness  
Degree of electric & acoustic overlap?  
Judged by audiogram, speech recognition, auditory function, (if  
performed), device/orientation preferences?

# Audiologic management



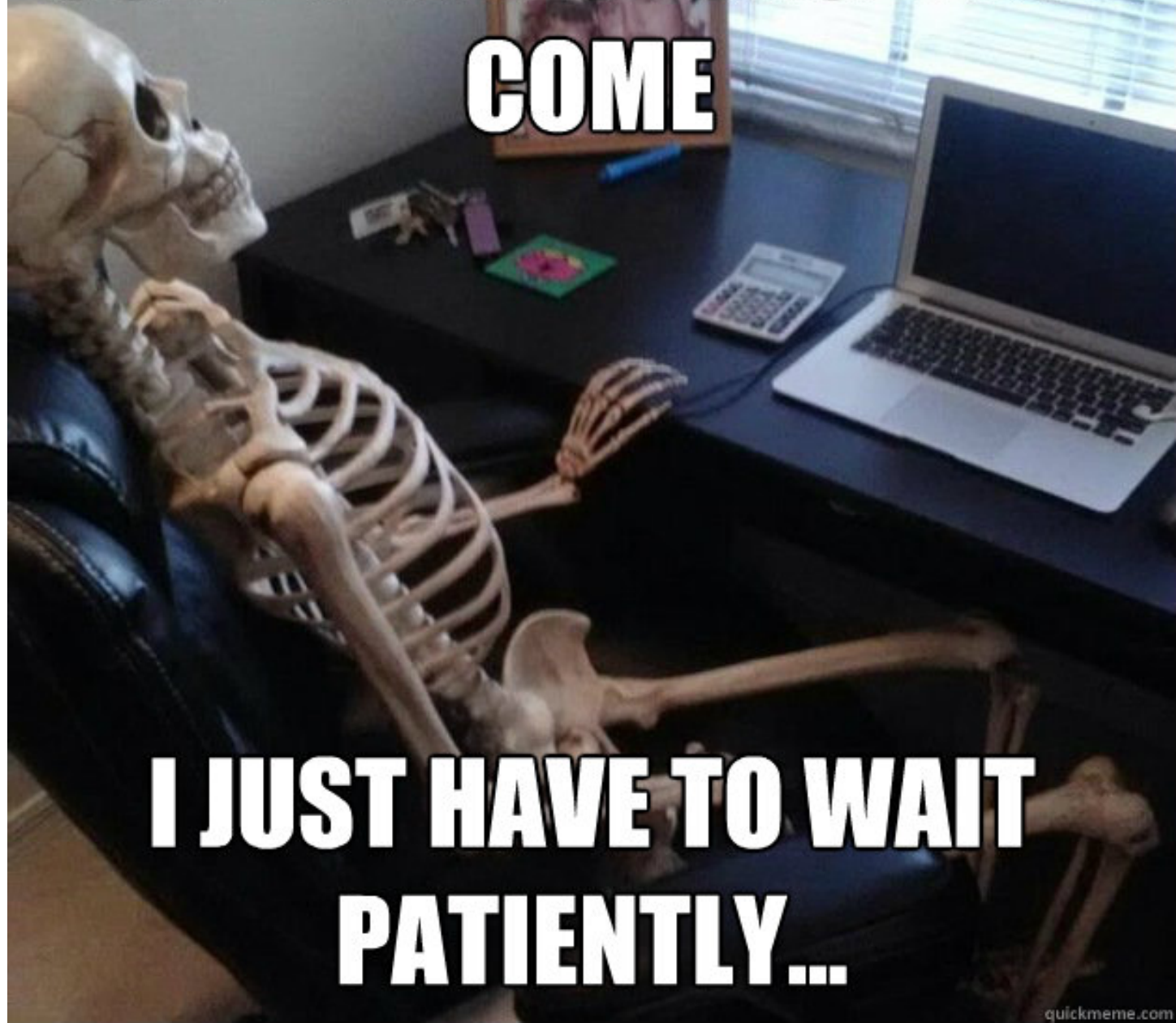
Without practice consensus guidelines  
or EBP recommendations

# Audiologic management



Without practice consensus guidelines  
or EBP recommendations

**SURELY A RESPONSE WILL  
COME**



**I JUST HAVE TO WAIT  
PATIENTLY...**

# Bimodal Optimization

## Multiple combinations of parameters

### HA related

- Bandwidth
  - Minimal acoustic BW needed in non-CI ear
    - But how much should we amplify?
    - Dead regions?
- Gain
  - More gain yielded better EAS outcomes with hearing preservation patients → Vermeire et al., 2008; Dillon et al., 2014.
  - Many bimodal patients are underfit → Harris & Hay-McCuthcheon, 2010
- Output
- AGC characteristics (co-variant of gain)
- Frequency lowering technology
- Symmetry with HA in non-CI ear (timing & phase)

# Bimodal Optimization

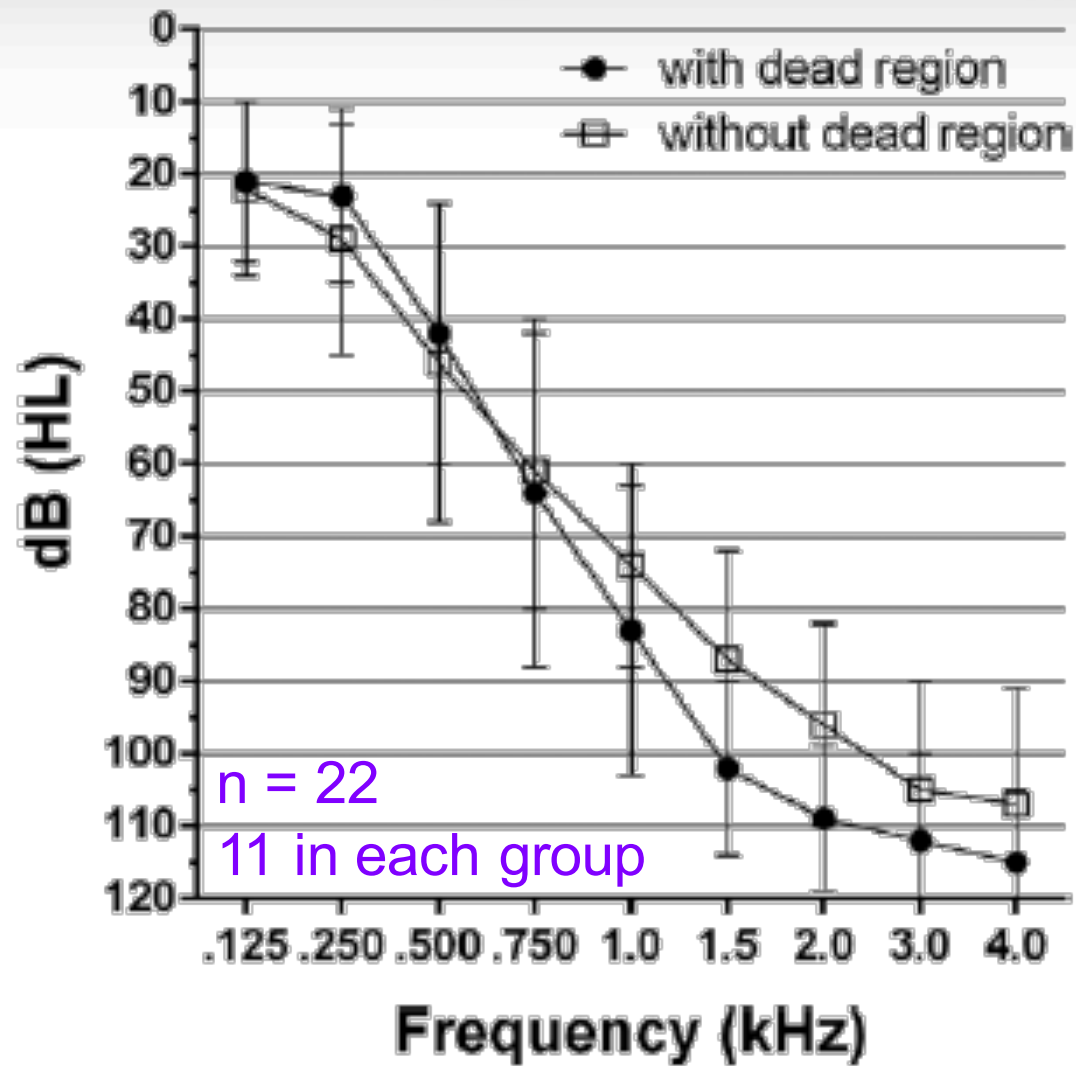
## Multiple combinations of parameters

### CI related

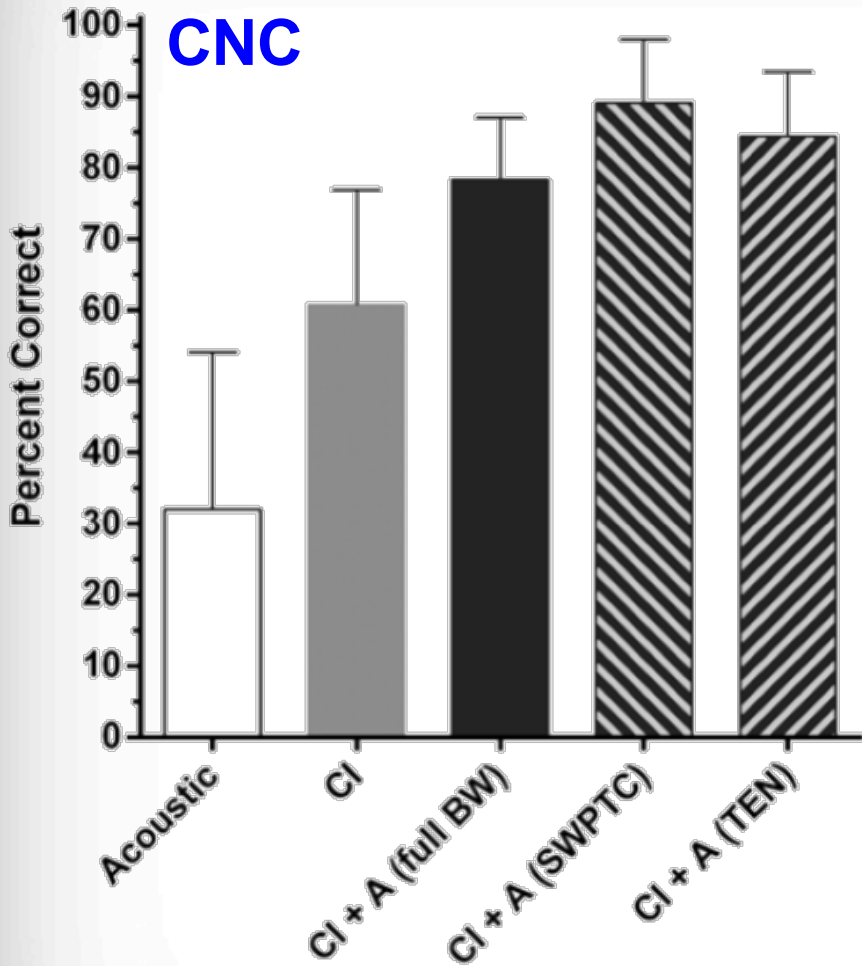
- CI frequency allocation
  - Do we want to provide EAS overlap across ears? Minimal overlap? No overlap? Full BW?
- Stimulation strategy (CIS/HiRes, Fidelity I 20, Optima)
  - Do we need strategies attempting to improve spectral resolution if we are providing fine structure via acoustic hearing?
- AGC characteristics
- Degree of symmetry with HA parameters in both ears
- Should we program bimodal patients in the same manner than we program those that have only CI stimulation?
  - Loudness matching? Pitch matching?



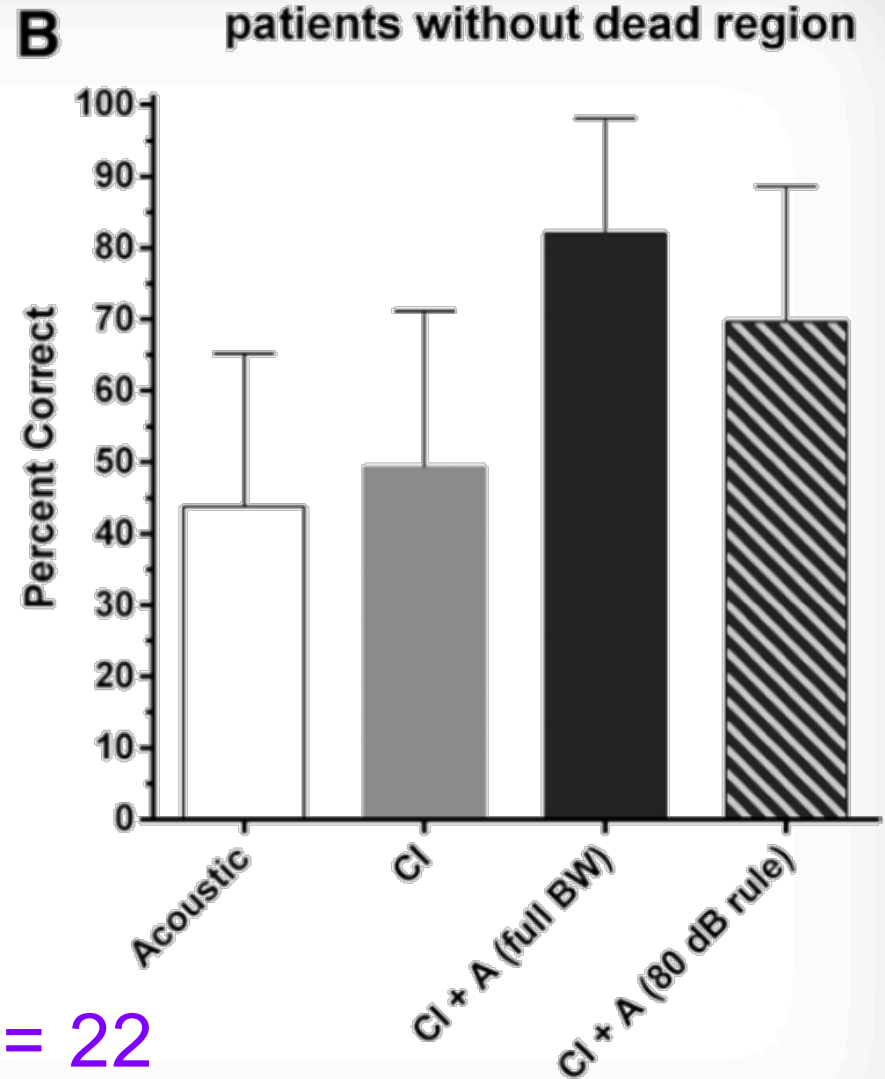
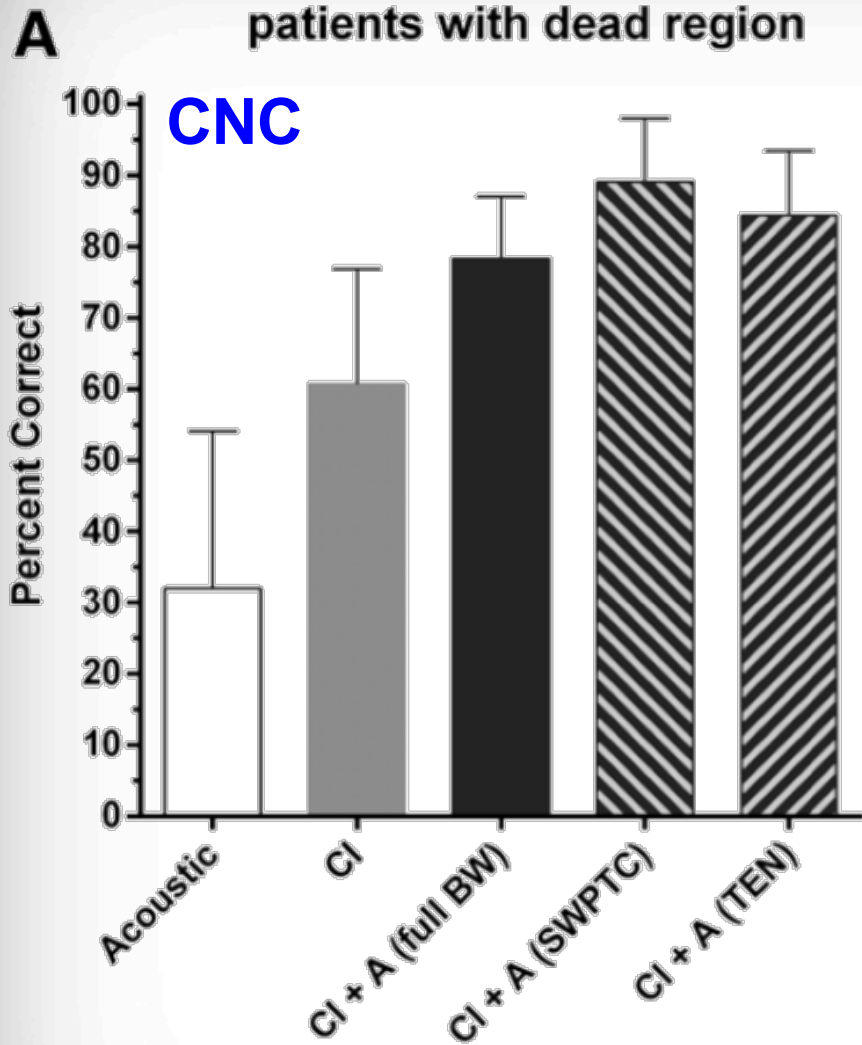
# HA considerations



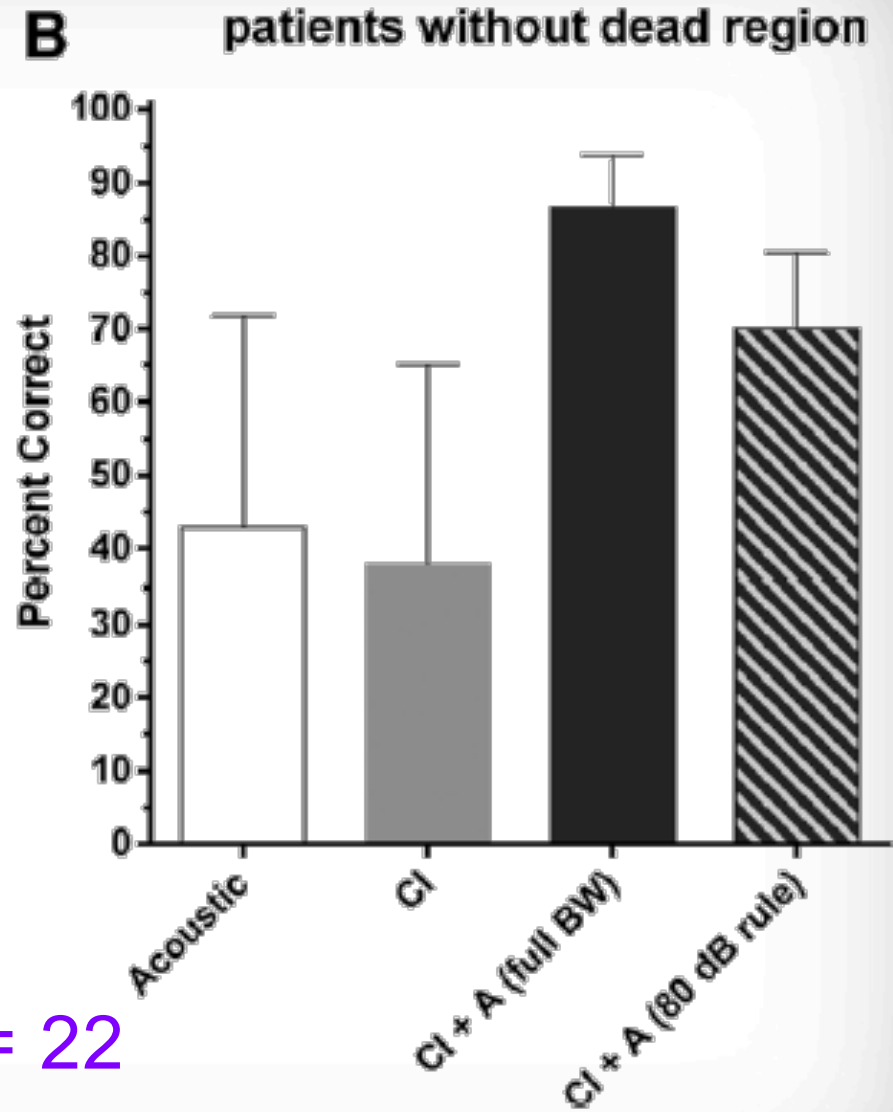
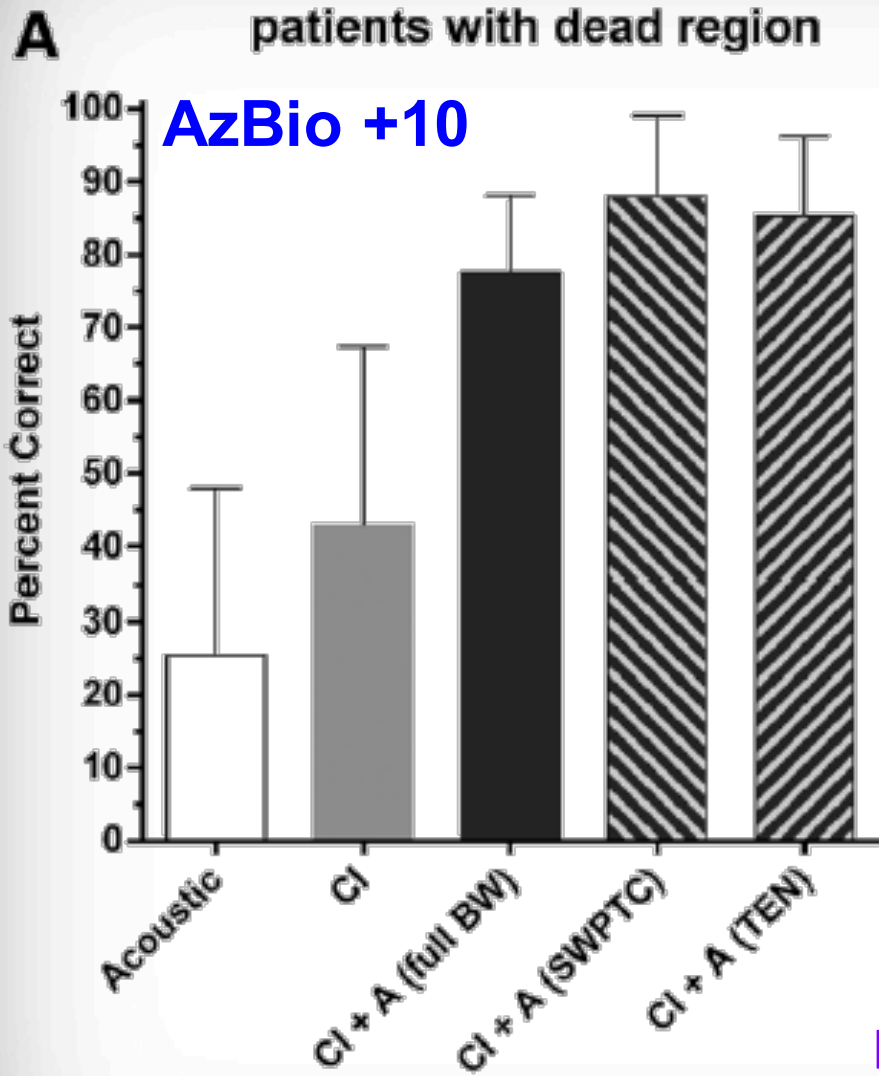
**A** patients with dead region



Zhang et al. (2014). Ear Hear, 35:410–417



n = 22

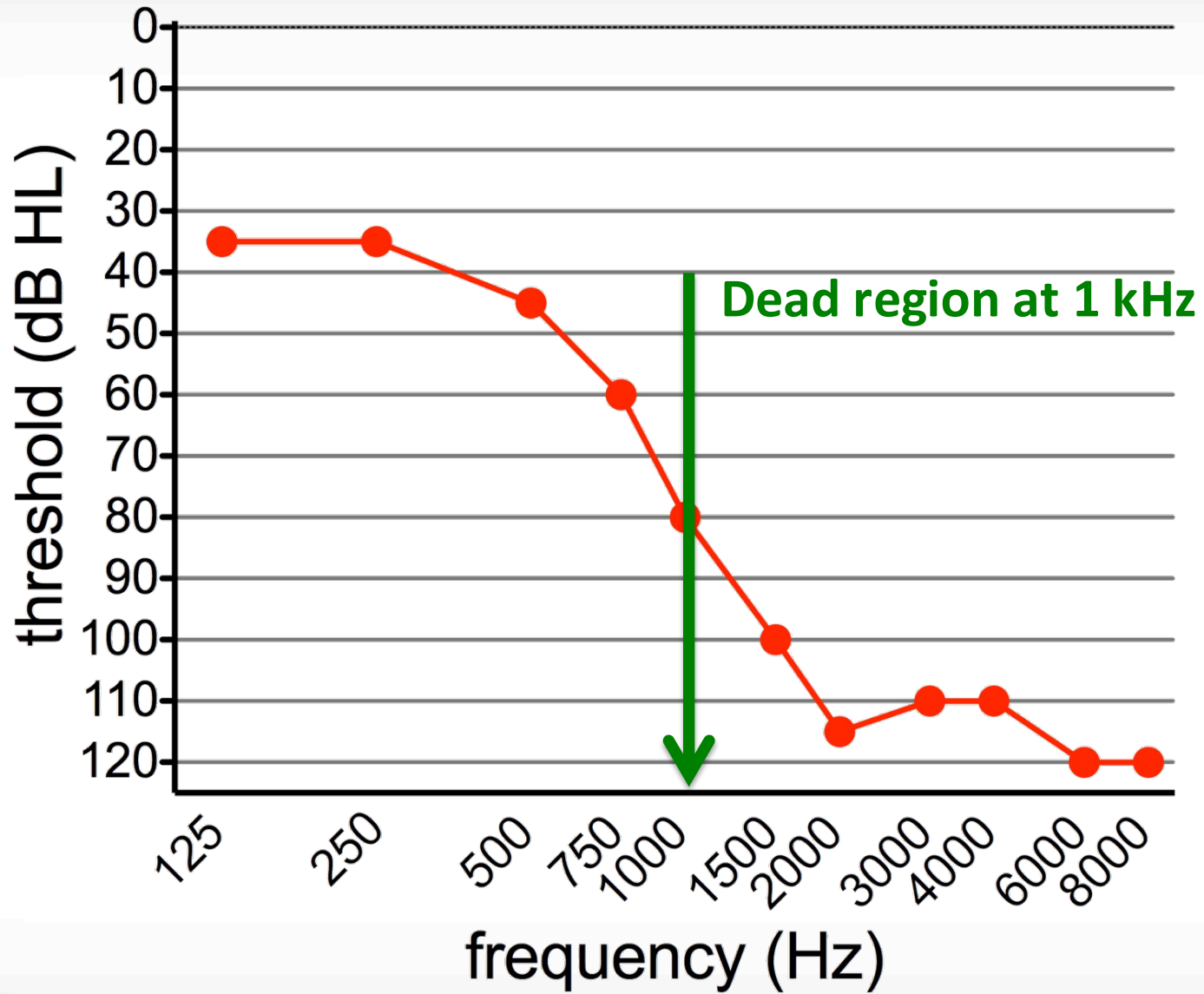


n = 22

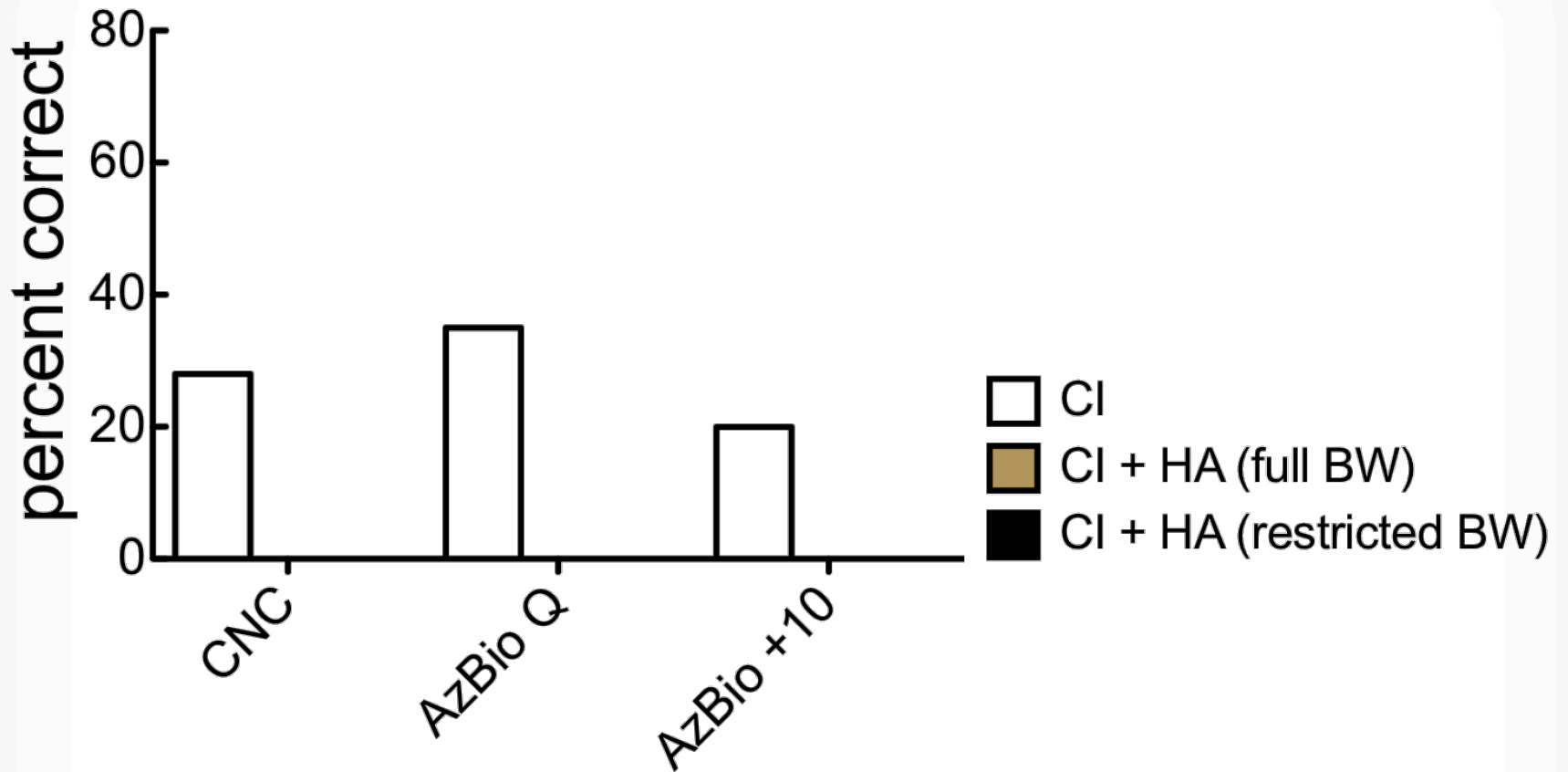
# Case study

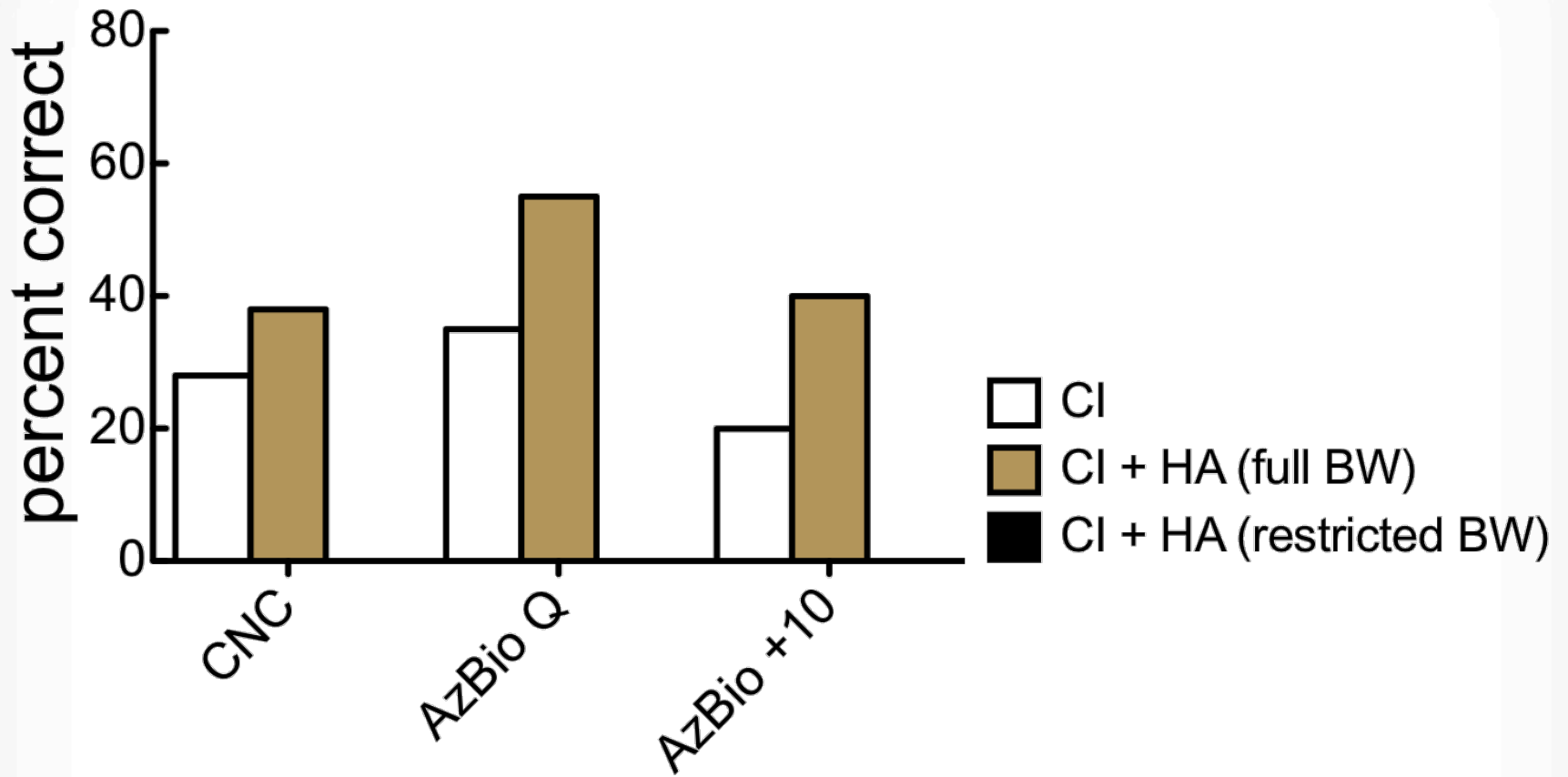
# BIMODAL CASE STUDY

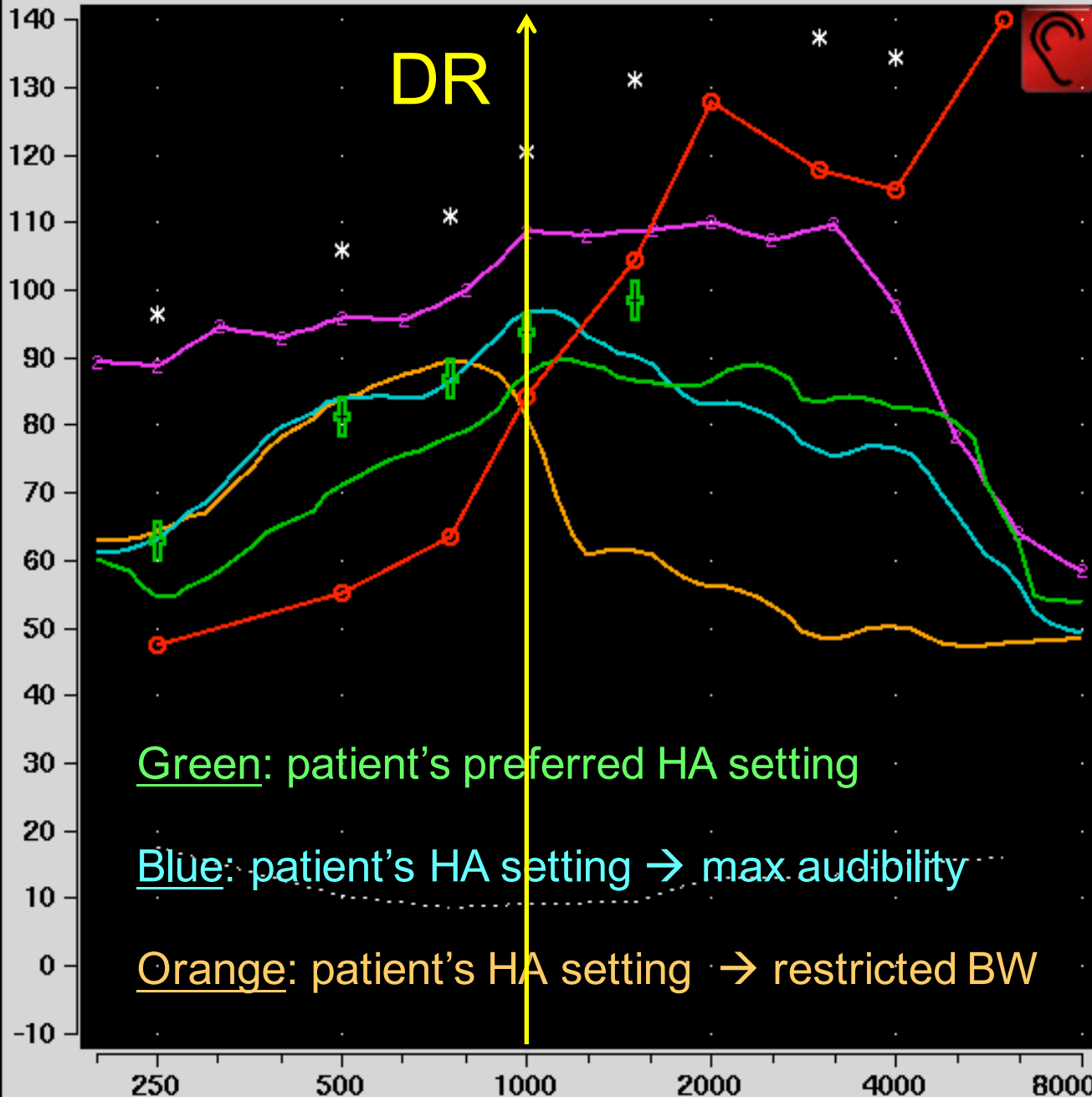
- 75-year old male
- Left CI: 18 months experience
- Considerable health problems
- Struggling with CI
  - Despite bimodal benefit, very frustrated with HA











Instrument: BTE

Mode: Test box

Format: Graph

Scale (dB): SPL

**Audiometry**

Age: Adult

Transducer: Insert+Foam

UCL: Average

RECD: Average

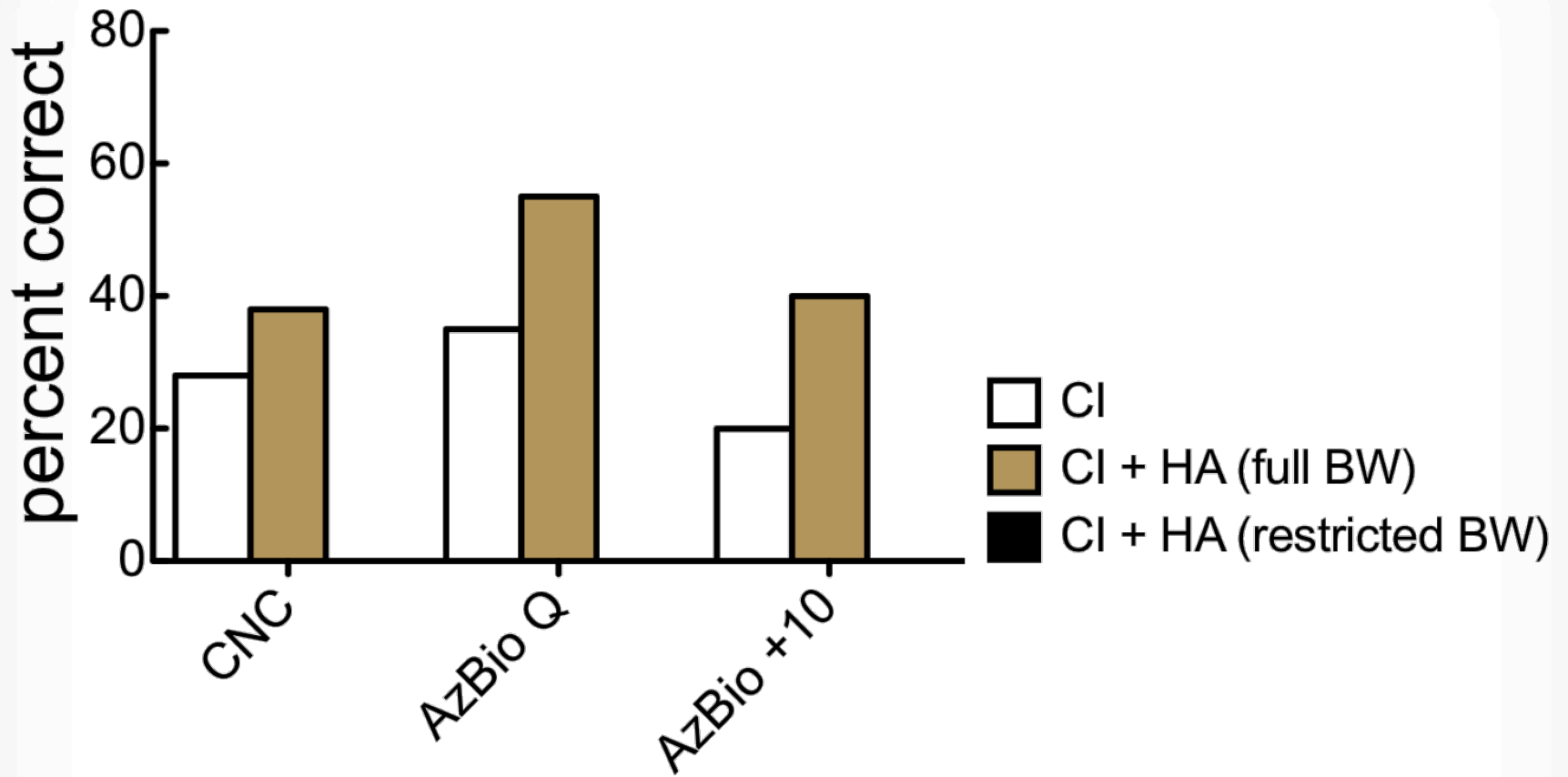
BCT: N/A

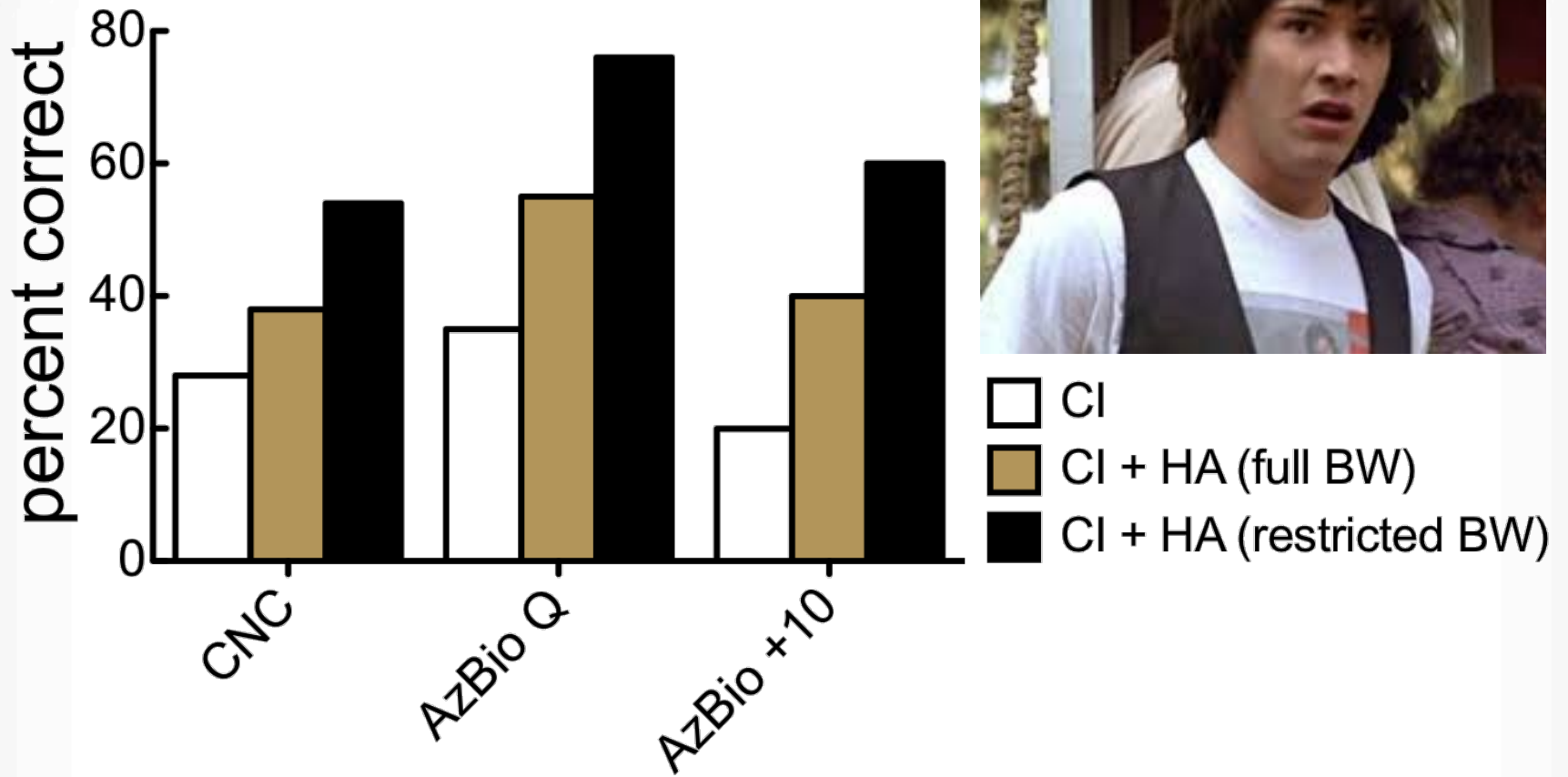
Binaural: No

Test	Stimulus	Level	SII
1	Speech-std(1)	Avg (60)	29
2	MPO	90	N/A
3	Speech-std(1)	Avg (60)	33
4	Speech-std(1)	Avg (60)	28

Unaided avg (65) 13

Curve Hide / Show

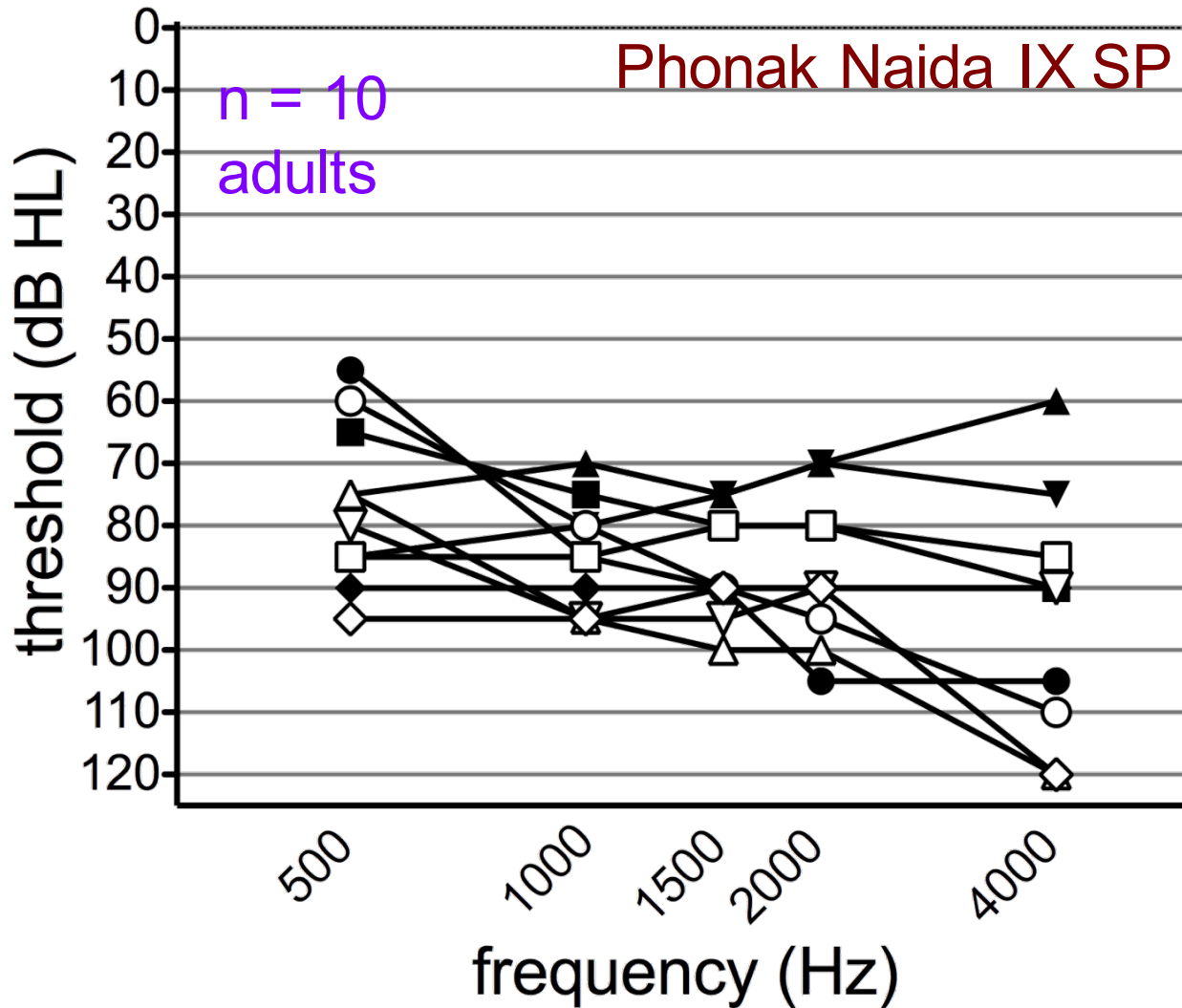




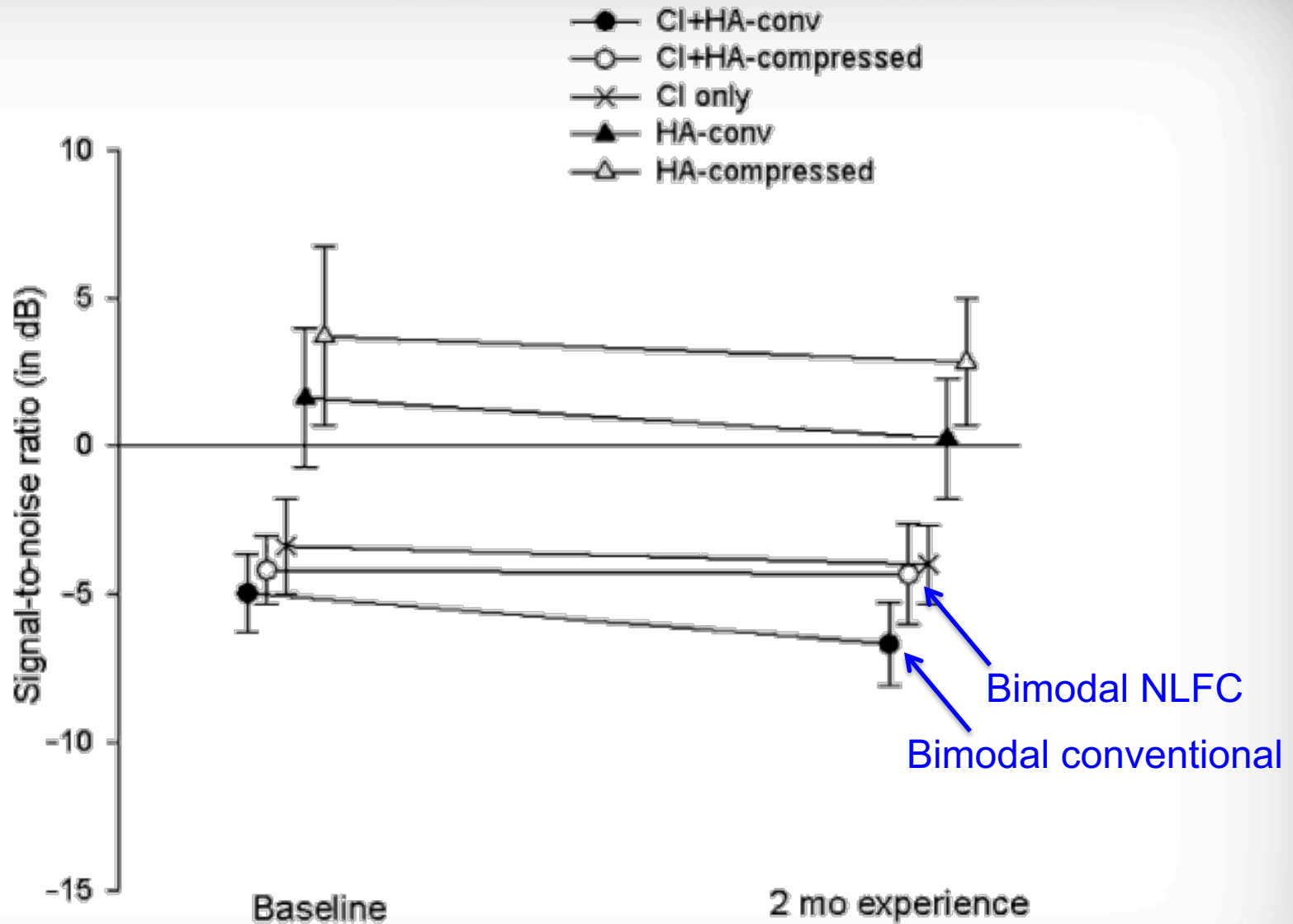
# Bimodal hearing with non-linear frequency compression (NLFC)

## Adults

# Nonlinear frequency compression: non-CI ear

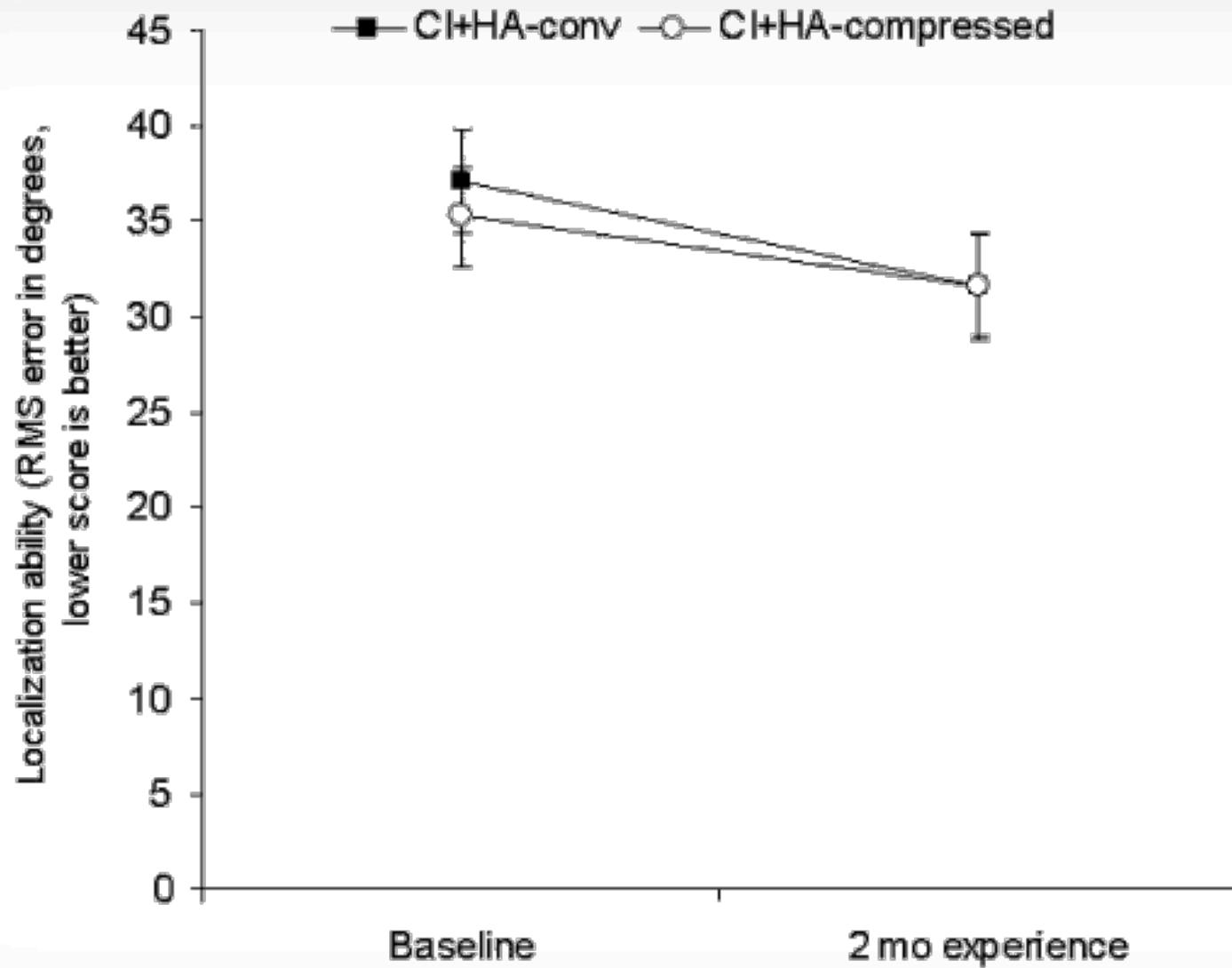


Perreau et al. (2013). JAAA, 24:105–120.

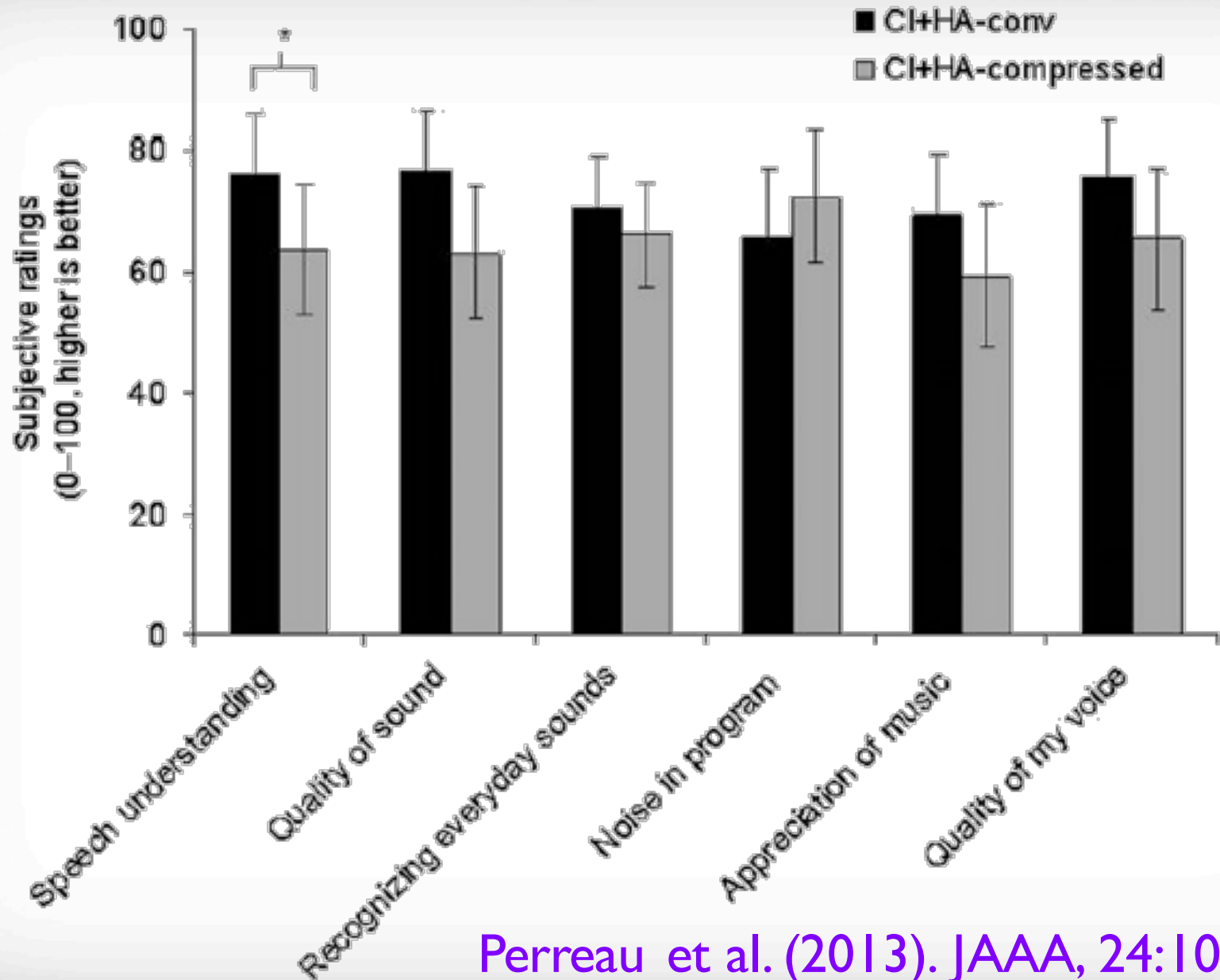


Perreau et al. (2013). JAAA, 24:105–120.





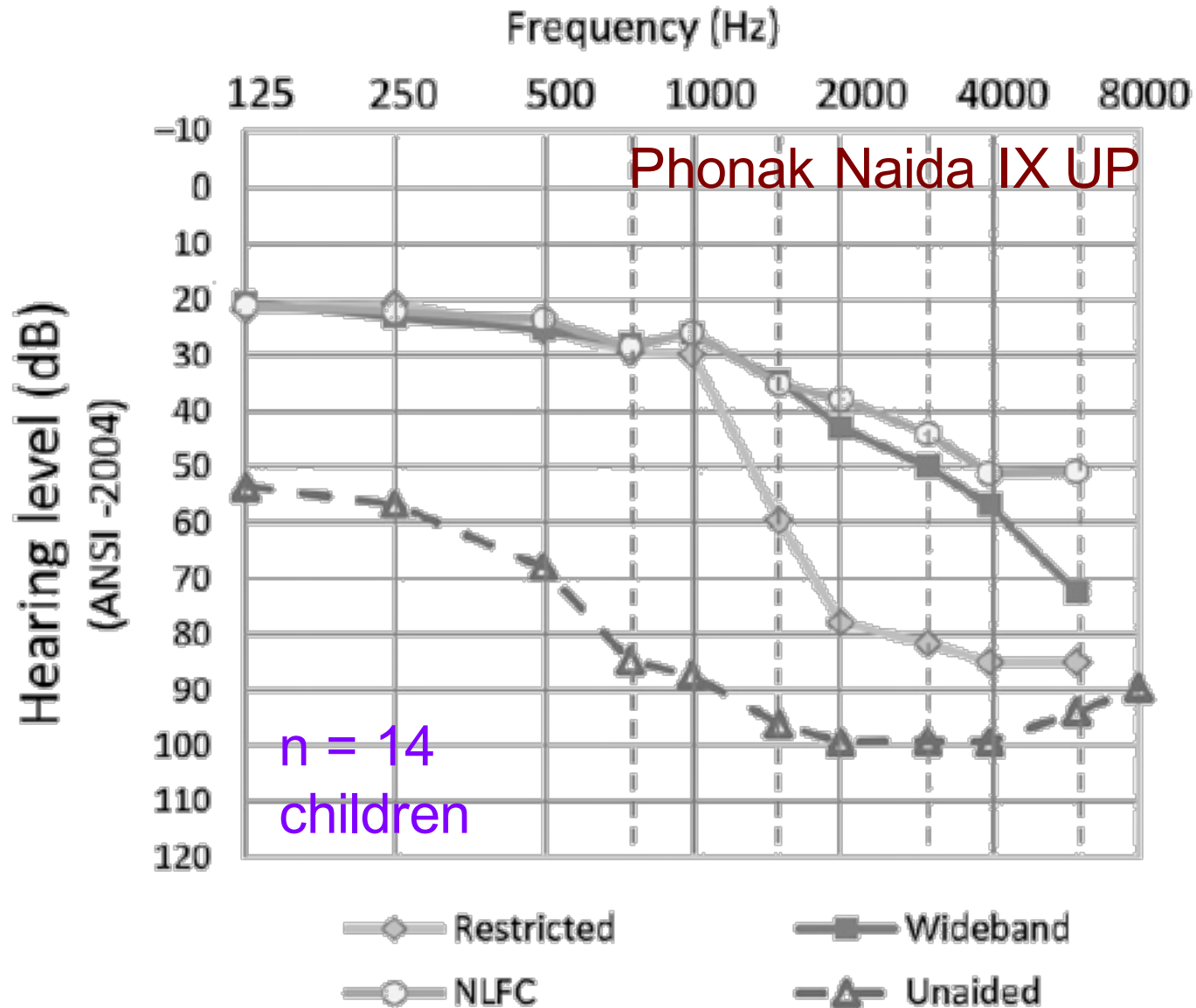
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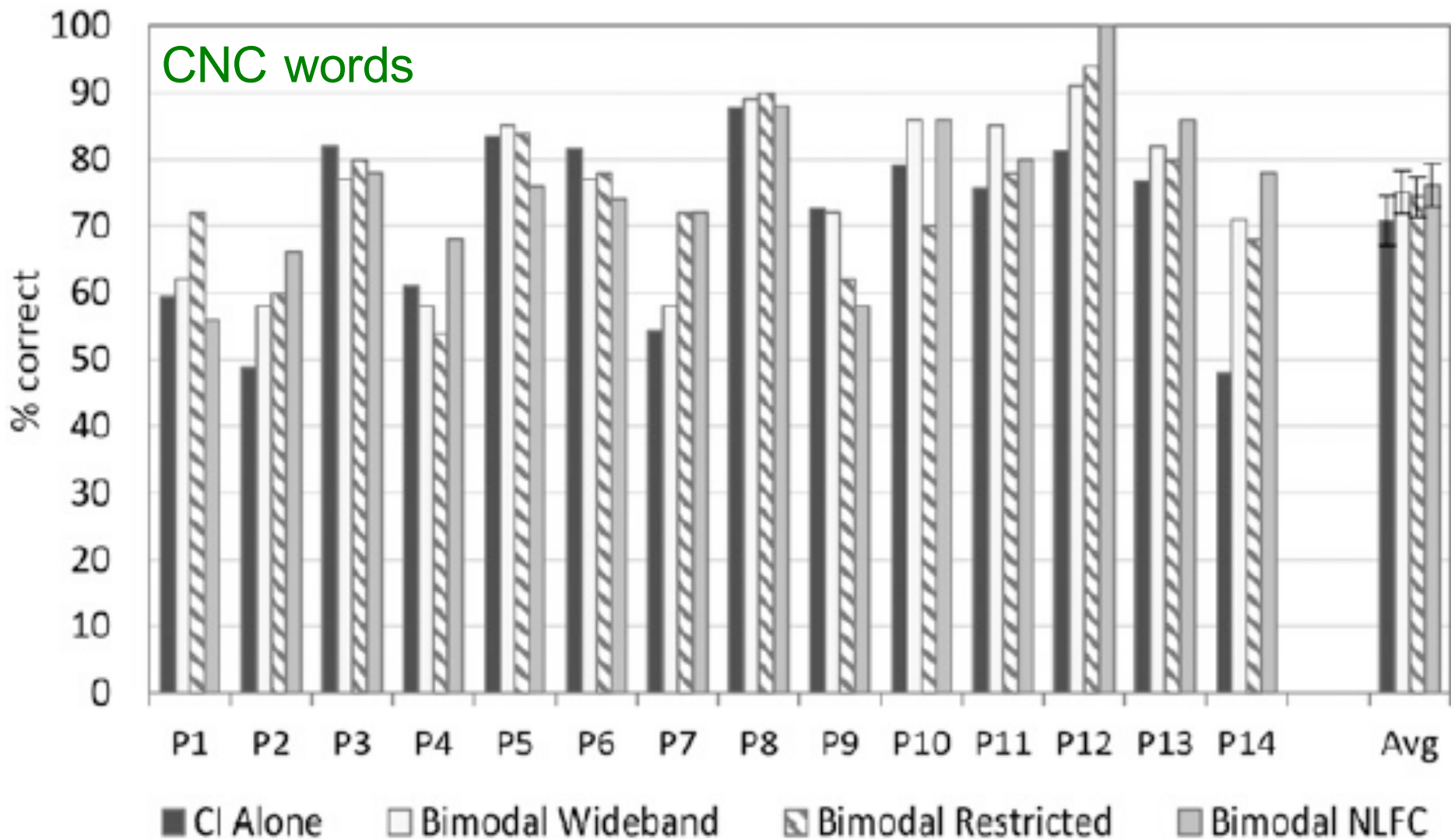
# Bimodal hearing with non-linear frequency compression (NLFC)

## Children

# Nonlinear frequency compression: non-CI ear

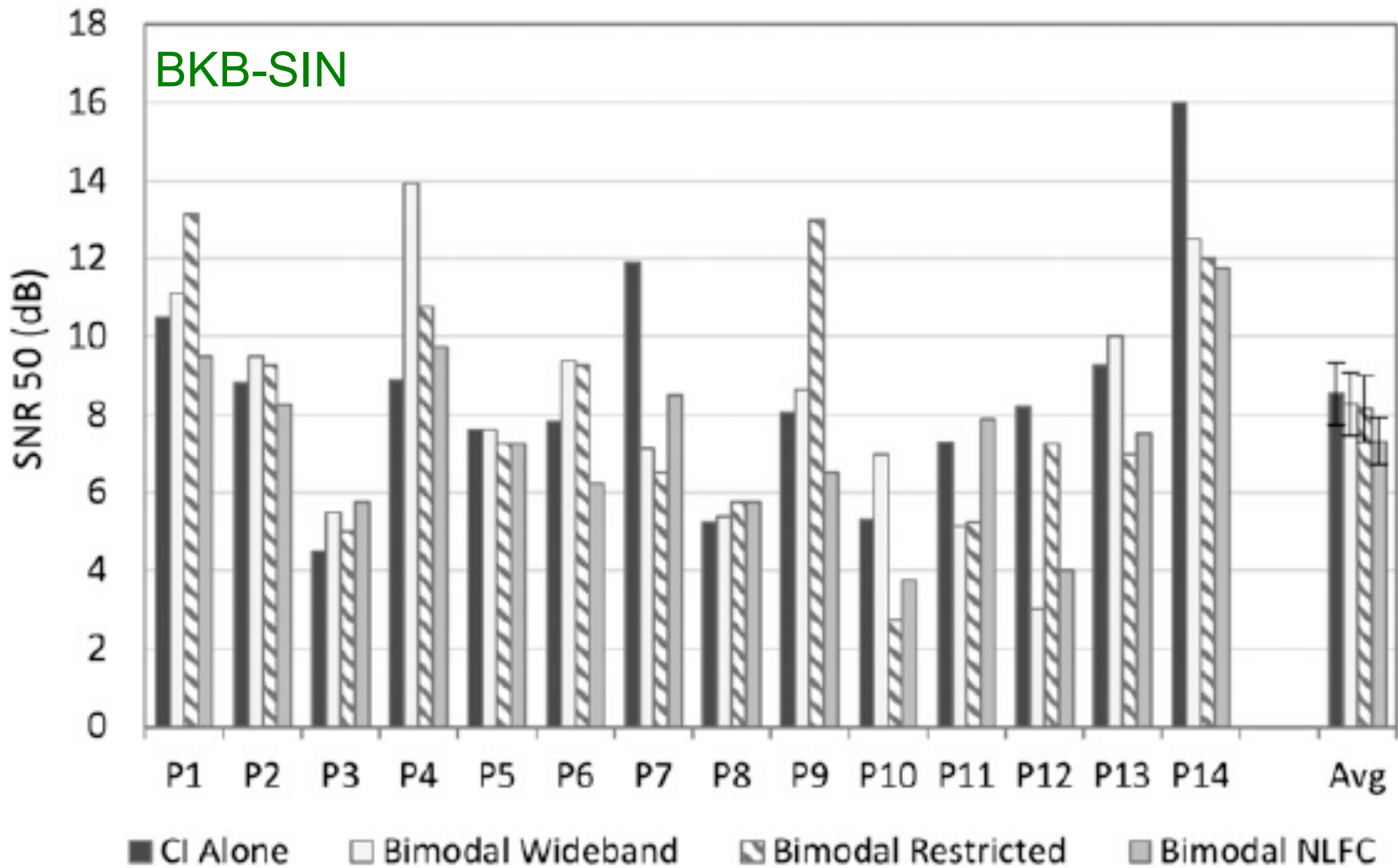


Davidson et al. (2015). JAAA, 26:393–407.

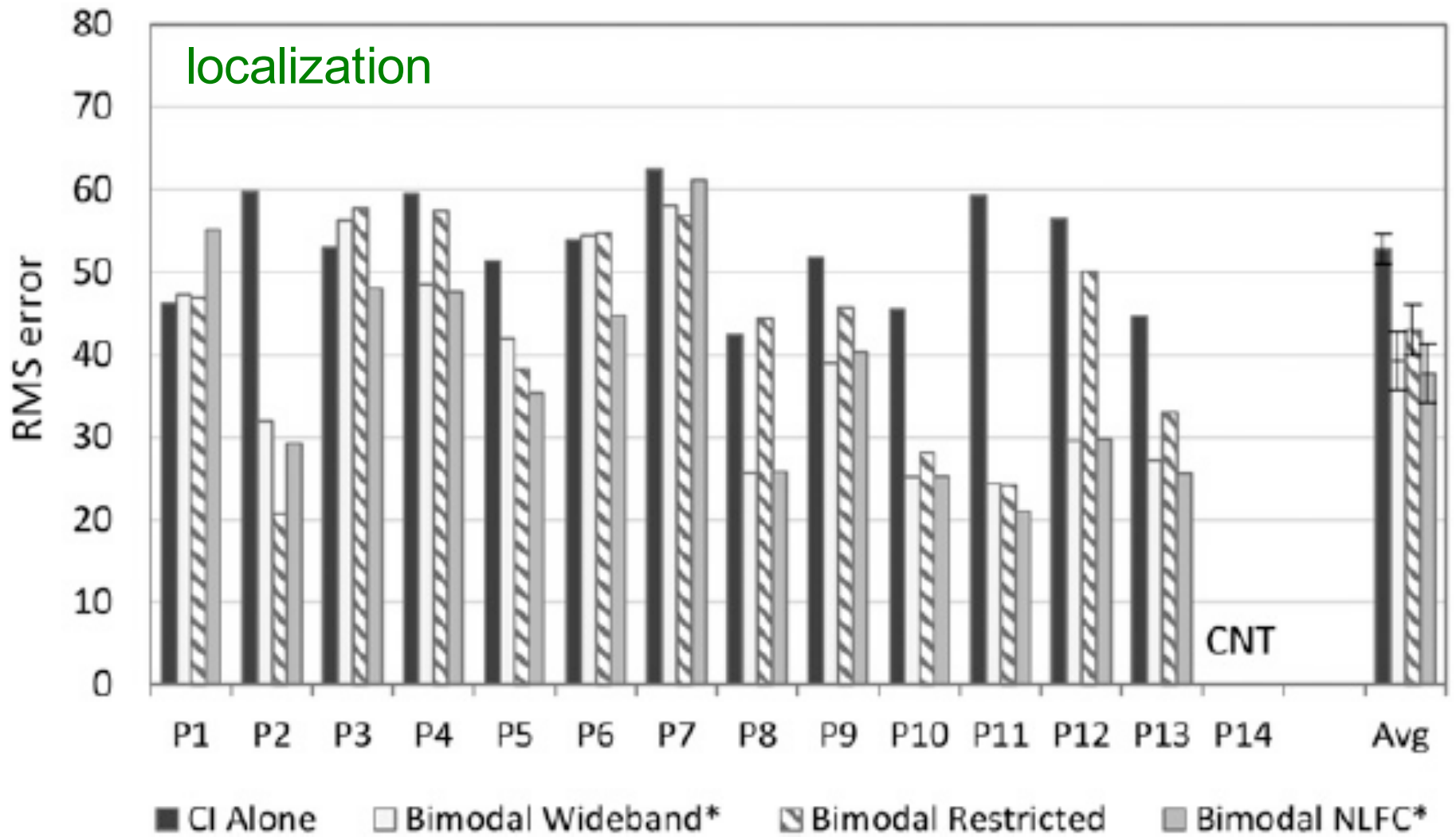


Davidson et al. (2015). JAAA, 26:393–407.

BKB-SIN



Davidson et al. (2015). JAAA, 26:393–407.



Davidson et al. (2015). JAAA, 26:393–407.

# CI considerations

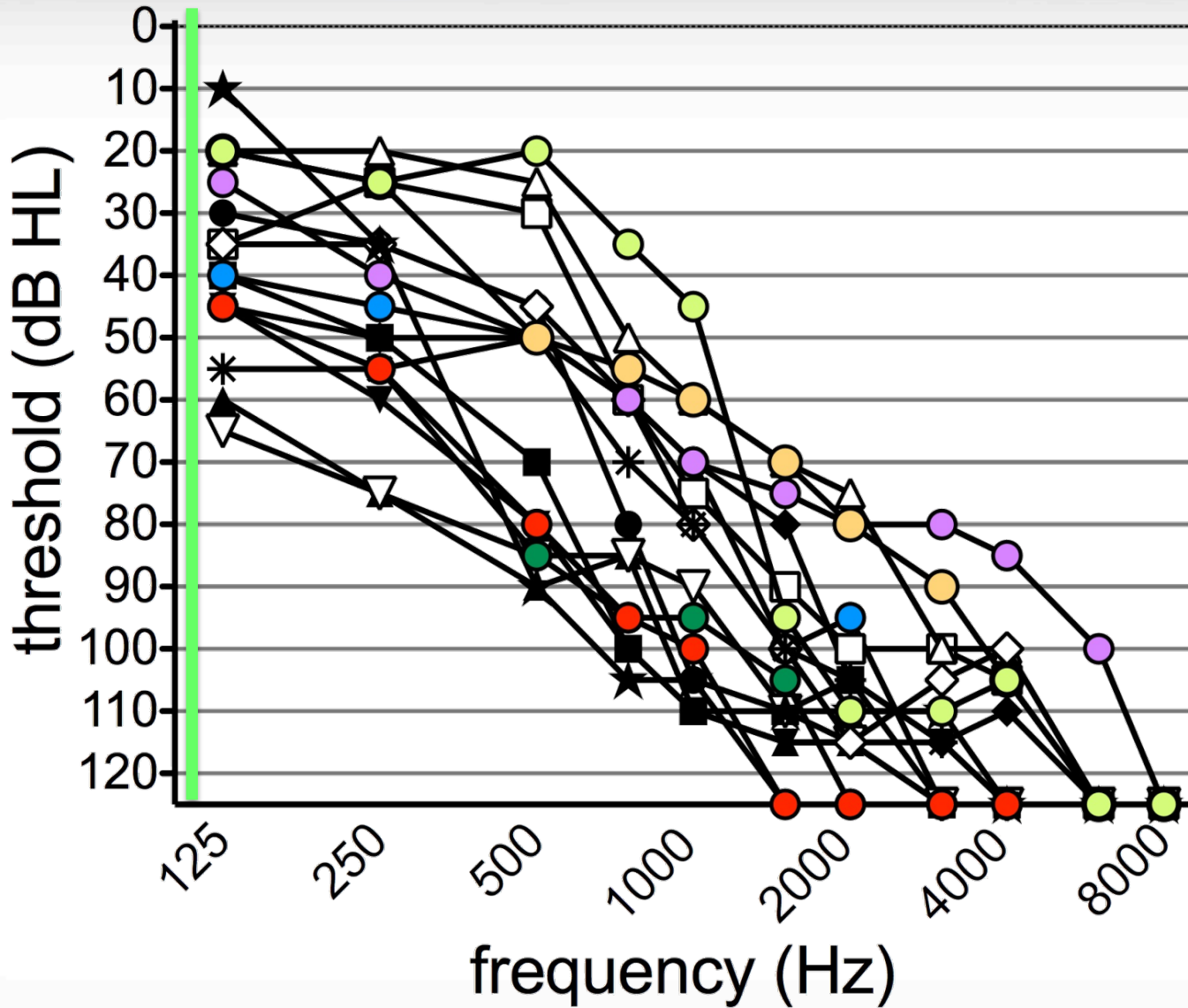


## Gifford et al. (submitted)

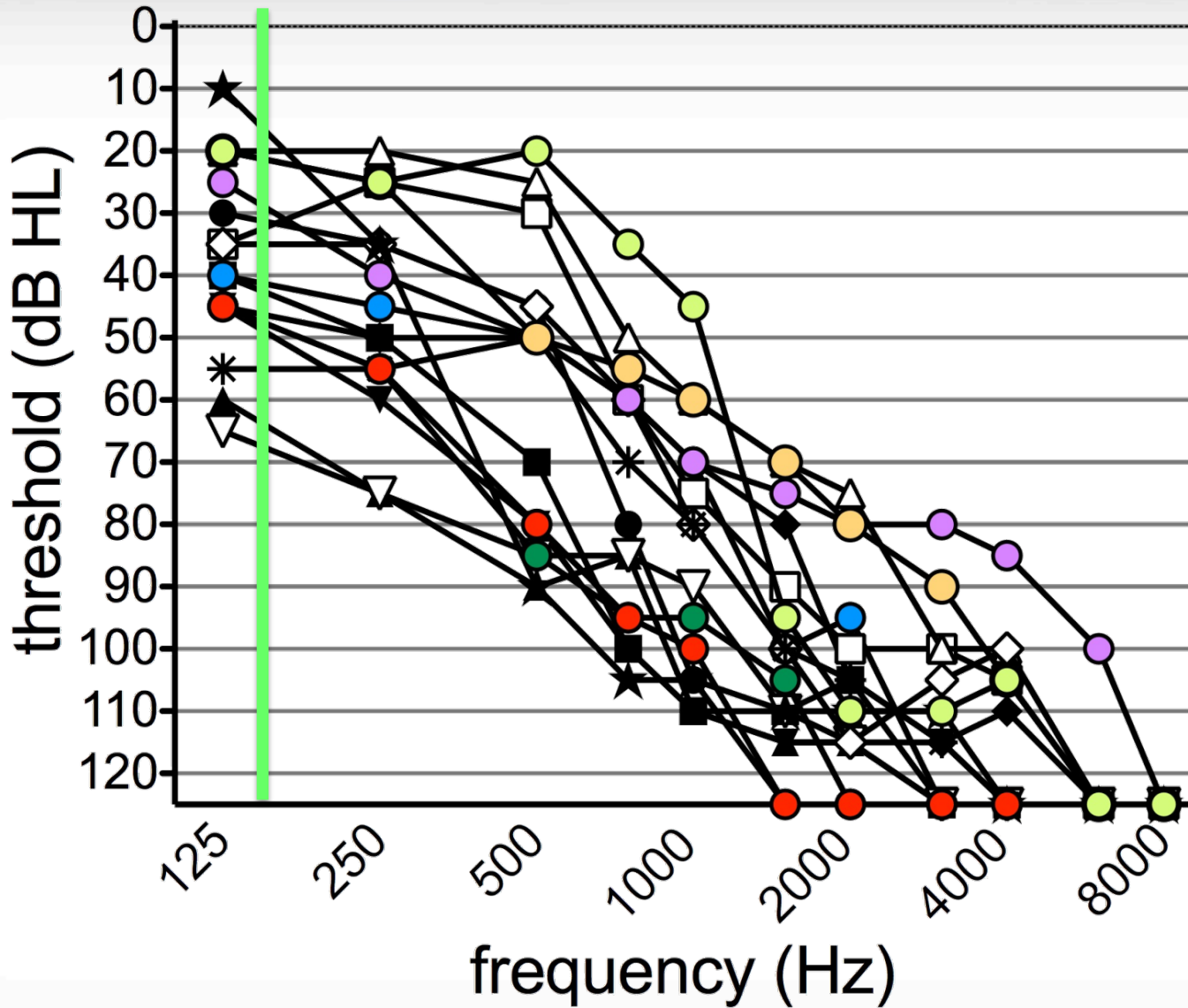
- $n = 17$
- Adult CI recipients w/ hearing preservation
  - Mean age = 63 years
- Experienced users (6+ months with CI)
- Cochlear & MED-EL recipients

## Gifford et al. (submitted)

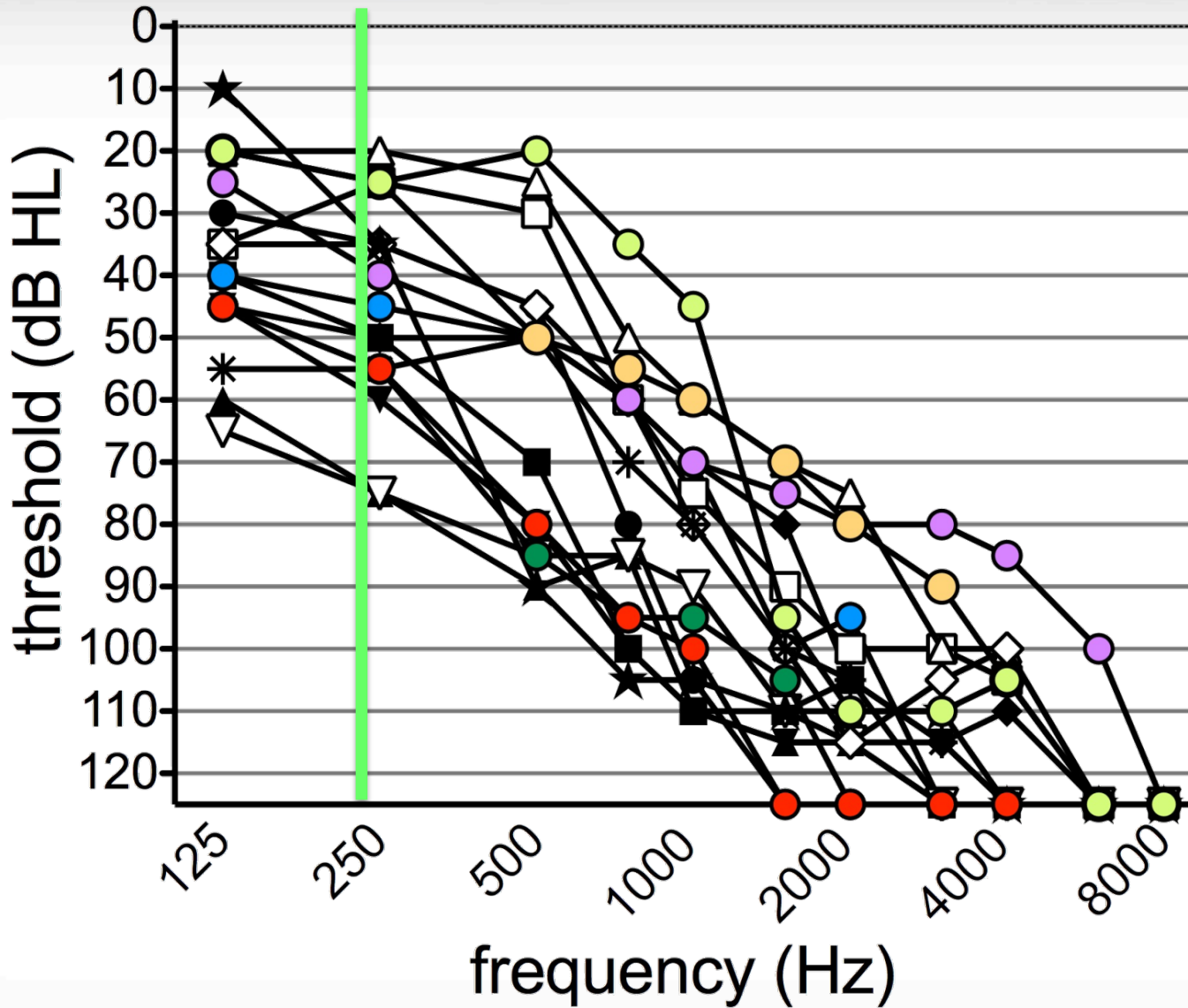
- Fit acoustic amplification in non-CI ear to limits of hearing loss (no NLFC)
- Varied the starting frequency of the CI
  - Nucleus: 188, 313, 438, 563, 688, and 813 Hz
  - MED-EL: 70, 150, 250, 350 Hz
- Speech understanding in semi-diffuse noise (R-SPACE™)
  - restaurant noise = 62 dBA
  - AzBio sentences = 67 dBA



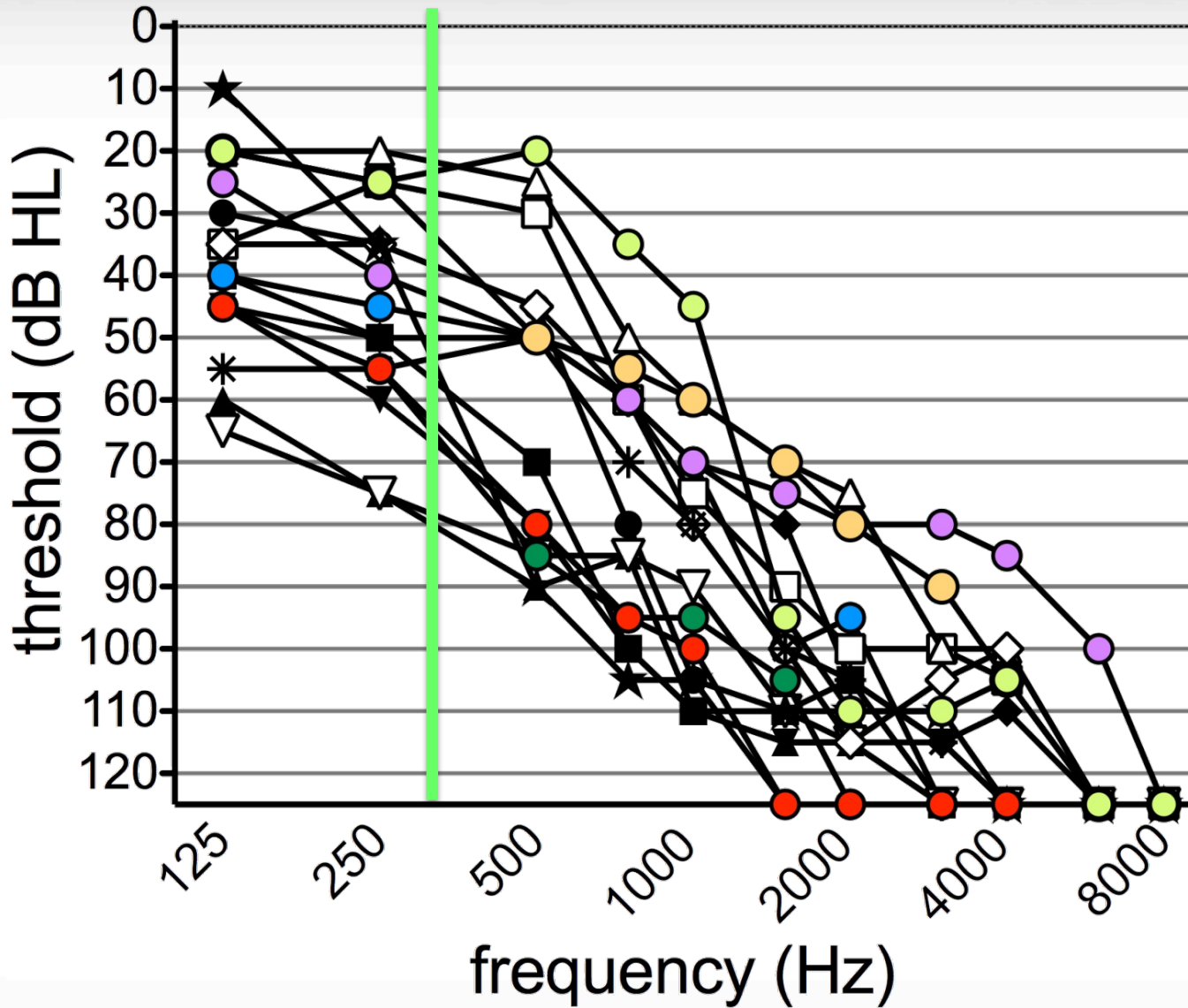
Gifford et al. (submitted).



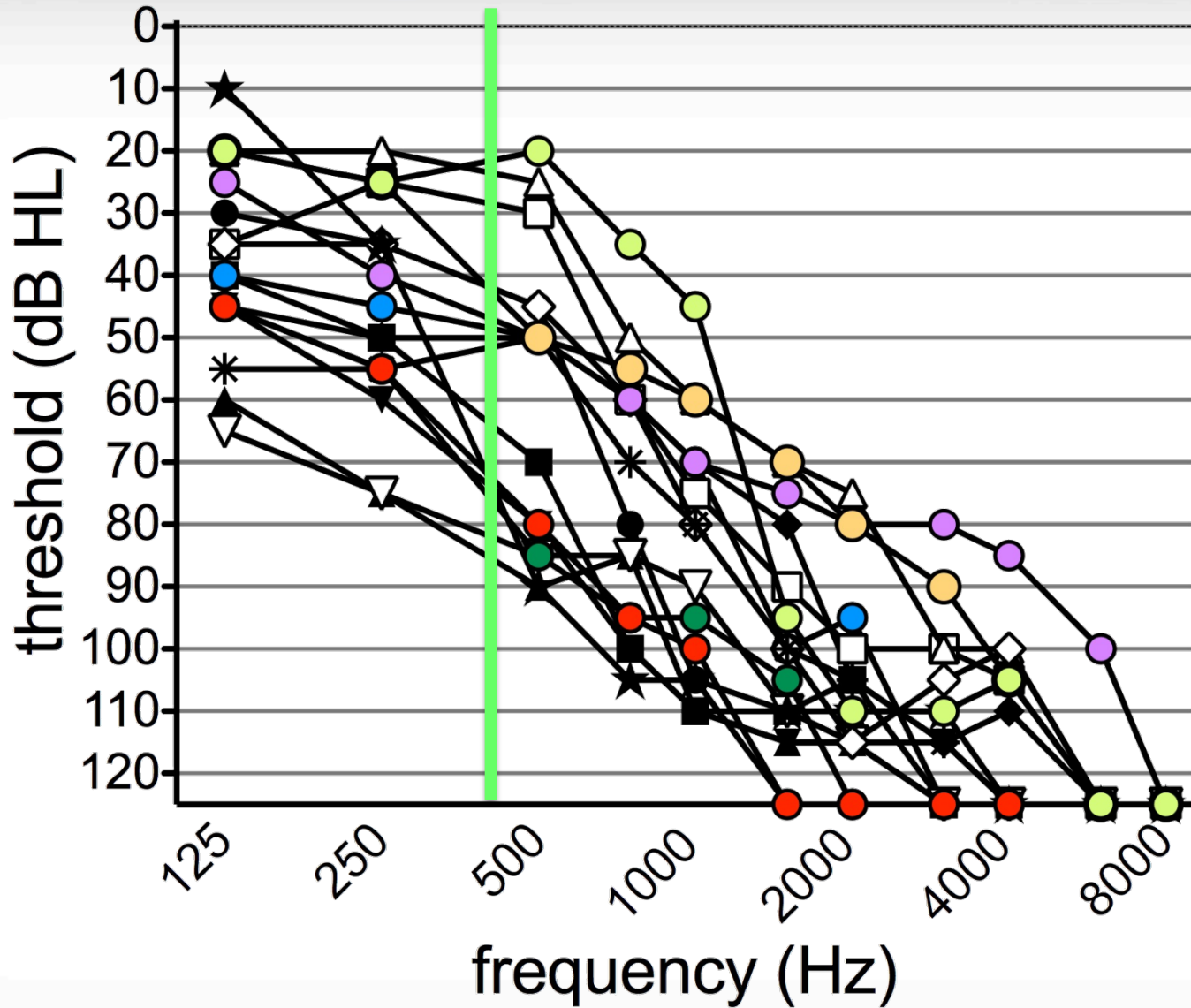
Gifford et al. (submitted).



Gifford et al. (submitted).



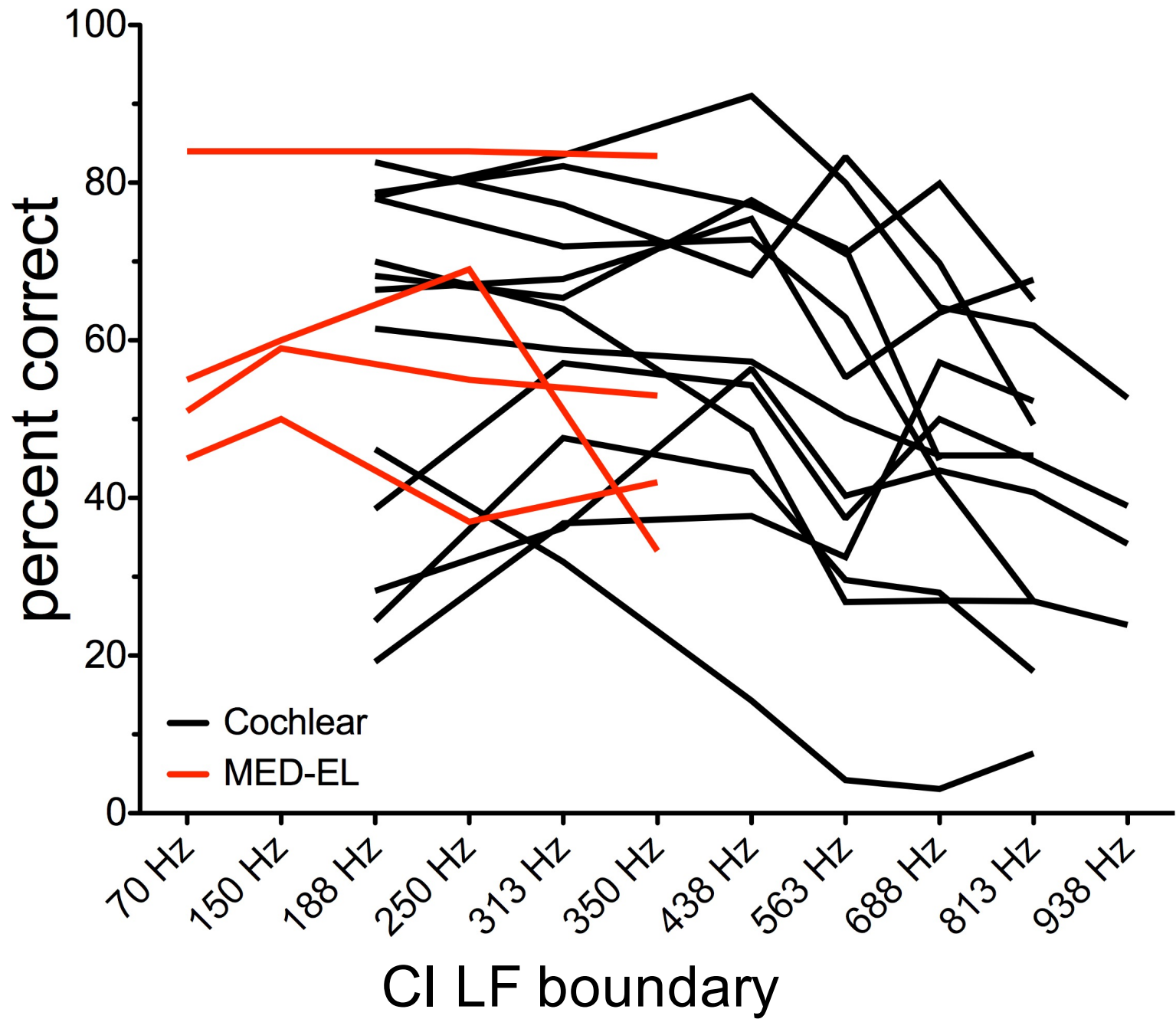
Gifford et al. (submitted).

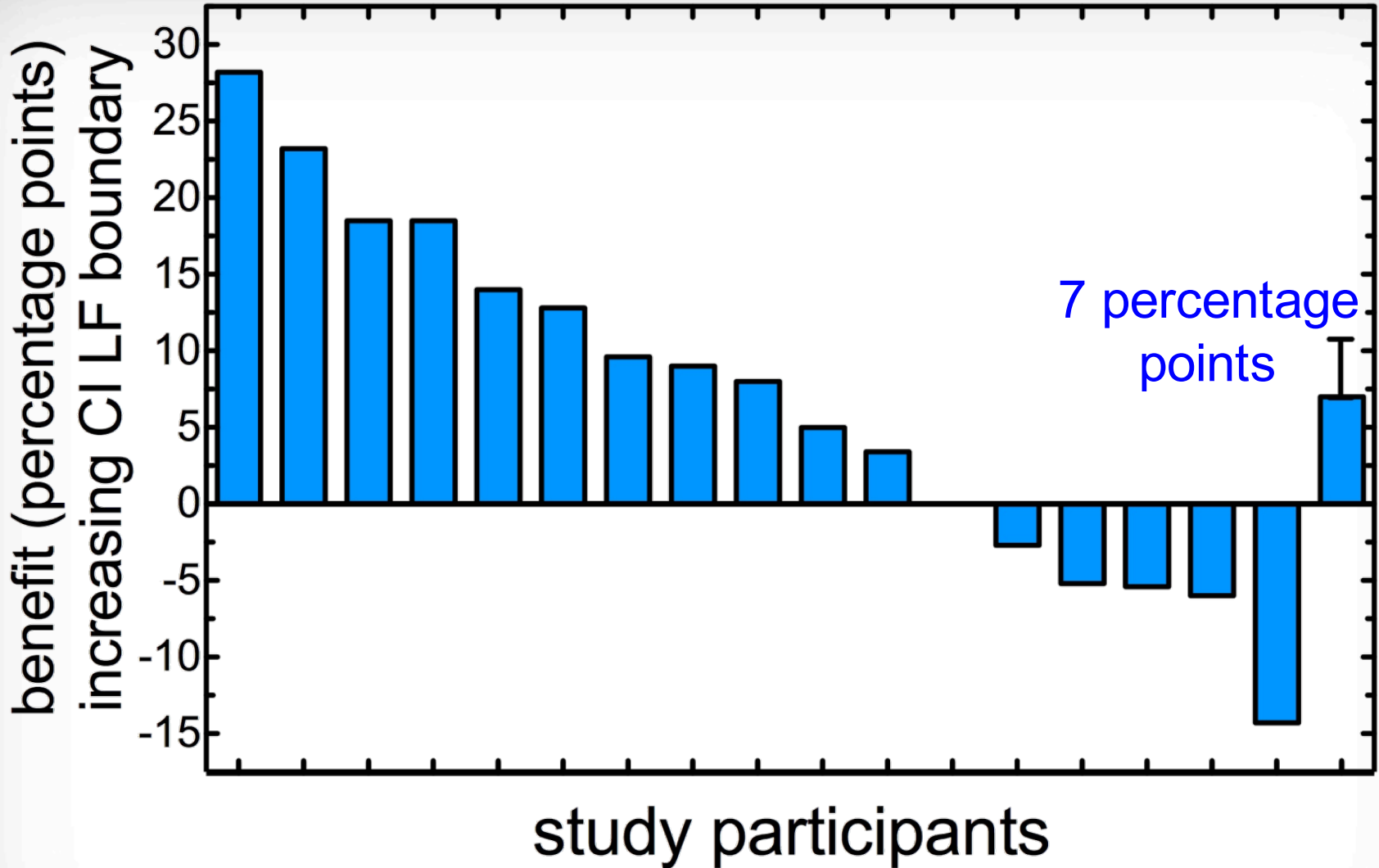


Gifford et al. (submitted).

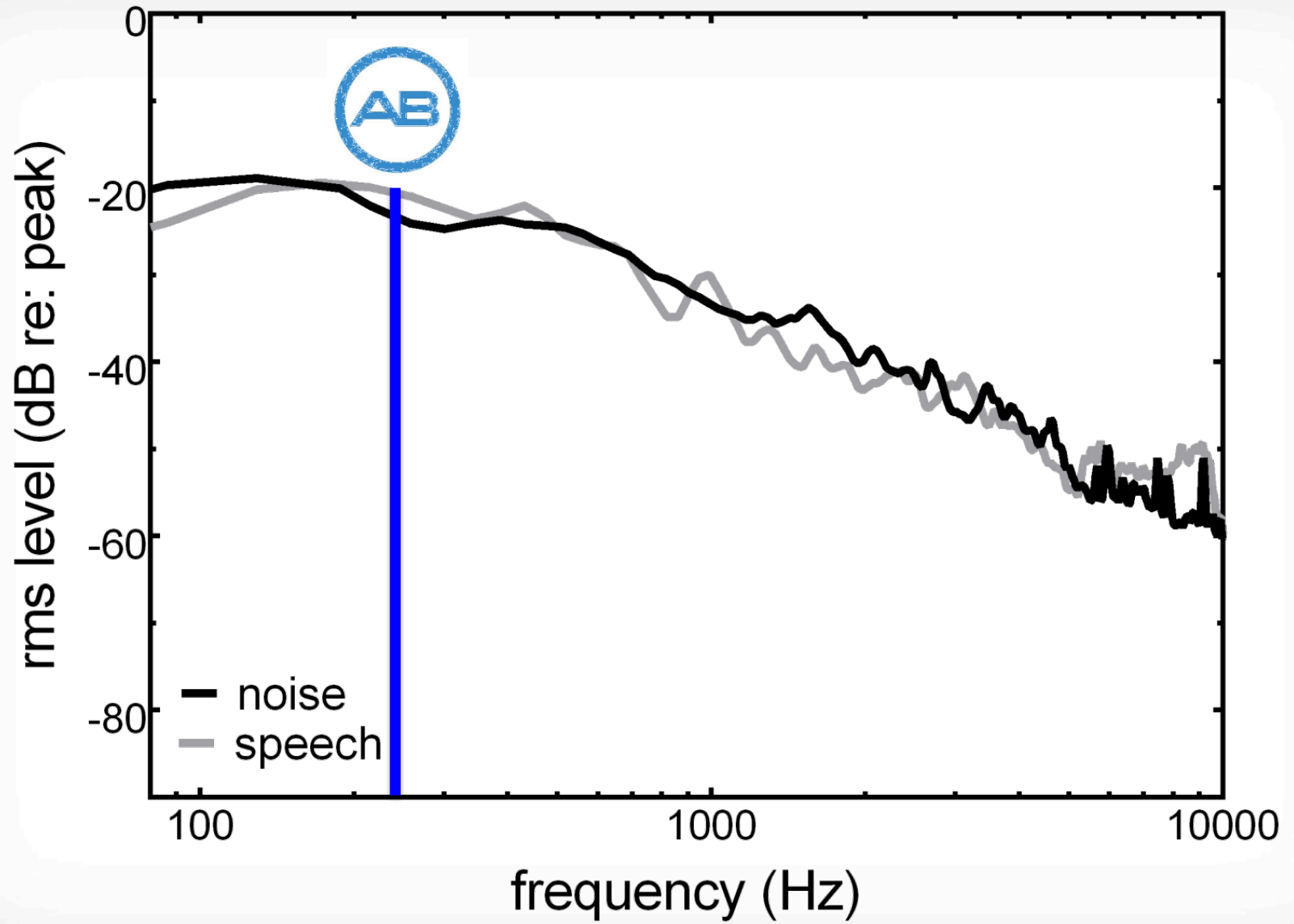
# Preliminary results







See also Fowler et al. (2015). J Speech Lang Hear Res.  
Epub ahead of print



# CONCLUSIONS

- Bimodal/EAS patients are complex
- Audiologic management
  - time intensive
  - billing, reimbursement, scheduling
  - Programming and verification of CI + HA(s) is not evidence based
    - Studies with large samples are needed!
  - Prescriptive formulas? EAS overlap? Upper limit for amplification in CI ear? Limits for CI bandwidth?

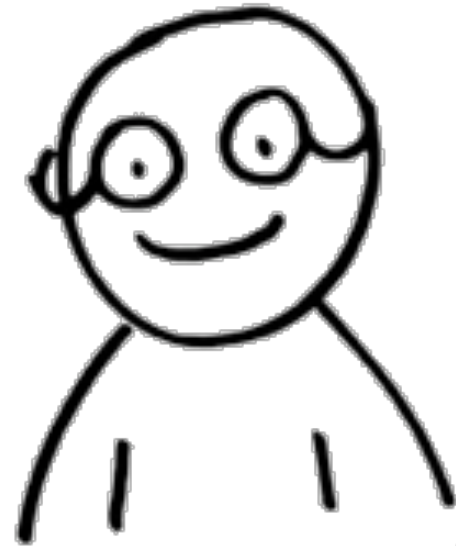
# CONCLUSIONS

- Bimodal/EAS patients are complex
- Increasing complexity → audiologists who are not HA & CI proficient?

Imagine if we saw two different optometrists...



# BI-MONOCLES



...because any fool can wear glasses, but it takes skill to manage two monocles.

I thank you for your attention!  
Questions? Comments?

