User Guide

eXtra™

PHONAK

hearing systems

0459
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome</td>
<td>3</td>
</tr>
<tr>
<td>Description</td>
<td>4</td>
</tr>
<tr>
<td>Preparation</td>
<td>6</td>
</tr>
<tr>
<td>- Replacing the battery</td>
<td>6</td>
</tr>
<tr>
<td>- Inserting eXtra in your ear</td>
<td>10</td>
</tr>
<tr>
<td>- Removing eXtra from your ear</td>
<td>12</td>
</tr>
<tr>
<td>Operation</td>
<td>14</td>
</tr>
<tr>
<td>- Switching ON/OFF</td>
<td>14</td>
</tr>
<tr>
<td>- Controlling the volume (optional)</td>
<td>16</td>
</tr>
<tr>
<td>- Selecting a hearing program</td>
<td>17</td>
</tr>
<tr>
<td>- Telecoil (optional)</td>
<td>18</td>
</tr>
<tr>
<td>- EasyPhone (optional)</td>
<td>19</td>
</tr>
<tr>
<td>Maintenance</td>
<td>22</td>
</tr>
<tr>
<td>- Important points</td>
<td>22</td>
</tr>
<tr>
<td>Warning</td>
<td>24</td>
</tr>
<tr>
<td>Service and Warranty</td>
<td>25</td>
</tr>
<tr>
<td>Phonak distributors worldwide</td>
<td>26</td>
</tr>
</tbody>
</table>
Welcome

Your new eXtra hearing system uses the very latest advances in digital hearing technology. eXtra offers you automatic function, providing the highest sound quality and hearing comfort in most hearing situations. High-tech has turned highly sophisticated hearing systems into convenient devices that are easy to use.

Please read this manual carefully to benefit from all the features of your new eXtra hearing system. Ask your hearing care professional if you have any questions.

eXtra is a quality product developed by the Swiss company Phonak, a world leader in hearing technology, innovation and reliability. With proper care and usage, your eXtra hearing system will support your hearing and understanding for many years.

If you want additional information about eXtra, please visit the Phonak website www.phonak.com.

Phonak – Your partner for good hearing!
Description

eXtra 11 CIC/MC
Standard Battery size 10

eXtra 22 ITC/HS
eXtra 22 ITC/HS AZ
Standard Battery size 312
eXtra 33 FS
eXtra 33 FS AZ
eXtra 33 FS Power
Standard Battery size 13

① Protected Microphone Input
   (2 on models with AudioZoom technology)
② Battery compartment with ON/OFF
③ Program switch (optional)
④ Volume control (optional) with ON/OFF
⑤ Receiver (Sound outlet)
⑥ Custom made shell
⑦ Removal handle (eXtra 11 only)
Preparation

Replacing the battery

1) Remove the protective foil from the new battery.

2) Hold the hearing system with the battery compartment upwards and open the battery cover.
3) Remove the old battery.

4) Insert the new battery. Please ensure that the "+" sign on the battery (flat side) is on the same side as the "+" sign on the battery cover.
5) Gently shut the battery cover, until you feel it “click” into place.
Replacing the battery

⚠️ Handle the battery cover gently and do not use excessive force.
⚠️ Do not try to open the cover further than shown on the drawing.
⚠️ If there is any resistance when closing the cover, ensure that the battery is correctly inserted. The cover will not close if the battery is inserted upside down.
⚠️ When your hearing system is not in use, leave the battery compartments open to allow any moisture to evaporate.
⚠️ We recommend to only use batteries which your hearing care professional approves and sells.

Low battery warning:
An acoustic signal gives you an early warning that the battery is approaching exhaustion. You usually have at least 30 minutes to replace the battery. With very high quality batteries, this reserve may be higher and the hearing system will repeat the low battery warning approximately every 30 minutes.
Inserting eXtra in your ear

If possible, select the mute mode (see page 15) before insertion to avoid whistling.

Alternatively, your hearing care professional may have activated a delayed start-up timer. This function delays the activation of the hearing system (for 9 or 15 seconds) after the battery door was closed.

Before insertion, please ensure that you are using the proper left and right hearing systems. Your hearing systems are identified as follows:

Blue = left hearing system
Red = right hearing system
Grasp the hearing system between the thumb and index finger, using the hand on the same side you wear your hearing system. Insert it canal end first into the ear canal. Tug gently on your ear lobe and push the hearing system into the correct position.
Preparation

Removing eXtra from your ear

If possible, select the mute mode (see page 15) before removing your eXtra to avoid whistling.

- eXtra with removal handle
  Grasp the handle between your thumb and index finger and pull the hearing system upwards out of your ear.
• eXtra without a removal handle
Put your thumb behind your lobe, (just below the hard cartilage) and gently press your ear upward to push the hearing system out of the canal. In order to help it along, make chewing movements with your jaw.

Grasp the protruding hearing system and remove it.
Operation

Switching ON/OFF (without volume control)

Switching ON:

The hearing system is switched ON when the battery cover is closed.

Switching OFF:

To switch the hearing system OFF, open the battery cover.
Note:
Switching eXtra ON /OFF with volume control see page 16

Your hearing care professional may have delayed the activation of your eXtra hearing system after switching ON (9 or 15 seconds), in order to avoid any disturbance when placing it in your ear. The activation is confirmed by an acoustic signal.

Note:
The mute mode may be used as a temporary OFF function, allowing you to switch your hearing system OFF for a short period of time (i.e. while inserting or removing the instrument, short breaks etc.). Please be aware that the mute mode still consumes some energy from the battery.
Operation

Controlling the volume (optional) and switching ON/OFF (with volume control)

Increase volume:
Turn the volume control forwards.

Reduce volume:
Turn the volume control backwards.

Note:
A single beep indicates the default volume setting.
Switching ON:
Turn the volume control forwards slightly for both left and right ears until a "click" is felt. Wait for about two seconds until the instrument powers-up, then set the volume as desired.

Switching OFF:
Turn the volume control backwards until a "click" is felt.

Selecting a hearing program
The first program in eXtra is able to recognize quiet or noisy environments and automatically selects the most appropriate features.

Program switch (optional):
Pressing the program switch allows toggling between the programs.
Operation

**Enhanced program selection:**
Upon request, your hearing care professional can program for you additional individual hearing programs dedicated to specific hearing situations.

**Important:**
Ask your hearing care professional to print out the complete description of your individual hearing programs and how to access them with your program switch.

**Telecoil (T-coil) (optional)**
Your hearing care professional may have activated a T-coil in your eXtra hearing systems. The programs with T-coil are used with telephones that are compatible with hearing systems or with induction loop systems (present in some school settings, theaters, churches etc.).
EasyPhone (optional)

The EasyPhone function enables your eXtra hearing system to automatically select your telephone program when the telephone handset is held close to your ear. An acoustic signal confirms the switching. It automatically returns to the previous hearing program when the telephone handset is removed from your ear.

Some telephones produce a magnetic field strong enough to activate your EasyPhone function. Other types of telephones require an additional magnet fixed on the receiver to activate this function.
Operation

Fixing the EasyPhone magnet

Clean the telephone handset thoroughly.

Hold the telephone handset nearly vertically, similarly to making a telephone call. Hold the magnet near to the "listening end" of your telephone handset and release it. The magnet will automatically flip to the correct side at the right location.

Use the double sided adhesive tape to stick the magnet to the location described before. Do not cover the sound openings of your handset. Make sure the magnet is safely fixed to the "listening end" of the telephone handset.
Use of EasyPhone

Use the telephone in a normal manner. At the beginning, you may need to move it slightly to find the optimum position for reliable switching and comfortable hearing.

If necessary, move the magnet to another position on the handset to increase your comfort of use.

⚠️ Keep magnets out of reach of children and pets. If a magnet is swallowed, please seek the advice of a medical practitioner.

⚠️ The magnet used to strengthen the magnetic field of your phone may affect some medical devices or electronic systems.

*Always keep the magnet (or the telephone equipped with the magnet) at least 30 cm (12") away from pacemakers, credit cards, floppy disks or other magnetically sensitive devices.*

⚠️ Too high distortion during dialing or phoning may mean that the phone receiver is stressed by the magnet. To avoid any damage, please move the magnet to another place on the telephone receiver.
Maintenance

Important points

1) Always use new batteries as replacements. You can return empty batteries to your hearing care professional.

2) When your hearing system is not in use, leave the battery compartment open to allow any moisture to evaporate.

3) If you will not be using your hearing systems for a long period of time, store them in their protective case. Remove the batteries and leave the battery compartments open. Make sure your hearing systems are completely dry before closing the case.

4) Protect your hearing systems from excessive moisture and heat. Always remove your hearing systems before showering, bathing or swimming. Do not leave instruments near windows or in a car. Avoid strong jolts and vibration.

5) Daily cleaning and the use of a drying system is highly recommended. We recommend CleanLine from Phonak to care for your eXtra hearing systems. Your hearing care professional will gladly
advise you. Never use household cleaning products (washing powder, soap, etc.) to clean your hearing systems.

6) Hair spray, face creams and make-up can damage hearing systems. Remove them before applying cosmetics.

7) If you experience any soreness or inflammation in your ear, contact your hearing care professional.

8) If your hearing system fails to operate after you have correctly inserted new batteries, contact your hearing care professional for advice.

The symbol with the crossed out disposal bin indicates that this hearing instrument shall not be treated as household waste. Please hand over your old or unused hearing instrument to the applicable collection point for the recycling of electrical and electronic equipment or bring your old hearing instrument to your hearing care professional for appropriate disposal. By ensuring this product is disposed of correctly, you will help prevent potential negative effects on the environment and human health.
Warning

⚠️ Hearing instrument batteries are toxic when swallowed! Keep them out of reach of children and pets. If batteries are swallowed, please seek the advice of a medical practitioner!

⚠️ Use only hearing instruments that have been specially programmed for you by a hearing care professional. Other instruments may be ineffective and may, in certain cases, even damage your hearing.

⚠️ X-ray radiation (e.g. CT scans, MRI scans) may adversely affect the correct functioning of your instruments. We recommend that you remove them before undergoing X-ray procedures and keep them outside the room.

⚠️ Hearing instruments in AudioZoom (AZ) mode reduce mainly background sounds. Warning signals coming from behind and vehicles' horns approaching from behind are partially or completely suppressed.
Phonak offers you a comprehensive global warranty which becomes effective on the date of purchase. Please ask your hearing care professional about the details and duration. This warranty covers any repairs due to defects in material and/or workmanship. The warranty does not cover damage from improper handling or care, exposure to chemicals, immersion in water or undue stress. Damage caused by third parties or non-authorized service centers renders the Phonak warranty null and void. This warranty does not include any services performed by a hearing care professional in their office. This warranty applies to the Phonak products listed below:

Serial number – right:

__________________________________________

Serial number – left:

__________________________________________

Date of purchase:

__________________________________________
### Phonak distributors worldwide

<table>
<thead>
<tr>
<th>Group companies:</th>
<th>(detailed information on <a href="http://www.phonak.com">www.phonak.com</a>)</th>
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<tbody>
<tr>
<td><strong>Australia</strong></td>
<td>Phonak Australasia Pty. Ltd.</td>
</tr>
<tr>
<td></td>
<td>Baulkham Hills N. S. W. 2153</td>
</tr>
<tr>
<td><strong>Austria</strong></td>
<td>Hansaton Akustische Geräte GmbH</td>
</tr>
<tr>
<td></td>
<td>5020 Salzburg</td>
</tr>
<tr>
<td><strong>Belgium</strong></td>
<td>Lapperre N.V., 1702 Groot-Bijgaarden</td>
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<tr>
<td><strong>Brazil</strong></td>
<td>CAS Produtos Médicos, São Paulo – SP 04363-100</td>
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<tr>
<td><strong>Canada</strong></td>
<td>Phonak Canada Limited</td>
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<tr>
<td></td>
<td>Mississauga, Ontario L5S 1V9</td>
</tr>
<tr>
<td><strong>China</strong></td>
<td>Phonak (Shanghai) Co. Ltd., Shanghai City</td>
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<td></td>
<td>200233</td>
</tr>
<tr>
<td><strong>Denmark</strong></td>
<td>Phonak Danmark A/S, Nitivej 10</td>
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<td></td>
<td>2000 Frederiksberg</td>
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<td><strong>France</strong></td>
<td>Phonak France SA, 69500 Bron</td>
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<td><strong>Germany</strong></td>
<td>Phonak GmbH, 70736 Fellbach-Oeffingen</td>
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<td><strong>Italy</strong></td>
<td>Phonak Italia S.r.l., 20159 Milano</td>
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<td><strong>Japan</strong></td>
<td>Phonak Japan Co., Ltd., Tokyo 101-0044</td>
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<td><strong>Jordan</strong></td>
<td>Phonak Middle East, 11181 Amman</td>
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<td><strong>Netherlands</strong></td>
<td>Phonak B.V., 3439 ME Nieuwegein</td>
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<td><strong>New Zealand</strong></td>
<td>Phonak New Zealand Ltd., Takapuna</td>
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<td></td>
<td>Auckland 9</td>
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<tr>
<td><strong>Norway</strong></td>
<td>Phonak AS, 0105 Oslo</td>
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<tr>
<td><strong>Poland</strong></td>
<td>Phonak Polska Sp. z o.o., 00-567</td>
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<td></td>
<td>Warszawa</td>
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<td><strong>Spain</strong></td>
<td>Phonak Ibérica S.A., 03008 Alicante</td>
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<td><strong>Sweden</strong></td>
<td>Phonak AB, 117 43 Stockholm</td>
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<td><strong>Switzerland</strong></td>
<td>Phonak AG, Phonak Schweiz, 8712 Stäfa</td>
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<tr>
<td><strong>United Kingdom</strong></td>
<td>Phonak UK Limited</td>
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<tr>
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<td>Warrington, Cheshire WA1 1PP</td>
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<tr>
<td><strong>USA</strong></td>
<td>Phonak LLC, Warrenville, IL 60555-3927</td>
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</tbody>
</table>
Independent
general agents: A complete list of Phonak distributors is available at Phonak’s Internet site: www.phonak.com. Please visit us or ask your hearing care professional for information.

Manufacturer: Phonak AG, Laubisrütistrasse 28
CH-8712 Stäfa, Switzerland

The CE symbol is confirmation by Phonak AG that Savia products and accessories meet the requirements of directive 93/42/EEC on medical devices.

This symbol indicates that Savia products comply with requirements for a BF type applied part according to EN 60601-1.

Safety notice External devices may only be connected if they have been tested in accordance with corresponding IECXXXXX standards. Only use accessories approved by Phonak AG.

Operating conditions The hearing system has been designed for trouble-free operation under all ordinary climatic conditions.

Transportation and storage conditions Temperature should not exceed limits of –20°/60°Celsius at a relative air humidity of 65% for extended periods during transportation and storage. Air pressure between 500 and 1100 hPa is not detrimental to the instrument.
Your hearing care professional:

www.phonak.com